

282—5.14(256) Consensual disclosure of confidential records.

5.14(1) *Consent to disclosure by a subject.* To the extent permitted by law, the subject may consent in writing to the board the disclosure of the subject's confidential records.

5.14(2) *Complaints to public officials.* A letter from a subject of a confidential record to a public official that seeks the official's intervention on behalf of the subject in a matter that involves the board may, to the extent permitted by law, be treated as an authorization to release sufficient information about the subject to the official to resolve the matter.

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