

**135.1 Definitions.**

For the purposes of [chapter 155\\*](#) and [Title IV, subtitle 2](#), excluding [chapter 146](#), unless otherwise defined:

1. “*Director*” means the director of health and human services.
2. “*Health officer*” means the physician, physician assistant, advanced registered nurse practitioner, or advanced practice registered nurse who is the health officer of the local board of health.
3. “*Local board*” means the local board of health.
4. “*Physician*” means a person licensed to practice medicine and surgery, osteopathic medicine and surgery, chiropractic, podiatry, or optometry under the laws of this state; but a person licensed as a physician and surgeon shall be designated as a “physician” or “surgeon”, a person licensed as an osteopathic physician and surgeon shall be designated as an “osteopathic physician” or “osteopathic surgeon”, a person licensed as a chiropractor shall be designated as a “chiropractor”, a person licensed as a podiatrist shall be designated as a “podiatric physician”, and a person licensed as an optometrist shall be designated as an “optometrist”. A definition or designation contained in [this subsection](#) shall not be interpreted to expand the scope of practice of such licensees.
5. “*Rules*” include regulations and orders.
6. “*State department*” or “*department*” means the department of health and human services.

[S13, §2583-b; C24, 27, 31, 35, 39, §2181; C46, 50, 54, 58, 62, 66, 71, 73, 75, 77, 79, 81, §135.1]

[86 Acts, ch 1245, §1101](#); [88 Acts, ch 1199, §1](#); [94 Acts, ch 1023, §10](#); [95 Acts, ch 108, §2](#); [96 Acts, ch 1036, §1](#); [96 Acts, ch 1212, §15](#); [2008 Acts, ch 1058, §14](#); [2008 Acts, ch 1084, §10](#); [2008 Acts, ch 1088, §141](#); [2009 Acts, ch 133, §30](#); [2012 Acts, ch 1113, §16](#); [2020 Acts, ch 1083, §1](#); [2023 Acts, ch 19, §125](#)

Referred to in [§10A.533](#), [135C.1](#), [144.26](#), [237A.12](#), [514.21](#)

\*Reference to “chapter 155” may not be intended; corrective legislation is pending  
Section amended