

**481—621.6(17A,124,147,152,272C) Standards of practice for controlled substances.**

**621.6(1)** An ARNP who prescribes or administers a controlled substance shall:

- a.* Review health history, including but not limited to a personal and family substance abuse risk assessment, or the documented rationale for not performing the assessment.
- b.* Ensure the health record includes documentation of the presence of one or more recognized indications for the use of a controlled substance.
- c.* Utilize a treatment agreement if continuously prescribing one or more controlled substances.
- d.* Provide ongoing education of the risks of using a controlled substance, and information regarding addiction, physical dependence, substance abuse, and tolerance, or document the rationale for not providing the education.
- e.* Maintain an active Drug Enforcement Administration (DEA) registration and an active controlled substances Act (CSA) registration to dispense, prescribe, or administer controlled substances, when required by the DEA and the board of pharmacy.
- f.* Not prescribe a controlled substance to the ARNP's self or to a family member unless the prescribing occurs in a clinical setting when an emergency situation arises and when there is no other qualified practitioner available to the patient.

**621.6(2)** The board may discipline an ARNP for prescribing opioids in dosage amounts that exceed what would be prescribed by a reasonably prudent ARNP in a similar practice.

**621.6(3)** An ARNP who has prescribed opioids to a patient during the renewal cycle is required to complete a minimum of two contact hours of continuing education regarding the U.S. Centers for Disease Control and Prevention guideline for prescribing opioids for chronic pain, including recommendations on limitations on dosages and the length of prescriptions, risk factors for abuse, and nonopioid and nonpharmacologic therapy options, as a condition of license renewal every three years. These hours may count towards the 36 contact hours required for license renewal. The ARNP shall maintain documentation of these hours, which may be subject to audit.

[ARC 9164C, IAB 4/30/25, effective 6/4/25; Editorial change: IAC Supplement 6/11/25]