

Reprinted 4/87

SENATE FILE 488  
BY COMMITTEE ON EDUCATION  
(formerly SSB 218)  
*approved (of 824)*

FILED MAR 20 1987

Passed Senate, Date 4-1-87 (p. 10-20) Passed House, Date \_\_\_\_\_  
Vote: Ayes 38 Nays 10 Vote: Ayes \_\_\_\_\_ Nays \_\_\_\_\_  
Approved \_\_\_\_\_

A BILL FOR

1 An Act relating to physical education activities for students  
2 enrolled in grades nine through twelve.  
3 BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF IOWA:

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SC 488

1 Section 1. Section 256.11, subsection 6, paragraph g, Code  
2 1987, is amended by striking the paragraph and inserting in  
3 lieu thereof the following:

4 g. All students physically able shall be required to  
5 participate in physical education activities during each  
6 semester they are enrolled in school. A minimum of one-fourth  
7 unit each semester shall be required. Physical education  
8 shall include those physical and mental activities that will  
9 increase cardiovascular endurance, muscular strength and  
10 power, flexibility, weight regulating, improved bone  
11 development, improved posture, and constructive use of leisure  
12 time. Physical education shall also include a review of  
13 health issues, including the effects of alcohol, tobacco,  
14 drugs, and poisons on the human body, the characteristics of  
15 communicable diseases, including venereal diseases, and  
16 current crucial health issues. A student shall not be excused  
17 from a required physical education course by enrolling in a  
18 course or by participating in an opportunity offered in lieu  
19 of physical education which involves written material, oral  
20 information, or research relating to physical education, or by  
21 participating in physical activity outside of the physical  
22 education course.

23 Sec. 2. Section 256.11, subsection 6, paragraph j, Code  
24 1987, is amended by striking the paragraph.

25 EXPLANATION

26 This bill requires students enrolled in grades nine through  
27 twelve to participate in a physical education course, except  
28 when a written statement is provided by the student's parent  
29 or guardian regarding a conflict with the pupil's religious  
30 beliefs.

31 The bill specifies the activities to be included in the  
32 physical education and prohibits a student from being excused  
33 by enrolling in a course or participating in an opportunity  
34 offered in lieu of physical education or by participating in  
35 physical activity outside of the physical education course.

SENATE FILE 488

S-3335

\* 1 Amend Senate File 488 as follows:  
2 1. Page 1, by inserting before line 1, the  
3 following:  
4 "Section 1. Section 256.11, subsections 2, 3 and  
5 4, Code 1987, are amended to read as follows:  
6 2. The kindergarten program shall include  
7 experiences designed to develop healthy emotional and  
8 social habits and growth in the language arts and  
9 communication skills; as well as a capacity for the  
10 completion of individual tasks; and protection and  
11 development of physical well-being for at least a  
12 period of time each week, emphasizing the appropriate  
13 activities and subject areas required in subsection 6,  
14 paragraph "g" for the kindergarten level. A  
15 kindergarten teacher shall hold a certificate  
16 providing that the holder is qualified to teach in  
17 kindergarten. An accredited nonpublic school must  
18 meet the requirements of this subsection only if the  
19 nonpublic school offers a kindergarten program.  
20 3. The following areas shall be taught in the  
21 grades one through six: English-language arts,  
22 including reading, handwriting, spelling, oral and  
23 written English, and literature; social studies,  
24 including geography, history of the United States and  
25 Iowa, cultures of other peoples and nations, and  
26 American citizenship, including the study of national,  
27 state, and local government in the United States;  
28 mathematics; science, including environmental  
29 awareness and conservation of natural resources;  
30 health and physical education, ~~including the effects~~  
31 ~~of alcohol, tobacco, drugs, and poisons on the human~~  
32 ~~body for at least a period of time each week,~~  
33 emphasizing the appropriate activities and subject  
34 areas required in subsection 6, paragraph "g" for the  
35 grade level; the characteristics of communicable  
36 diseases; traffic safety, including pedestrian and  
37 bicycle safety procedures; music; and art.  
38 4. The following shall be taught in grades seven  
39 and eight as a minimum program: science, including  
40 environmental awareness and conservation of natural  
41 resources; mathematics; social studies; cultures of  
42 other peoples and nations, and American citizenship;  
43 English-language arts which shall include reading,  
44 spelling, grammar, oral and written composition, and  
45 may include other communication subjects; health and  
46 physical education, ~~including the effects of alcohol,~~  
47 ~~tobacco, drugs, and poisons on the human body, for at~~  
48 ~~least a period of time each week, emphasizing the~~  
49 ~~appropriate activities and subject areas required in~~  
50 subsection 6, paragraph "g", for the grade level, the

S-3335 pg. 2

- 1 characteristics of communicable diseases, including  
2 venereal diseases and current crucial health issues;  
3 music; and art."  
4 2. Page 1, line 14, by striking the word "body,"  
5 and inserting the following: "body; review of stress  
6 reduction; diet and its effect;".  
7 3. Page 1, line 15, by striking the words  
8 "venereal diseases," and inserting the following:  
9 "venereal diseases;".  
10 4. Page 1, by striking lines 23 and 24.  
11 5. Title page, by striking line 2 and inserting  
12 the following: "enrolled in grades kindergarten  
13 through twelve."

S-3335

Filed March 31, 1987

BY JIM LIND

*Adopted 4/1/87 (p. 1015)*

SENATE FILE 488

S-3329

- 1 Amend Senate File 488 as follows:  
2 1. Page 1, by striking lines 22 through 24 and  
3 inserting the following: "education course. A  
4 student may be excused from the activity portion of  
5 the physical education course. The state board of  
6 education shall adopt rules pursuant to chapter 17A  
7 specifying the activities in a physical education  
8 course from which a student may be excused."

S-3329

Filed March 31, 1987

BY LARRY MURPHY

*Placed 4/1/87 (p. 1015)*

SENATE FILE 488

S-3353

- 1 Amend Senate File 488 as follows:  
2 1. Page 1, line 22 by inserting after the word  
3 "course." the following: "A student may be excused  
4 from the activity portion of the physical education  
5 course. The state board of education shall adopt rules  
6 pursuant to chapter 17A specifying the activities in a  
7 physical education course from which a student may be  
8 excused."

S-3353

Filed April 1, 1987

BY LARRY MURPHY

LOST (p. 1020)



1 Section 1. Section 256.11, subsections 2, 3 and 4, Code  
2 1987, are amended to read as follows:

3 2. The kindergarten program shall include experiences  
4 designed to develop healthy emotional and social habits and  
5 growth in the language arts and communication skills; as well  
6 as a capacity for the completion of individual tasks; and  
7 protection and development of physical well-being for at least  
8 a period of time each week, emphasizing the appropriate  
9 activities and subject areas required in subsection 6,  
10 paragraph "g" for the kindergarten level. A kindergarten  
11 teacher shall hold a certificate providing that the holder is  
12 qualified to teach in kindergarten. An accredited nonpublic  
13 school must meet the requirements of this subsection only if  
14 the nonpublic school offers a kindergarten program.

15 3. The following areas shall be taught in the grades one  
16 through six: English-language arts, including reading,  
17 handwriting, spelling, oral and written English, and  
18 literature; social studies, including geography, history of  
19 the United States and Iowa, cultures of other peoples and  
20 nations, and American citizenship, including the study of  
21 national, state, and local government in the United States;  
22 mathematics; science, including environmental awareness and  
23 conservation of natural resources; health and physical  
24 education, including the effects of alcohol, tobacco, drugs,  
25 and poisons on the human body for at least a period of time  
26 each week, emphasizing the appropriate activities and subject  
27 areas required in subsection 6, paragraph "g" for the grade  
28 level; the characteristics of communicable diseases; traffic  
29 safety, including pedestrian and bicycle safety procedures;  
30 music; and art.

31 4. The following shall be taught in grades seven and eight  
32 as a minimum program: science, including environmental  
33 awareness and conservation of natural resources; mathematics;  
34 social studies; cultures of other peoples and nations, and  
35 American citizenship; English-language arts which shall

1 include reading, spelling, grammar, oral and written  
2 composition, and may include other communication subjects;  
3 health and physical education, including the effects of  
4 alcohol, tobacco, drugs, and poisons on the human body, for at  
5 least a period of time each week, emphasizing the appropriate  
6 activities and subject areas required in subsection 6,  
7 paragraph "g", for the grade level, the characteristics of  
8 communicable diseases, including venereal diseases and current  
9 crucial health issues; music; and art.

10 Sec. 2. Section 256.11, subsection 6, paragraph g, Code  
11 1987, is amended by striking the paragraph and inserting in  
12 lieu thereof the following:

13 g. All students physically able shall be required to  
14 participate in physical education activities during each  
15 semester they are enrolled in school. A minimum of one-fourth  
16 unit each semester shall be required. Physical education  
17 shall include those physical and mental activities that will  
18 increase cardiovascular endurance, muscular strength and  
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20 development, improved posture, and constructive use of leisure  
21 time. Physical education shall also include a review of  
22 health issues, including the effects of alcohol, tobacco,  
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32 education course.

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SSB # 218  
Education

*Handwritten notes:*  
3/24/78

SENATE FILE \_\_\_\_\_  
BY (PROPOSED COMMITTEE ON  
EDUCATION BILL)

Passed Senate, Date \_\_\_\_\_ Passed House, Date \_\_\_\_\_  
Vote: Ayes \_\_\_\_\_ Nays \_\_\_\_\_ Vote: Ayes \_\_\_\_\_ Nays \_\_\_\_\_  
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