

**441—177.3(249) Service criteria.** The client shall require health care services that would require the supervision of a professional registered nurse working under the certification of a physician.

**177.3(1)** Skilled services may include but not be limited to:

- a.* Gavage feedings of individuals unable to eat solid foods.
- b.* Intravenous therapy administered only by a registered nurse.
- c.* Intramuscular injections required more than once or twice a week, excluding diabetes.
- d.* Catheterizations, continuing care of indwelling catheters with supervision of irrigations and changing of Foley catheter when required.
- e.* Inhalation therapy.
- f.* Care of decubiti and other ulcerated areas, noting and reporting to physician.
- g.* Rehabilitation services including, but not limited to: bowel and bladder training, range of motion exercises, ambulation training, restorative nursing services, reteaching the activity of daily living, respiratory care and breathing programs, reality orientation, reminiscing therapy, remotivation and behavior modification.
- h.* Tracheotomy care.
- i.* Colostomy care until the individual is capable of maintaining the colostomy personally.
- j.* Care of medical conditions out of control which includes brittle diabetes and terminal conditions.
- k.* Postsurgical nursing care, but only for short time periods, and primarily for individuals with complications following surgery, or with the need for frequent dressing changes.
- l.* Monitoring medications needed for close supervision of medications because of fluctuating physical or psychological conditions, i.e., hypertensives, digitalis preparations, narcotics.
- m.* Diets which are therapeutic and require evaluation at frequent intervals.
- n.* Vital signs which is the recording and reporting of change in vital signs to the attending physician.

**177.3(2)** Personal care services may include but not be limited to:

- a.* Supervision on a 24-hour basis for physical or emotional needs.
- b.* Helping client with bath, shampoo, oral hygiene.
- c.* Helping client with toileting.
- d.* Helping client in and out of bed and with ambulation.
- e.* Helping client to reestablish activities of daily living.
- f.* Assisting with oral medications ordinarily self-administered and ordered by the physician.
- g.* Performing incidental household services which are essential to the client's health care at home and are necessary to prevent or postpone institutionalization.