

PUBLIC HEALTH DEPARTMENT[641]

Adopted and Filed

Rulemaking related to Iowa physician orders for scope of treatment

The Department of Health and Human Services hereby rescinds Chapter 145, “Iowa Physician Orders for Scope of Treatment,” Iowa Administrative Code.

Legal Authority for Rulemaking

This rulemaking is adopted under the authority provided in Executive Order 10.

State or Federal Law Implemented

This rulemaking implements, in whole or in part, Iowa Code sections 144A.7 and 144D.2.

Purpose and Summary

The Physician Orders for Scope of Treatment (POST) Form is a document that contains medical orders that may be relied upon across medical settings and that consolidates a patient’s preferences for life-sustaining treatments and interventions. The purpose of this chapter was to establish the process for the development, review, modification, and posting of the POST Form.

Upon a Red Tape Review of this chapter, it was determined that the language is duplicative of Iowa Code chapter 144D. In addition, there is no rulemaking authority for this chapter. As such, the Department is rescinding the chapter. This will not cause any disruption in the effectiveness of the POST Form as determined by a patient and the patient’s medical provider.

Public Comment and Changes to Rulemaking

Notice of Intended Action for this rulemaking was published in the Iowa Administrative Bulletin on November 12, 2025, as **ARC 9666C**. Public hearings were held on the following date:

- December 2, 2025

No one attended the public hearings. No public comments were received. No changes from the Notice have been made.

Adoption of Rulemaking

This rulemaking was adopted by the Department on December 17, 2025.

Fiscal Impact

This rulemaking has no fiscal impact to the State of Iowa.

Jobs Impact

After analysis and review of this rulemaking, no impact on jobs has been found.

Waivers

Any person who believes that the application of the discretionary provisions of this rulemaking would result in hardship or injustice to that person may petition the Department for a waiver of the discretionary provisions, if any, pursuant to 441—Chapter 6.

Review by Administrative Rules Review Committee

The Administrative Rules Review Committee, a bipartisan legislative committee which oversees rulemaking by executive branch agencies, may, on its own motion or on written request by any individual or group, review this rulemaking at its [regular monthly meeting](#) or at a special meeting.

The Committee's meetings are open to the public, and interested persons may be heard as provided in Iowa Code section 17A.8(6).

Effective Date

This rulemaking will become effective on March 1, 2026.

The following rulemaking action is adopted:

ITEM 1. Rescind and reserve **641—Chapter 145**.

[Filed 12/17/25, effective 3/1/26]

[Published 1/7/26]

EDITOR'S NOTE: For replacement pages for IAC, see IAC Supplement 1/7/26.