

**441—28.1(218) Definitions.** The definitions in this rule apply to 441—Chapters 28, 29, and 30.

*“Admission”* means the acceptance of an individual for receipt of services at a state mental health institute or the Woodward state resource center on either a voluntary or involuntary basis.

*“Adult”* means an individual who is 18 years of age or older.

*“Facility”* means a mental health institute or the Woodward state resource center referenced in Iowa Code section 218.1.

*“Grievance”* means a written or oral complaint by or on behalf of an individual involving:

1. A rights violation or unfairness to the individual, or
2. Any aspect of the individual’s life with which the individual does not agree.

*“Guardian”* means the person other than a parent of a minor who has been appointed by the court to have custody of the person of the individual as provided under Iowa Code section 232.2(24) or 633.3(20).

*“Individual”* means any person seeking or receiving services from a state mental health institute or the Woodward state resource center.

*“Informed consent”* means an agreement by an individual or by the individual’s parent, guardian, or legal representative to participate in an activity based upon an understanding of all of the following:

1. A full explanation of the procedures to be followed, including an identification of those that are experimental.
2. A description of the discomforts and risks.
3. A description of the benefits to be expected.
4. A disclosure of appropriate alternative procedures that would be advantageous for the individual.
5. Assurance that consent is given freely and voluntarily without fear of retribution or withdrawal of services.

*“Legal representative”* means a person, including an attorney, who is authorized by law to act on behalf of an individual.

*“Minor”* means an individual under the age of 18.

*“Non-Medicaid payment-eligible”* means that an individual is not eligible for Medicaid funding for the services provided by a mental health institute or the Woodward resource center.

*“Parent”* means a natural or adoptive mother or father of a child but does not include a mother or father whose parental rights have been terminated.

*“Rights”* means the human, civil, and constitutional liberties an individual possesses through federal and state constitutions and laws.

*“Superintendent”* means the superintendent of either of the two mental health institutes or the Woodward state resource center.

This rule is intended to implement Iowa Code section 218.4.

[ARC 9275C, IAB 5/14/25, effective 7/1/25]