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281—49.3(279) Individualized career and academic plan.

- **49.3(1)** *Requirements.* The plan shall, at a minimum, achieve all of the following:
- a. Prepare the student for successful completion of the core curriculum developed by the state board of education pursuant to 281—Chapter 12 by the time the student graduates from high school.
 - b. Identify the student's postsecondary education and career options and goals.
- c. Identify the coursework and work-based learning needed in grades 9 through 12 to support the student's postsecondary education and career options and goals.
- d. Prepare the student to successfully complete, prior to graduation and following a timeline included in the plan, the essential components prescribed in rule 281—49.4(279).
- *e.* Prior to graduation, advise the student how to successfully complete the Free Application for Federal Student Aid.
- **49.3(2)** *Progress report.* The school district shall report annually to each student enrolled in grades 9 through 12, and, if the student is under the age of 18, to each student's parent or guardian, the student's progress toward meeting the goal of successfully completing the core curriculum and high school graduation requirements adopted by the state board of education pursuant to 281—Chapter 12 and toward achieving the goals of the student's career and academic plan.

[ARC 2620C, IAB 7/20/16, effective 6/21/16; ARC 2749C, IAB 10/12/16, effective 11/16/16; ARC 6928C, IAB 3/8/23, effective 4/12/23]