

**152C.1 Definitions.**

As used in [this chapter](#), unless the context otherwise requires:

1. “*Board*” means the board of massage therapy created under [chapter 147](#).
2. “*Massage therapist*” means a person licensed to practice the health care service of the healing art of massage therapy under [this chapter](#).
3. “*Massage therapy*” means performance for compensation of massage, myotherapy, massotherapy, bodywork, bodywork therapy, or therapeutic massage including hydrotherapy, superficial hot and cold applications, vibration and topical applications, or other therapy which involves manipulation of the muscle and connective tissue of the body, excluding osseous tissue, to treat the muscle tonus system for the purpose of enhancing health, muscle relaxation, increasing range of motion, reducing stress, relieving pain, or improving circulation.
4. “*Reflexology*” means manipulation of the soft tissues of the human body which is restricted to the hands, feet, or ears, performed by persons who do not hold themselves out to be massage therapists or to be performing massage therapy.

[92 Acts, ch 1137, §1](#); [98 Acts, ch 1053, §29, 30](#); [2000 Acts, ch 1185, §2, 3](#); [2004 Acts, ch 1065, §1, 2](#); [2007 Acts, ch 10, §130](#)

Referred to in [§152C.5](#), [§152C.7A](#)