

**645—31.5(154D) Clinical experience requirements for marital and family therapists.**

**31.5(1)** The supervised clinical experience shall:

- a. Be a minimum of two years of full-time supervised clinical work experience in marital and family therapy;
- b. Be completed following the practicum and all graduate coursework, with the exception of the thesis;
- c. Include successful completion of at least 200 hours of supervision concurrent with 1,000 hours of marital and family therapy conducted in face-to-face contact with couples, families, and individuals;
- d. Have only supervised clinical contact credited for this requirement; and
- e. Include at least 100 of the 200 hours of supervision as individual supervision.

**31.5(2)** To meet the requirements of the supervised clinical experience:

- a. The supervisee must:
  - (1) Meet with the supervisor for a minimum of one hour per week, face to face and individually;
  - (2) Have training that is appropriate to the functions to be performed;
  - (3) Offer documentation in the name of the supervising marital and family therapist;
  - (4) Begin the experience after all academic requirements are met for the master's degree or higher;
  - (5) Compute part-time employment on a prorated basis for the supervised professional experience;
  - (6) Have the background, training, and experience that is appropriate to the functions performed;
  - (7) Have supervision that is clearly distinguishable from personal psychotherapy and is contracted in order to serve professional/vocational goals;
  - (8) Have individual supervision that shall be face to face with no more than one supervisor to two supervisees;
  - (9) Have group supervision that may be completed with up to six supervisees and a supervisor; and
  - (10) Not participate in the following activities which are deemed unacceptable for clinical supervision:
    1. Peer supervision, i.e., supervision by a person of equivalent, but not superior, qualifications, status, and experience.
    2. Supervision, by current or former family members, or any other person, in which the nature of the personal relationship prevents, or makes difficult, the establishment of a professional relationship.
    3. Administrative supervision, e.g., clinical practice performed under administrative rather than clinical supervision of an institutional director or executive.
    4. A primarily didactic process wherein techniques or procedures are taught in a group setting, classroom, workshop, or seminar.
    5. Consultation, staff development, or orientation to a field or program, or role-playing of family interrelationships as a substitute for current clinical practice in an appropriate clinical situation.
- b. The supervisor shall:
  - (1) Be an Iowa licensed marriage and family therapist; or
  - (2) Be a supervisor or supervisor-in-training approved by the American Association for Marriage and Family Therapy Commission on Supervision; or
  - (3) Be an alternate supervisor who possesses qualifications equivalent to a licensed marital and family therapist or satisfies the criteria for clinical membership of the American Association of Marriage and Family Therapy (AAMFT);
  - (4) Meet a minimum of one hour per week, face to face and individually with the supervisee;
  - (5) Provide training that is appropriate to the functions to be performed;
  - (6) Ensure that therapeutic work is completed under the professional supervision of a supervisor; and
  - (7) Not supervise any marital and family therapy or permit the supervisee to engage in any therapy which the supervisor cannot perform competently.

**31.5(3)** An applicant who has obtained American Association for Marriage and Family Therapy clinical membership and has provided a transcript sent directly from the school to the board is considered to have met the educational and clinical experience requirements of rules 31.4(154D) and 31.5(154D).