

**481—941.14(157) Course of study requirements.** A school of barbering and cosmetology arts and sciences shall not be approved by the board of barbering and cosmetology arts and sciences unless it complies with the course of study requirements as provided below.

**941.14(1) Requirements for hours.**

*a. Barbering and cosmetology curriculum.* Supervised practical instruction, theory and demonstrations totaling 1,550 hours must include core life sciences hours and all practices within the scope of Iowa Code section 157.1(1).

Core life sciences	150 hours
Barbering and cosmetology theory (including business and management related to the practice of barbering and cosmetology)	440 hours
Total core life sciences and barbering and cosmetology theory:	590 hours
Applied practical instruction	960 hours
Total course of study	1550 hours (51 semester credit hours)

*b. Electrology curriculum.* Supervised practical instruction, theory and demonstrations totaling 425 hours must include core life sciences hours and all practices within the scope of Iowa Code section 157.1(10).

Core life sciences	150 hours
Electrology theory	50 hours
Applied practical instruction	225 hours
Total course of study	425 hours (14 semester credit hours)

*c. Esthetics curriculum.* Supervised practical instruction, theory and demonstrations must include core life sciences hours and all practices within the scope of Iowa Code section 157.1(13).

Core life sciences	150 hours
Esthetics theory	115 hours
Applied practical instruction	335 hours
Total course of study	600 hours (20 semester credit hours)

*d. Nail technology curriculum.* Supervised practical instruction, theory and demonstrations must include core life sciences hours and all practices within the scope of Iowa Code section 157.1(25).

Core life sciences	150 hours
Nail technology theory	50 hours
Applied practical instruction	125 hours
Total course of study	325 hours (11 semester credit hours)

Proof of curriculum requirements may be submitted to the board by either the clock hour or semester credit hour standard. Semester credit hours or the equivalent thereof shall be determined pursuant to administrative rules and regulations promulgated by the U.S. Department of Education.

**941.14(2) Curriculum requirements.**

*a.* Theory instruction shall be taught from a standard approved textbook but may be supplemented by other related textbooks. Online coursework is allowed for theory instruction.

*b.* Course subjects taught in the school curriculum, including skills and business management, shall relate to the specific practice discipline.

*c.* Required hours for theory and applied practical hours do not have to be obtained from one school.

*d.* Core life sciences curriculum hours shall be transferable in their entirety from one practice discipline to another practice discipline. Online coursework is allowed for core life sciences instruction.

*e.* Clock hours may be converted to credit hours using a standard, recognized method of conversion. Only hours from accredited or board-approved school programs will be accepted.

**941.14(3) Core life sciences curriculum.** The core life sciences curriculum shall contain the following instruction:

- a.* Human anatomy and physiology:  
Cell, metabolism and body systems,  
Human anatomy;
- b.* Bacteriology;
- c.* Infection control practices:  
Universal precautions,  
Sanitation,  
Sterilization,  
Disinfection;
- d.* Basic chemistry;
- e.* Matter;
- f.* Elements:  
Compounds and mixtures;
- g.* Basic electricity;
- h.* Electrical measurements:  
Reproduction of light rays,  
Infrared rays,  
Ultraviolet rays,  
Visible rays/spectrum;
- i.* Safety;
- j.* Hygiene and grooming:  
Personal and professional health;
- k.* Professional ethics;
- l.* Public relations; and
- m.* State and federal law, administrative rules and standards.

**941.14(4)** The school shall maintain a copy of the curriculum plan as directed by the school's accrediting agency or, if not subject to an accrediting agency, for a minimum of three years after the curriculum plan was taught by the school.

**941.14(5)** A school initially licensed after July 1, 2024, must offer a curriculum and course of study for one or more practice disciplines as prescribed in subrules 941.14(1) through 941.14(3).

**941.14(6)** For a school licensed prior to July 1, 2024, the following provisions apply:

*a.* Students enrolling in the school on or after August 1, 2024, must be taught a curriculum and course of study for one or more practice disciplines as prescribed by subrules 941.14(1) through 941.14(3).

*b.* Students enrolling in the school prior to August 1, 2024, may either be taught:

(1) A curriculum and course of study for one or more practice disciplines as prescribed by subrules 941.14(1) through 941.14(3); or

(2) A legacy curriculum in one or more practice disciplines. Any student graduating from a school after completing a legacy curriculum pursuant to this subrule will satisfy the education requirement for licensure as provided in 481—subparagraph 940.2(1)“c”(1).

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