

**441—114.12 (237) Drug utilization and control.** The agency shall have written policies and procedures governing the methods of handling prescription drugs and over-the-counter drugs within the facility. No prescription or narcotic drugs are to be allowed in the facility without the authorization of a licensed physician.

**114.12(1) *Approved drugs.*** Only drugs which have been approved by the federal Food and Drug Administration for use in the United States may be used. No experimental drugs may be used.

**114.12(2) *Prescribed by physician.*** Drugs shall be prescribed by a physician licensed to practice in the state of Iowa or the state in which the physician is currently practicing and may be prescribed only for use in accordance with dosage ranges and indications approved by the federal Food and Drug Administration.

**114.12(3) *Dispensed from a licensed pharmacy.*** Drugs provided to residents shall be dispensed only from a licensed pharmacy in the state of Iowa in accordance with the pharmacy laws in the Code of Iowa, or from a licensed pharmacy in another state according to the laws of that state, or by a licensed physician.

**114.12(4) *Locked cabinet.*** All drugs shall be maintained in a locked cabinet. Controlled substances shall be maintained in a locked box within the locked cabinet. The cabinet key shall be in the possession of a staff person. A bathroom shall not be used for drug storage. A documented exception can be made by a physician for self-administered drugs as discussed in 114.12(17).

**114.12(5) *Medications requiring refrigeration.*** Medications requiring refrigeration shall be kept in a locked box in the refrigerator and separated from food and other items.

**114.12(6) *Poisonous or caustic drugs.*** All potent poisonous or caustic drugs shall be plainly labeled, stored separately from other drugs in a specific well-illuminated cabinet, closet, or storeroom, and made accessible only to authorized persons.

**114.12(7) *Prescribed medications.*** All prescribed medications shall be clearly labeled indicating the resident's full name, physician's name, prescription number, name and strength of the drug, dosage, directions for use and, date of issuing the drug. Medications shall be packaged and labeled according to state and federal guidelines.

**114.12(8) *Medication containers.*** Medication containers having soiled, damaged, illegible or makeshift labels shall be returned to the issuing pharmacist.

**114.12(9) *Medication for discharged residents.*** When a resident is discharged or leaves the facility, medications currently being administered shall be sent, in the original container, with the resident or with a responsible agent, and with the approval of the physician.

**114.12(10) *Unused prescription drugs.*** Unused controlled prescription drugs prescribed for residents shall be returned to the issuing pharmacist or physician for credit or destruction according to state law. Other unused prescription drugs shall be destroyed by facility staff in the presence of a witness and this destruction shall be documented.

**114.12(11) *Refills.*** Prescriptions shall be refilled only with the permission of the attending physician.

**114.12(12) *Use of medications.*** No prescription medications prescribed for one resident may be administered to or allowed in the possession of another resident.

**114.12(13) *Order of physician.*** No prescription medication may be administered to a resident without the order of a licensed physician.

**114.12(14) *Patient reaction.*** Any unusual patient reaction to a drug shall be reported to the attending physician immediately.

**114.12(15) *Dilution or reconstitution of drugs.*** Dilution or reconstitution of drugs and their labeling shall be done only by a licensed pharmacist.

**114.12(16) *Administration of drugs.*** Medications shall be administered only in accordance with the instructions of the attending physician. Controlled substances shall be administered only by qualified personnel. The type and amount of the medication, the time and date, and the staff member administering the medication shall be documented in the child's record. (See IAC 620—8.16(204).)

**114.12(17)** *Self-administration of drugs.* There shall be written policy and procedures relative to self-administration of prescription medications by residents and only when:

- a.* Medications are prescribed by a physician.
- b.* The physician agrees that the patient can self-administer the drug.
- c.* What is taken and when is documented in the record of the child.

This rule is intended to implement Iowa Code section 237.3.