

**481—54.2 (135C) Definitions.**

*“Community living training services”* means those activities provided to assist a person to acquire or sustain the knowledge and skills essential to independent functioning to the person’s maximum potential in the physical and social environment.

*“Department”* means the department of inspections and appeals.

*“Director”* means the director of the department of inspections and appeals or the director’s designee.

*“Health care facility”* or *“facility”* means residential care facilities, nursing facilities, intermediate care facilities for persons with mental illness, and intermediate care facilities for persons with an intellectual disability licensed pursuant to Iowa Code chapter 135C.

*“Nursing care”* means those services that can be provided only under the direction of a registered nurse or licensed practical nurse.

*“Personal care”* means assistance with those activities of daily living that the recipient can perform only with difficulty. Examples are help in getting in and out of bed, assistance with personal hygiene and bathing, help with dressing and feeding, and supervision of medications that can be self-administered.

*“Rehabilitative services”* means services to encourage and assist restoration of optimum mental and physical capabilities of the individual resident of a health care facility.

*“Social services”* means services relating to the psychological and social needs of the individual in adjusting to living in a health care facility and minimizing stress arising from that circumstance.

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