

645—31.5 (154D) Clinical experience requirements for marital and family therapists.

31.5(1) The supervised clinical experience shall:

- a.* Be a minimum of two years or the equivalent of full-time supervised clinical work experience in marital and family therapy;
- b.* Be completed following the practicum and all graduate coursework, with the exception of the thesis;
- c.* Include successful completion of 3,000 hours of marital and family therapy that shall include at least 1,500 hours of direct client contact and 200 hours of clinical supervision. Applicants who entered a program of study prior to July 1, 2010, shall include successful completion of 200 hours of clinical supervision concurrent with 1,000 hours of marital and family therapy conducted in person with couples, families and individuals;
- d.* Include at least 100 of the 200 hours of clinical supervision as individual supervision;
- e.* Have 50 percent (100 hours) of the clinical supervision conducted in person; and
- f.* Have only supervised clinical contact credited for this requirement.

31.5(2) To meet the requirements of the supervised clinical experience:

- a.* The supervisee must:
 - (1) Meet with the supervisor for a minimum of four hours per month;
 - (2) Offer documentation of supervised hours signed by the supervisor;
 - (3) Compute part-time employment on a prorated basis for the supervised professional experience;
 - (4) Have the background, training, and experience that is appropriate to the functions performed;
 - (5) Have supervision that is clearly distinguishable from personal psychotherapy and is contracted in order to serve professional/vocational goals;
 - (6) Have individual supervision that shall be in person with no more than one supervisor to two supervisees;
 - (7) Have group supervision that may be completed with up to ten supervisees and a supervisor; and
 - (8) Not participate in the following activities which are deemed unacceptable for clinical supervision:
 - 1. Peer supervision, i.e., supervision by a person of equivalent, but not superior, qualifications, status, and experience.
 - 2. Supervision, by current or former family members, or any other person, in which the nature of the personal relationship prevents, or makes difficult, the establishment of a professional relationship.
 - 3. Administrative supervision, e.g., clinical practice performed under administrative rather than clinical supervision of an institutional director or executive.
 - 4. A primarily didactic process wherein techniques or procedures are taught in a group setting, classroom, workshop, or seminar.
 - 5. Consultation, staff development, or orientation to a field or program, or role-playing of family interrelationships as a substitute for current clinical practice in an appropriate clinical situation.

b. The supervisor shall:

- (1) Be an Iowa-licensed marital and family therapist with a minimum of three years of clinical experience following licensure; or
- (2) Be a supervisor or supervisor candidate approved by the American Association for Marriage and Family Therapy Commission on Supervision; or
- (3) Be licensed under Iowa Code chapter 147 and have a minimum of three years of full-time professional work experience, including experience in marital and family therapy, as approved by the board; and
- (4) Meet a minimum of four hours per month with the supervisee; and
- (5) Provide training that is appropriate to the functions to be performed; and

- (6) Ensure that therapeutic work is completed under the professional supervision of a supervisor;
- and
- (7) Not supervise any marital and family therapy or permit the supervisee to engage in any therapy which the supervisor cannot perform competently.

31.5(3) An applicant who has obtained American Association for Marriage and Family Therapy clinical membership and has provided a transcript sent directly from the school to the board is considered to have met the educational and clinical experience requirements of rules 31.4(154D) and 31.5(154D).

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