

**481—57.18(135C) Resident care and personal services.**

**57.18(1)** A complete change of bed linen shall be provided at least once a week and more often if necessary. (III)

**57.18(2)** Residents shall receive sufficient supervision to promote personal cleanliness. (II, III)

**57.18(3)** Residents shall have clean clothing as needed. Clothing shall be appropriate to residents' activities and to the weather. (III)

**57.18(4)** Residents shall be encouraged to bathe at least twice a week. (II, III)

**57.18(5)** All nonambulatory residents shall be housed on the grade level floor unless the facility has a suitably sized elevator. (II)

[ARC 1753C, IAB 12/10/14, effective 1/14/15]