

**441—187.2(234) Aftercare services program eligibility requirements.** To be eligible for aftercare services, a youth must meet the following requirements:

**187.2(1) Residence.** The youth must be a resident of Iowa.

**187.2(2) Age.** The youth must be at least 17 years of age but less than 23 years of age. Program supports and services vary by age.

**187.2(3) Out-of-home placement experience.**

*a. Preservices.* The youth must meet eligibility requirements for preservices as described below:

- (1) The youth is at least 17 years of age; and
- (2) The youth was placed in foster care, the Iowa state training school, or a court-ordered Iowa juvenile detention center; was adopted after reaching 16 years of age; or entered a subsidized guardianship arrangement after reaching 16 years of age; and

(3) The youth has access to funding for preservices provided in contract that has not been fully expended for the contract year.

*b. Core services.* The youth must meet eligibility requirements for core services as described below:

- (1) The youth is 18, 19, or 20 years of age; and
- (2) The youth exited foster care, the Iowa state training school, or a court-ordered Iowa juvenile detention center:

1. On or after the youth's eighteenth birthday; or
2. Between the ages of 17½ and 18 after having been in any combination of foster care, the Iowa state training school, or a court-ordered Iowa juvenile detention center for at least one day in at least 6 of the 12 calendar months prior to the youth leaving placement; or

(3) The youth was adopted from foster care on or after the youth's sixteenth birthday; or

(4) The youth entered a subsidized guardianship arrangement from foster care on or after the youth's sixteenth birthday.

*c. Postservices.* The youth must meet eligibility requirements for postservices as described below:

- (1) The youth is 21 or 22 years of age; and
- (2) The youth was served by the aftercare services program prior to the age of 21; and
- (3) The youth has access to funding for postservices provided in contract that has not been fully expended for the contract year.

*d. Definition of foster care.* For purposes of this chapter, "foster care" is defined as 24-hour substitute care for a child who is placed away from the child's parents or guardians and for whom the department or juvenile court services has placement and care responsibility through either a court order or voluntary agreement.

(1) A placement may meet the definition of foster care regardless of whether:

1. The placement is licensed and the state or a local agency makes payments for the child's care;
2. Adoption subsidy payments are being made before the finalization of adoption; or
3. There is federal matching of any payments made.

(2) Foster care may include, but is not limited to, placement in:

1. A foster family home; or
2. A foster care group home; or
3. An emergency shelter; or
4. A preadoptive home; or
5. The home of a relative or suitable person; or
6. A psychiatric medical institution for children (PMIC).

**187.2(4) Responsibility.** The youth must:

*a.* Actively take part in developing and participating in an individual self-sufficiency plan; and

*b.* Indicate recognition and acceptance of personal responsibility in the transition toward self-sufficiency, which includes, but is not limited to, meeting with the self-sufficiency advocate regularly and as described in the youth's individual self-sufficiency plan, as described in subrule 187.3(2).