

**PHARMACY BOARD[657]**

**Adopted and Filed**

Pursuant to the authority of Iowa Code section 124.301, the Board of Pharmacy hereby amends Chapter 10, “Controlled Substances,” Iowa Administrative Code.

The amendment establishes requirements in conformance with federal Drug Enforcement Administration rules relating to the issuance of multiple prescriptions for the same Schedule II controlled substance for dispensing to the same patient over a period of time not to exceed a 90-day supply of the prescribed substance. The rule prohibits a pharmacist from filling a prescription so issued prior to the fill date authorized on the prescription and prohibits a pharmacist from changing the fill date with the verbal approval of the prescriber.

Requests for waiver or variance of the discretionary provisions of these rules will be considered pursuant to 657—Chapter 34.

Notice of Intended Action was published in the July 1, 2009, Iowa Administrative Bulletin as **ARC 7908B**. The Board received no written comments regarding the proposed rule. The adopted rule is identical to that published under Notice.

The amendment was approved during the August 17, 2009, meeting of the Board of Pharmacy.

This rule will become effective on October 28, 2009.

This rule is intended to implement Iowa Code section 124.308.

The following rule is adopted.

Adopt the following **new** rule 657—10.25(124):

**657—10.25(124) Schedule II—issuing multiple prescriptions.** An individual prescriber may issue multiple prescriptions authorizing the patient to receive a total of up to a 90-day supply of a Schedule II controlled substance pursuant to the provisions and limitations of this rule.

**10.25(1) Refills prohibited.** The issuance of refills for a Schedule II controlled substance is prohibited. The use of multiple prescriptions for the dispensing of Schedule II controlled substances, pursuant to this rule, ensures that the prescriptions are treated as separate dispensing authorizations and not as refills of an original prescription.

**10.25(2) Legitimate medical purpose.** Each separate prescription issued pursuant to this rule shall be issued for a legitimate medical purpose by an individual prescriber acting in the usual course of the prescriber’s professional practice.

**10.25(3) Dates and instructions.** Each prescription issued pursuant to this rule shall be dated as of and manually signed by the prescriber on the day the prescription is issued. Each separate prescription, other than the first prescription if that prescription is intended to be filled immediately, shall contain written instructions indicating the earliest date on which a pharmacist may fill each prescription.

**10.25(4) Authorized fill date unalterable.** Regardless of the provisions of subrule 10.21(5), when a prescription contains instructions from the prescriber indicating that the prescription shall not be filled before a certain date, a pharmacist shall not fill the prescription before that date. The pharmacist shall not contact the prescriber for verbal authorization to fill the prescription before the fill date originally indicated by the prescriber pursuant to this rule.

**10.25(5) Number of prescriptions and authorized quantity.** An individual prescriber may issue for a patient as many separate prescriptions, to be filled sequentially pursuant to this rule, as the prescriber deems necessary to provide the patient with adequate medical care. The cumulative effect of the filling of each of these separate prescriptions shall result in the receipt by the patient of a quantity of the Schedule II controlled substance not exceeding a 90-day supply.

**10.25(6) Prescriber’s discretion.** Nothing in this rule shall be construed as requiring or encouraging an individual prescriber to issue multiple prescriptions pursuant to this rule or to see the prescriber’s patients only once every 90 days when prescribing Schedule II controlled substances. An individual prescriber shall determine, based on sound medical judgment and in accordance with established medical

standards, how often to see patients and whether it is appropriate to issue multiple prescriptions pursuant to this rule.

[Filed 9/3/09, effective 10/28/09]

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EDITOR'S NOTE: For replacement pages for IAC, see IAC Supplement 9/23/09.