

MEDICINE BOARD[653]

Adopted and Filed

Pursuant to the authority of Iowa Code section 147.76, the Board of Medicine hereby amends Chapter 13, “Standards of Practice and Principles of Medical Ethics,” Iowa Administrative Code.

The purpose of Chapter 13 is to establish standards of practice and principles of medical ethics for administrative medicine physicians, medical physicians and surgeons, and osteopathic physicians and surgeons. These amendments update the Board’s recommended resources for physicians who treat chronic pain.

The Board initiated this rule making on April 8, 2016. Notice of Intended Action was published in the Iowa Administrative Bulletin as **ARC 2535C** on May 11, 2016. A public hearing was held on May 31, 2016. No comments were received. These amendments are identical to those published under Notice.

The Board adopted these amendments on July 29, 2016.

After analysis and review of this rule making, no impact on jobs has been found.

These amendments are intended to implement Iowa Code chapters 147, 148 and 272C.

These amendments will become effective October 19, 2016.

The following amendments are adopted.

ITEM 1. Amend paragraph **13.2(8)“e”** as follows:

e. Interagency Guideline on ~~Opioid Dosing for Chronic Non-cancer Pain~~ Prescribing Opioids for Pain. In March 2007, the Washington State Agency Medical Directors’ Group published an educational pilot to improve care and safety of patients with chronic, noncancer pain who are treated with opioids. The guidelines include opioid dosing recommendations. Developed by the Washington State Agency Medical Directors’ Group in collaboration with an expert advisory panel, actively practicing providers and public stakeholders, the guideline focuses on evidence-based treatment for chronic-pain patients. The guideline was published in 2007 and updated in 2015.

ITEM 2. Adopt the following **new** paragraph **13.2(8)“h”**:

h. CDC Guideline for Prescribing Opioids for Chronic Pain. On March 15, 2016, the U.S. Centers for Disease Control and Prevention (CDC) issued a guideline to provide recommendations for the prescribing of opioid pain medication for patients 18 years of age and older in primary care settings. Recommendations focus on the use of opioids in treating chronic pain (pain lasting longer than three months or past the time of normal tissue healing) outside of active cancer treatment, palliative care, and end-of-life care.

[Filed 8/15/16, effective 10/19/16]

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EDITOR’S NOTE: For replacement pages for IAC, see IAC Supplement 9/14/16.