

CHAPTER 18  
ANABOLIC STEROIDS

**657—18.1(126) Definition of anabolic steroid.** The term “anabolic steroid” means any drug or hormonal substance, chemically and pharmacologically related to testosterone (other than estrogens, progestins, and corticosteroids) that promotes muscle growth, and includes the following:

1. Boldenone,
2. Chlorotestosterone,
3. Clostebol,
4. Dehydrochloromethyltestosterone,
5. Dihydrotestosterone,
6. Drostanolone,
7. Ethylestrenol,
8. Fluoxymesterone,
9. Formobulone,
10. Mesterolone,
11. Methandienone,
12. Methandranone,
13. Methandriol,
14. Methandrostenolone,
15. Methenolone,
16. Methyltestosterone,
17. Mibolerone,
18. Nandrolone,
19. Norethandrolone,
20. Oxandrolone,
21. Oxymesterone,
22. Oxymetholone,
23. Stanolone,
24. Stanozolol,
25. Testolactone,
26. Testosterone,
27. Trenbolone, and
28. Any salt, ester, or isomer of a drug or substance described or listed in this rule, if that salt, ester, or isomer promotes muscle growth.

**657—18.2(126) Exception to definition.** Except as provided below, such term does not include an anabolic steroid which is expressly intended for administration through implants to cattle or other non-human species.

If any person prescribes, dispenses, or distributes such steroid for human use, such person shall be considered to have prescribed, dispensed, or distributed an anabolic steroid within the meaning of rule 18.1(126).

These rules are intended to implement Iowa Code chapter 126.

[Filed emergency 2/27/91—published 3/20/91, effective 2/27/91]