

CHAPTER 185  
REHABILITATIVE TREATMENT SERVICES  
DIVISION I  
GENERAL PROVISIONS

PREAMBLE

These rules define and structure the department of human services' rehabilitative treatment services program. Rehabilitative treatment services are designed to address the treatment needs of children and their families in the following four programs: family-centered services, family preservation, family foster care and group care.

These rules outline the application process, eligibility, service necessity determination and service authorization process, documentation requirements, service termination and appeal procedures, and establish service provision, rate-setting and payment mechanisms associated with rehabilitative treatment services. These rules also establish standards for provider certification, audits, and sanctions for providers. The provisions for rate setting are also applicable to supportive services as defined in this chapter.

**441—185.1(234) Definitions.**

*“Adverse authorization action”* means an authorization determination decreasing the requested scope, amount, or duration of services, or denying rehabilitative treatment services.

*“Affiliates”* means persons having an overt or covert relationship such that any one of them directly or indirectly controls or has the power to control another.

*“Agency”* means any entity, public or private, which provides or represents itself as providing rehabilitative treatment or supportive services.

*“Amount”* means the number of units of a service core or level of care within a rehabilitative treatment service.

*“Authorization action”* means an authorization determination approving rehabilitative treatment services.

*“Authorized representative”* within the context of rule 441—185.13(234) means that person appointed to carry out audit procedures, including assigned auditors, fiscal agent consultants, or agents contracted for specific audits or audit procedures.

*“Behavioral management for children in therapeutic foster care”* means services to design, assess, or revise therapeutic treatment strategies in therapeutic treatment family foster homes in order to meet the specific medical-behavioral health needs of children identified by a licensed practitioner of the healing arts. The focus of the service is to develop an intervention plan with the therapeutic treatment foster family to address the specific medical-behavioral health needs of the child, assess the effectiveness of the treatment strategies and interventions in measurable terms on an ongoing basis, and revise the treatment strategies when they are found not to be addressing the specific medical-behavioral condition of the child.

*“Care plan”* means the plan developed by the provider and treatment foster family for the interventions to be provided by the treatment foster family in accordance with the provider's treatment plan.

“*Case permanency plan*” shall mean the plan identifying goals, needs, strengths, problems, services, time frames for meeting goals and for delivery of the services to the child and parents, objectives, desired outcomes, and responsibilities of all parties involved; and reviewing progress.

“*Certification*” means the decision made by the department that the provider has met the applicable standards.

“*Certified psychiatric mental health nurse practitioner*” means a person who meets the requirements of a certified psychiatric mental health nurse and is eligible for certification by the American Nursing Association and is licensed by the state of Iowa to practice nursing as defined in Iowa Code chapter 152.

“*Child*” means a person under 21 years of age.

“*Claim*” means each record received by the department or its fiscal agent which tells the amount of requested payment and the service rendered by a provider to a child and family.

“*Clinical record*” means a tangible and legible record which meets the criteria established for clinical records set forth in rule 441—185.10(234).

“*Community residential setting*” means a group care residential setting licensed as a community residential facility under 441—Chapter 114.

“*Community residential setting for mentally retarded children*” means a group care residential setting licensed as a community residential facility for children with mental retardation licensed under 441—Chapter 116.

“*Comprehensive residential setting*” means a group care residential setting licensed as a comprehensive residential facility under 441—Chapter 115.

“*Comprehensive residential setting for mentally retarded children*” means a facility licensed as a comprehensive residential facility for children with mental retardation under 441—Chapter 116.

“*Confidence level*” means the probability that an overpayment or underpayment rate determined from a random sample of charges is less than or equal to the rate that exists in the universe from which the sample was drawn.

“*Department*” means the Iowa department of human services.

“*Department worker*” means the worker who is responsible for providing social casework as described in 441—Chapter 131.

“*Duration*” means the maximum period of time for which the service core or level of care within rehabilitative treatment service is authorized.

“*Enhanced residential treatment*” means a treatment program in a facility licensed under 441—Chapter 115.

“*Experience in the delivery of child welfare and juvenile justice services*” means experience working with families at risk of child abuse, children at risk of delinquency, children who have been abused, children adjudicated CINA or delinquent, and children with emotional or behavioral disorders.

“*Experience in the delivery of human services*” means paid or volunteer experience providing social casework, therapy, or skill development services to children or families; supervision of children; as well as other experiences providing direct care to children and families. It does not include activities engaged in as part of a practicum or internship for academic credit.

“*Extrapolation*” means that the total amount of overpayment or underpayment will be estimated by using sample data meeting the confidence level requirement.

“*Family*” includes the following members:

1. Legal spouses (including common law) who reside in the same household.
2. Natural, adoptive, or step mother or father, and children who reside in the same household.
3. A child who lives alone or who resides with a person, or persons, not legally responsible for the child’s support.

“*Family preservation*” means treatment services provided in the family preservation program that have duration limited to 60 calendar days, but are expected to last an average of 45 calendar days.

“*Family skill development*” means services to train or educate parents on specific therapeutic interventions to enable them to meet the specific medical-behavioral health treatment needs of the child including guidance and interventions that address the specific medical-behavioral health needs of the child, techniques for caring for a child with special needs, and guidance and intervention to alleviate a pattern of impaired interactions associated with a specific medical-behavioral need of a child.

“*Fiscal record*” means a tangible and legible history which documents the criteria established for fiscal records as set forth in subrule 185.102(3).

“*Generally accepted auditing procedures*” means those procedures published in Standards for Audit of Governmental Organizations, Programs, Activities & Functions, 1988 Edition, by the Comptroller General of the United States.

“*Highly structured juvenile program*” means a treatment program for adjudicated delinquent youth, aged 15 to 17, licensed as either community residential facilities under 441—Chapter 114 or as comprehensive residential facilities under 441—Chapter 115.

“*Imminent risk of placement*” means that the family at issue includes one or more children considered by the referral worker to be either at high risk or immediate risk of placement. Cases considered at immediate or high risk of placement are defined as follows:

1. Immediate. Immediate-risk cases are those in which the referral worker has determined that a child needs to be placed out of home, at least one family member’s safety is in immediate jeopardy, and either emergency placement procedures or emergency and intensive preventive services need to commence immediately.

2. High. High-risk cases are those in which the referral worker has determined that a child needs an out-of-home placement, but the family’s condition is such that the immediate safety of any family member is not jeopardized. Nonemergency placement procedures would commence if some type of preventive services were not provided. These cases may include families already receiving preventive services but for whom the referral worker has determined client progress is such that a continuation of the nonfamily preservation services would not ensure family unity and self-sufficiency upon termination of the services.

“*Individual provider*” means a person who seeks certification pursuant to rule 441—185.10(234) or who is under contract pursuant to 441—Chapter 152 and who delivers rehabilitative treatment and supportive services independent of a partnership, corporation, agency, governmental unit or any other legal entity.

“*Juvenile court officer (JCO)*” means a person appointed as a juvenile court officer under Iowa Code chapter 602 and a chief juvenile court officer appointed under Iowa Code chapter 602.

“*Level of care*” means a level of treatment services within the group care program that is differentiated by the intensity of skill development and therapy services provided, the hours of awake supervision, and the ratio of skill development staff to child. There are four levels of rehabilitative treatment in the group care program:

1. Community residential.
2. Comprehensive residential.
3. Enhanced comprehensive residential.
4. Highly structured juvenile program.

“*Licensed independent social worker*” for purposes of this chapter means a person who is licensed as an independent social worker under Iowa Code chapter 154C in activities which are directed at enhancing or restoring people’s capacity for social functioning, whether impaired by environmental, emotional, or physical factors, with particular attention to the person-in-situation configuration.

“*Licensed practitioner of the healing arts*” means one of the following who is licensed to practice in the state of Iowa as:

1. A psychologist.
2. A certified psychiatric mental health nurse practitioner.
3. A licensed independent social worker.
4. A marital and family therapist.
5. A mental health counselor.

“*Marital and family therapist*” means a person who is licensed to practice marital and family therapy in the state of Iowa pursuant to Iowa Code chapter 154D.

“*Mental health counselor*” means a person who is licensed to practice mental health counseling in the state of Iowa pursuant to Iowa Code chapter 154D.

“*Nonprime programming time*” means any period of the day in a group care program other than prime programming time and sleeping time.

“*Nonrehabilitative treatment need*” means the child and family have a protective, supportive or preventative need for which the child has no identified rehabilitative behavioral health treatment need. Services to address a nonrehabilitative treatment need may be directed at a family member to meet the child’s safety, treatment, or permanency need.

“*Nonrehabilitative treatment service*” means a service to address the nonrehabilitative treatment need of a child. Nonrehabilitative treatment services are designed either to restore a skill or function or teach a new skill or function to achieve maximum independence and functioning. These services may also be directed toward family members to help them meet the treatment, safety, or permanency needs of a child. Nonrehabilitative treatment services are designed to meet treatment needs in one of the following programs:

1. Family-centered program.
2. Family preservation program.

“*Other adult caretaker*” for purposes of the family foster care program means any adult other than a foster parent living in the foster family home who provides care to the foster child on a routine basis in the absence of the foster parent.

*“Overpayment”* means any payment or portion of a payment made to a provider which is incorrect according to the laws and rules applicable to rehabilitative treatment and supportive services which results in a payment greater than that to which the provider is entitled.

*“Physician”* means an individual who is a doctor of medicine or osteopathy and is licensed to practice in the state of Iowa pursuant to Iowa Code chapter 148.

*“Prime programming time”* means any period of the day in a group care program when special attention, supervision, or treatment is necessary; for example, upon awakening in the morning until departure for school, during meals, after school, transition between activities, evenings and bedtime, and on nonschool days such as weekends, holidays, and school vacations.

*“Probation”* means a specified period of conditional participation in the provision of rehabilitative and supportive services.

*“Provider”* means any natural person, company, firm, association, or other legal entity seeking certification pursuant to rule 441—185.10(234) or under contract with the department pursuant to this chapter or 441—Chapter 152.

*“Psychologist”* for the purposes of this chapter means a person who is licensed to practice psychology in the state of Iowa pursuant to Iowa Code chapter 154B.

*“Psychosocial evaluation”* means services to evaluate the basic strengths of the child and family; assess the emotional needs, health and safety of the child and family; identify the goals and treatment services needed to obtain these goals and expected outcomes; identify the resources available to promote and support these goals; and identify the general functioning of the child.

*“Random sample”* means a systematic (or every nth unit) sample for which each item in the universe has an equal probability of being selected.

*“Referral worker”* means the department worker or juvenile court officer who refers the case to the review organization and who is responsible for carrying out the follow-up activities after the service necessity determination and service authorization process is completed.

*“Rehabilitative treatment need”* means a medical-behavioral health need of a child with a deficit in function or skill that the child lost or never gained as a result of interference in the normal maturational and learning process due to the child or parental dysfunction. The child must have the capability to benefit from the rehabilitative treatment services.

*“Rehabilitative treatment services”* involves services designed to restore a function or skill that an individual lost or never gained as a result of interference in the normal maturational and learning process due to individual or parental dysfunction. The individual must have the capability to learn the function or skill. Rehabilitative treatment services are designed to address the specific medical-behavioral health needs of the child. Rehabilitative treatment services are designed to address the treatment needs of a child in one of the following programs:

1. Family-centered.
2. Family preservation.
3. Family foster care.
4. Group care.

*“Related human service field”* means psychology; mental health counseling; family therapy; child and family services; family services; child, parent, and community services; human services; sociology; family studies; human relations; criminal justice; chemical dependency counselor program; or nursing. It also includes other degrees in which the student receives educational preparation in the following: therapy and counseling techniques; the development of interview, relationship building, and assessment skills; group dynamics; crisis intervention techniques; social change theories; social system theories; abnormal psychology; sociological concepts and theories as they relate to individuals, families, and groups; and sociological and psychological methods to analyze social problems. Special education, law enforcement administration, political science, and elementary education are not considered related human service fields.

*“Restorative living skills development”* means rehabilitative services to restore the child’s and family’s ability to function independently in the community on a daily basis. Skills training and supervision include, but are not limited to: food planning and preparation, maintenance of living environment, time and money management, personal hygiene and self-care.

*“Review organization”* means the entity designated by the department to make rehabilitative treatment services authorization determination.

*“Scope”* means the rehabilitative treatment service selected and the service cores or level of care within the program that is selected.

*“Service authorization”* means the process of service necessity determination and service authorization of scope, amount and duration by the review organization.

*“Service code”* means the identifier which describes services provided.

*“Service core”* means a set of treatment services within a rehabilitative treatment service delivered to a child and family that addresses the needs of the child and family.

*“Site”* means a location from which services are delivered, staff report, and records are kept. In the family foster care and group care programs each separately licensed location would be a site.

*“Sleeping time”* means any period of the day in a group care program in which children are normally sleeping.

*“Social skills development”* means services to restore a child’s and family’s communication and socialization skills. Interventions would restore a child’s and family’s ability to solve problems, resolve conflicts, develop appropriate relationships with others and develop techniques for controlling behavior.

“*Supportive services*” means family-centered supportive services as defined in 441—Chapter 182, supervision and home studies in family foster care provided pursuant to 441—Chapter 156, and group care maintenance pursuant to 441—Chapter 156.

“*Suspension of payments*” means the withholding of all payments due a provider until the resolution of the matter in dispute between the provider and the department.

“*Termination from participation*” means a permanent exclusion from participation in the provision of rehabilitative treatment and supportive services.

“*Therapy and counseling services*” means services to halt, control or reverse undue stress and severe social, emotional or behavioral problems that threaten, or have negatively affected the child’s and the child’s family’s stability. Activities under this service can include counseling and therapy to children, groups and families, including interventions to ameliorate difficult behaviors.

“*Treatment plan*” means a written, goal-oriented plan of service developed for a child and family by the provider.

“*Treatment services*” means the individual service types included in the services cores or levels of care. These include:

1. Restorative living skills development.
2. Family skill development.
3. Social skills development.
4. Therapy and counseling services.
5. Psychosocial evaluation.
6. Behavioral management for children in therapeutic foster care.

“*Underpayment*” means any payment or portion of a payment not made to a provider for services delivered to eligible recipients according to the laws and rules applicable to the rehabilitative treatment and supportive services program and to which the provider is entitled.

“*Universe*” means all items (claims), submitted by a specific provider for payment during a specific time period, from which a random sample will be drawn.

“*Withholding of payments*” means a reduction or adjustment of the amounts paid to a provider on pending and subsequently submitted claims for purposes of offsetting overpayments previously made to the provider.

**441—185.2(234) Eligibility.**

**185.2(1) *Need for services.*** Children and families shall be eligible for rehabilitative treatment services when a referral worker has made a referral to the review organization and the review organization has determined:

- a.* The recipient is a child aged 20 or under and that services are to be directed toward the child.
- b.* The child has lost or never gained a medical-behavioral health skill or function as a result of interference in the normal maturational and learning process due to an individual or parental dysfunction. The child must have the capability to learn the function or skill.
- c.* Services are medically necessary and reasonable and are a specific and effective treatment for a child's medical-behavioral health need.
- d.* The services meet accepted standards of medical-behavioral health practice.
- e.* The services are based on an evaluation of the child and family.

**185.2(2) *Rehabilitative treatment services determination.*** Service necessity for a rehabilitative treatment service shall be determined by the review organization through clinical judgment based on review of oral information provided by the referral worker. Additional oral or written information may be requested from the referral worker by the review organization when required to make a determination for rehabilitative treatment services.

**185.2(3) *Court order.*** If a child and family have been referred for service authorization, and there is an adverse authorization action, but the service has been ordered by the court, the department shall make payment based on the court order, subject to availability of funds.

**185.2(4) *Payment of nonrehabilitative family-centered and family preservation services.*** If a child and family have been referred for authorization of rehabilitative treatment services and the service authorizer has made an adverse authorization action, the referral worker, with supervisory approval, may determine that a child has a nonrehabilitative treatment need. When a nonrehabilitative treatment need has been determined, the department shall make payment of the nonrehabilitative service subject to the availability of funds.



**441—185.3(234) Referral for service authorization.**

**185.3(1) *Role of referral worker.*** The referral worker shall collect intake and other relevant information on the child and family; coordinate with existing local case review processes; assess the child and family to determine if a referral for service authorization is appropriate and what kind of service authorization should be requested. The referral worker shall provide the review organization with specific oral information required for authorization and provide a specific recommendation regarding the appropriate scope, amount, and duration, and expected outcomes of the services. The referral worker may provide additional oral or written information to the review organization.

**185.3(2) *Time frames.*** The referral for rehabilitative service authorization shall be conducted before initiation of services unless there is an imminent risk of placement and an emergency protective need to initiate family preservation services after hours, on weekends, or on holidays. Prior to the referral for family preservation services being made after hours, on weekends, or on a holiday, the referral worker shall obtain supervisory approval. When the referral for family preservation services is made after hours, on weekends, or on a holiday, the referral for rehabilitative service authorization shall be conducted the next business day.

**185.3(3) *Initial authorization.*** The referral worker shall contact the review organization and provide adequate details of the child's needs from which an authorization decision can be made, including:

- a. Demographic information.
- b. Source, date, and type of child and family assessments.
- c. A diagnosis from the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, published by the American Psychiatric Association, whenever available.
- d. Medical-behavioral health symptoms.
- e. Child's history and risk factors.
- f. Family history and risk factors.
- g. Strengths of the child, family, or environment.
- h. Permanency goal.
- i. Symptoms the service is expected to alleviate.
- j. Past and current services provided to the child and family and the outcome of the service.
- k. The child's capability of benefiting from rehabilitative treatment services.

**185.3(4) *Review of previously authorized services.*** At least two weeks prior to the final eligibility date of the previously authorized services, the referral worker shall contact the review organization for continued authorization.

The referral worker shall provide the review organization with adequate details of the child's needs from which a reauthorization decision can be made, including:

- a. Identified change or lack of change in the child, the child's family, if applicable, and in the service outcomes as identified in the provider progress report of treatment plan.
- b. Continuing rehabilitative treatment need.
- c. Utilization of the previous services authorized.
- d. Specific progress or lack of progress made by the child toward the service outcomes identified in the last review.

**185.3(5)** *Follow-up to service authorization.*

*a.* The referral worker shall be responsible for these activities following service authorization:

(1) Incorporating the service authorization into the Case Permanency Plan, consisting of forms 427-1020, 427-1022, and 427-1023, if the service authorization is not subject to further court action, or a reasonable facsimile containing the same information.

(2) Presenting service authorization information to the court if further court action is planned.

(3) Assisting the family in selecting an appropriate provider if the authorized rehabilitative treatment service is family-centered or family preservation. If the authorized rehabilitative treatment service is family foster care or group care, the referral worker is responsible for selecting an appropriate provider. Once services have been arranged, the referral worker shall complete Form 470-3055, Referral of Client for Rehabilitative Treatment and Supportive Services, and forward a copy to the provider and a copy to the department when the referral worker is with juvenile court. When the referral worker is a juvenile court officer, the referral worker is also responsible for ensuring that information necessary for entry into the Family and Children's Services System (FACSS) is submitted to the department.

(4) Working with the child or family to apply for Medicaid, or, if the family is unwilling to apply and the case is under the jurisdiction of the juvenile court, the referral worker shall request a court order directing the parents to apply on the child's behalf.

EXCEPTION: When the child's or family's countable resources exceed \$10,000 according to the department of public health's 641—subrule 75.4(2), no application for Medicaid need be made.

*b.* The provider of services, working with the family and the referral worker, is responsible for developing the detailed treatment plan in compliance with the Case Permanency Plan and the authorization.

**441—185.4(234) Review organization.**

**185.4(1) *Qualifications for authorizing services.*** Every staff member authorizing services shall be a physician or licensed practitioner of the healing arts and have at least three years of experience in the delivery of child welfare or juvenile justice services in a public or private agency, or in private practice.

**185.4(2) *Components of service authorization.*** In accordance with department policies and procedures, the service authorization process shall include the following:

- a. Determination that an adequate assessment has been made on which to base a determination regarding service necessity.
- b. Determination of service necessity.
- c. Authorization of scope, amount, and duration of services, and identification of desired service outcome.
- d. Provision of authorization-specific clinical consultation to the referral worker.
- e. Review of service necessity for currently authorized rehabilitative treatment services.
- f. Determination of service necessity for additional rehabilitative treatment services, when applicable.
- g. Participation in the appeal process.
- h. Recommendation, when appropriate, regarding services outside the scope of rehabilitative treatment services.

**185.4(3) *Responsibilities of the review organization.*** The review organization shall have the following responsibilities:

- a. Identify need for additional diagnosis or evaluation of the child and family.
- b. Carry out the service authorization process to determine rehabilitative service needs and authorize rehabilitative services under the rehabilitative treatment program.
- c. Complete required documentation of the service authorization process.
- d. Provide authorization-specific consultation to the referral worker upon request.
- e. Ensure that service authorization is completed within the established time frames.
- f. Complete the required documentation of all service authorization activities.
- g. Maintain necessary records for service authorizations.
- h. Maintain records of appeals.
- i. Specify the amount and duration for the authorized service, issue a notice of decision, and notify the referral worker to facilitate the initiation of the service.

**185.4(4) *Service authorization documentation.*** Documentation shall be maintained to support that the authorization decision is appropriate in scope, amount, and duration. The authorized services shall match the identified need of the child. The review organization shall clearly document authorization rationale.

- a. The review organization shall document the following components of the service necessity determination and the service authorization on Form 470-3454, Rehabilitative Service Authorization:
  - (1) Demographic information.
  - (2) Source, date, and type of child and family assessments.
  - (3) A diagnosis from the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, published by the American Psychiatric Association, whenever available.
  - (4) Specific medical-behavioral health need of the child.

- (5) Child's history and risk factors.
- (6) The function or skill that the child lost or never gained as a result of interference in the normal maturational and learning process due to individual or parental dysfunction.
- (7) Individual or parental dysfunction.
- (8) Family history and risk factors.
- (9) Strengths of the child, family, or environment.
- (10) Permanency goal.
- (11) Expected service outcome.
- (12) Past and current services provided to the child and family.
- (13) The child's capability of benefiting from rehabilitative treatment services.
- (14) Factors and severity of factors.
- (15) Progress the child has made to alleviate the medical-behavioral health need.
- (16) Determination as to whether an adequate assessment has been made on which to base a determination regarding service necessity.
- (17) Authorized scope, amount, and duration of services.
- (18) Authorization justification.
- (19) Identification of reasons if an authorization is different from what was recommended by the referral worker.
- (20) Date the authorization is completed.
  - b. The review organization shall complete a notice of decision.
  - c. The review organization shall generate Form 470-3055, Referral of Client for Rehabilitative Treatment and Supportive Services, for completion by the referral worker.
  - d. The review organization shall forward Form 470-3454, Rehabilitative Service Authorization, a copy of the notice of decision, and Form 470-3055, Referral of Client for Rehabilitative Treatment and Supportive Services, to the referral worker immediately upon completion of the authorization process.

**185.4(5) Time frames.** The review for service necessity and service authorization shall be completed within the following time frames:

- a. The service authorization decision shall be rendered by the review organization during the contact by the referral worker unless additional information is required.
- b. If the review organization requires additional information, the review organization shall render a decision within one working day of receipt of the additional information.

**185.4(6) Review of services previously authorized.** The review organization is responsible for reviewing previously authorized services. This review of services shall occur at the request of the referral worker two weeks prior to the final eligibility date of previously authorized services if the services are to continue.

a. The purpose of this review by the review organization shall be to consider the following changes in service authorization:

- (1) Scope of service.
- (2) Amount of service.
- (3) Duration of service.

b. The review of service authorization shall be carried out according to the process and time frames described in subrules 185.4(3) to 185.4(6).

c. The review organization shall document adequate details of the child's needs from which the reauthorization decision was made, including:

- (1) Identified change or lack of change in the child, in the child's family, if applicable, and in the service outcomes as identified in the provider's progress report or treatment plan.
- (2) Rehabilitative service need.
- (3) Use of the previous services authorized.
- (4) Documentation of the child's ability to benefit from the service.

**185.4(7)** *CACT referral process for children receiving services prior to November 1, 1993. Rescinded IAB 7/1/98, effective 8/15/98.*

**441—185.5(234) Adverse authorization actions by the review organization.** Denial of requested rehabilitative treatment services shall be based on one or more of the following:

1. There is inadequate information upon which to base a determination for rehabilitative service need.
2. The child does not have a rehabilitative service need.
3. Services requested are directed to the parents to meet the treatment, safety, or permanency needs of the child.
4. The services requested are nonrehabilitative or designed to teach a new skill or function.
5. The scope, amount, or duration of services is not reasonable or is not a specific and effective treatment for the child's medical-behavioral health care need.
6. The scope, amount, or duration of services does not meet accepted standards of medical-behavioral health practice.
7. The service requested would be considered a duplicated Medicaid payment; for example, the child or youth is currently in a psychiatric medical institution for children.
8. Upon review of previously authorized services, there has been no progress in alleviating the rehabilitative treatment need.
9. The requested scope, amount, or duration does not meet family preservation, family-centered services, foster care, or group care program requirements.

**441—185.6(234) Appeals.** Adverse authorization actions taken by the review organization shall be subject to a reconsideration process by the review organization before an appeal shall be heard under 441—Chapter 7.

**185.6(1) *Adverse action reconsideration.*** The client may request a reconsideration of any adverse action taken by the review organization by sending a letter requesting a review to the review organization. This reconsideration shall be requested within 30 calendar days from the date the notice of decision is issued. The review organization shall complete the reconsideration and issue a notice of decision within 7 calendar days of the date of the client's request.

**185.6(2) *Appeal rights.*** If the client is dissatisfied with the reconsideration decision by the review organization, the client may file an appeal with the department under 441—Chapter 7. This appeal shall be requested within 30 calendar days from the date the reconsideration notice of decision is issued.

**441—185.7(234) Transition to the review organization.** A transition phase shall exist for authorization of services from August 15, 1998, until October 31, 1998. Prior to October 31, 1998, authorization may be given by CACT teams as provided by department rules at 441—Chapter 185 in effect as of August 14, 1998.

**441—185.8(234) Appeals.** Rescinded IAB 7/1/98, effective 8/15/98.

**441—185.9(234) Interim provider certification standards.** Rescinded IAB 11/5/97, effective 1/1/98.

**441—185.10(234) Provider certification standards.** Certification is the process by which the department shall ensure that providers meet the requirements for provision of rehabilitative treatment services.

Each provider of rehabilitative treatment services shall meet the following criteria for certification:

**185.10(1) Staff qualifications.** The provider of the following services shall document the credentials and experience of the individuals providing services under the rehabilitative treatment program.

a. Therapy and counseling services, psychosocial evaluation and behavioral management services for children in therapeutic foster care shall be provided by staff who meet one of the following minimum education and experience or professional licensing criteria:

(1) Graduation from an accredited four-year college, institute or university and the equivalent of three years of full-time experience in social work or experience in the delivery of human services in a public or private agency. These individuals shall have been employed prior to September 1, 1993, by an agency with interim certification under rule 441—185.9(234) published on January 5, 1994, and subrule 185.11(1) published on January 5, 1994, or be an individual with interim certification under rule 441—185.9(234) published on January 5, 1994, and subrule 185.11(1) published on January 5, 1994. Persons meeting this criterion shall not be qualified to provide therapy and counseling, psychosocial evaluation, or behavioral management services for children in therapeutic foster care if they change place of employment.

(2) Graduation from an accredited four-year college, institute or university with a bachelor's degree in social work from a program accredited by the council on social work education.

(3) Graduation from an accredited four-year college, institute or university with a bachelor's degree in a human service field related to social work and the equivalent of two years of full-time experience in social work or experience in the delivery of human services in a public or private agency.

(4) A master's degree in social work or related human service field from an accredited college, institute or university.

(5) Graduate education in the social work or related human services field from an accredited college, institute or university may be substituted for up to a maximum of 30 semester hours for one year of the required experience.

(6) Graduation from an accredited four-year college, institute or university with a bachelor's degree in social work or related human service field. These individuals shall have had continuous employment in the same agency since August 31, 1993, and the agency shall have received interim certification under rule 441—185.9(234) published on January 5, 1994, and subrule 185.11(1) published on January 5, 1994, or be an individual who received interim certification under rule 441—185.9(234) published on January 5, 1994, and subrule 185.11(1) published on January 5, 1994. Persons meeting this criterion shall not be qualified to provide therapy and counseling, psychosocial evaluation, or behavioral management services for children in therapeutic foster care if they change place of employment before they have two years of experience.

(7) Licensed in Iowa as an independent social worker, master social worker, psychologist, psychiatric mental health nurse practitioner, marital and family therapist or mental health counselor.

b. Skill development services shall be provided by staff who meet one of the following minimum education and experience or professional licensing criteria:

(1) Graduation from an accredited four-year college, institute or university with a bachelor's degree in social work, or related human service field.

(2) Graduation from an accredited four-year college, institute or university and the equivalent of one year of full-time experience in social work or in the delivery of human services in a public or private agency. Individuals with this level of education who provided skill development services prior to September 1, 1993, can provide skill development services without the one year of experience, if they have maintained continuous employment since August 31, 1993, with an agency that received interim certification under rule 441—185.9(234) published on January 5, 1994, and subrule 185.11(1) published on January 5, 1994, or if they had a family-centered contract with the department prior to September 1, 1993, and were granted interim certification under rule 441—185.9(234) published on January 5, 1994, and subrule 185.11(1) published on January 5, 1994. Persons meeting this criterion shall not be qualified to provide skill development if they change place of employment before they have one year of experience.

(3) Graduate education in social work, or a related human service field from an accredited college, institute or university may be substituted for up to a maximum of 30 semester hours for one year of required experience.

(4) A high school diploma or GED and the equivalent of one year of full-time experience in social work, or experience in the delivery of human services in a public or private agency. Individuals with this level of education who provided skill development services prior to September 1, 1993, can provide skill development services without the one year of experience if they have maintained continuous employment since August 31, 1993, with an agency that received interim certification under rule 441—185.9(234) published on January 5, 1994, and subrule 185.11(1) published on January 5, 1994, or had a family-centered contract with the department prior to September 1, 1993, and received interim certification under rule 441—185.9(234) published on January 5, 1994, and subrule 185.11(1) published on January 5, 1994. Persons meeting this criterion shall not be qualified to provide skill development if they change place of employment before they have one year of experience.

(5) Graduation from an accredited community college with a two-year associate degree in a related human service field or an associate of science career option degree, or graduation from a certified two-year nursing program.

(6) Sixty college credit hours toward a degree in social work or a related human service field from an accredited four-year college, institute or university may be substituted for the one year of required experience when at least 12 of the 60 hours are in the field of social work or a related human service field.

(7) Licensed in Iowa as an independent social worker, master social worker, bachelor social worker, psychologist, psychiatric mental health nurse practitioner, marital and family therapist or mental health counselor.

**185.10(2) Staffing requirements.** The agency or individual shall certify that they meet the staffing ratios set forth in this chapter. The agency or individual shall maintain records to demonstrate that qualified staff responsible for direct provision or supervision of rehabilitative treatment services are present in sufficient number to meet the requirements.

**185.10(3) Supervision requirements.** Provider staff who provide skill development services and who do not meet the qualifications for provision of therapy and counseling pursuant to 185.10(1)“a” shall receive supervision by an employee or consultant with those qualifications. Supervision shall occur on a face-to-face basis, and may be conducted on an individual or group basis. The provider shall document the date of supervision meetings, who was present, and the general focus of discussion. Supervision requirements may be waived for staff who are absent due to vacation or sick leave.



a. For individuals who meet the qualifications in 185.10(1)“b”(4) and who work full-time, supervision shall occur no less than once per week. For individuals who meet the qualifications in 185.10(1)“b”(4) and who work part-time, supervision shall occur no less than once every two weeks.

b. For individuals who meet the qualifications in 185.10(1)“b”(1), 185.10(1)“b”(2), 185.10(1)“b”(3), 185.10(1)“b”(5), or 185.10(1)“b”(6) and who work full-time, supervision shall occur at least two times per month. For individuals who meet the qualifications in 185.10(1)“b”(1), 185.10(1)“b”(2), 185.10(1)“b”(3), 185.10(1)“b”(5), or 185.10(1)“b”(6) and who work part-time, supervision shall occur no less than once a month.

**185.10(4) Treatment plan development.** The provider shall develop a treatment plan for each individual and family receiving treatment services except for the psychosocial evaluation services core. Treatment plans shall meet the following conditions:

a. The treatment plan shall be developed in collaboration with the referral worker, child, family, and, if applicable, the foster parents unless the treatment plan contains documentation for the treatment rationale for the lack of involvement of one of these parties. The provider shall document the dates and content of the collaboration on the treatment plan. The provider shall provide a copy of the treatment plan to the family and the referral worker, unless otherwise ordered by the court.

b. Initial treatment plans shall be developed after services have been authorized and within 30 calendar days of initiating services, except in the case of the family preservation program the treatment plan shall be developed within 10 calendar days of initiating services.

c. The treatment plan shall identify the following:

(1) Strengths and needs of the child and family.

(2) Goals, which are statements of outcomes to be achieved to meet the medical-behavioral health care needs of the child identified on Form 470-3055, Referral of Client for Rehabilitative Treatment and Supportive Services.

(3) Objectives, which are specific, measurable, and time-limited statements of indicators, levels of competence or accomplishments of the child which are necessary for progress toward each goal.

(4) Specific treatment service activities to be provided to achieve the objectives.

(5) Designation of the persons responsible for providing the services. When providing restorative living and social skill development in a group care setting, designation may be by job title.

(6) Date of service initiation and date of treatment plan development.

**185.10(5) Treatment plan review and revision.** Individuals qualified to provide therapy and counseling services pursuant to paragraph 185.10(1)“a” shall review the services identified in the treatment plan to ensure that the services are necessary, appropriate, and consistent with the identified medical-behavioral health care needs of the child listed on Form 470-3055, Referral of Client for Rehabilitative Treatment and Supportive Services.

a. All treatment plans shall be reviewed as follows:

(1) Ninety calendar days from the initiation of services and every 90 calendar days thereafter for the duration of the services.

(2) When any changes are made by the review organization to the identified medical-behavioral health care need of the child listed on Form 470-3055, Referral of Client for Rehabilitative Treatment and Supportive Services.

(3) Five working days after a skill development qualified staff has developed an initial or revised treatment plan for skill development services.

*b.* All treatment plans shall be revised when any of the following occur:

- (1) Treatment goals or objectives have been achieved.
- (2) Progress is not being made.
- (3) Changes have occurred in the identified medical-behavioral treatment needs of the child listed on Form 470-3055, Referral of Client for Rehabilitative Treatment and Supportive Services.

(4) The treatment plan is not consistent with the identified medical-behavioral treatment needs of the child listed on Form 470-3055, Referral of Client for Rehabilitative Treatment and Supportive Services.

*c.* The treatment plan shall be signed and dated by qualified staff after each review and revision. The treatment plan shall be revised in collaboration with the child, family, referral worker and, if applicable, the foster parents. The revision of the treatment plan must reflect the services authorized and the identified medical-behavioral health care needs of the child. The revised treatment plan must meet the requirements for a treatment plan in paragraph 185.10(4) "c." The provider shall provide a copy of all the revised treatment plans to the family and referral worker, unless otherwise ordered by the court.

**185.10(6) Treatment records.** The agency or individual shall maintain confidential individual records for each individual or family receiving treatment services. The record shall include the following:

*a.* Case permanency plan as supplied by the referral worker.

*b.* Documentation of billed services. Documentation shall include: the date and amount of time services were delivered except when delivering restorative living and social skill development services in a group care setting only the date and shift hours shall be identified, who rendered the services, the setting in which the services were rendered, the specific services rendered and the relationship of the services to the services described in the treatment plan, and updates describing the client's progress. For the family preservation program this documentation shall be provided every ten days on Form 470-2413, Family Preservation Service Report.

*c.* All initial and revised treatment plans developed by the agency.

*d.* Correspondence with the referral worker regarding change in the case permanency plan or treatment plan or requests for authorization for additional services and any relevant evaluation activities including procedures and tests completed.

*e.* Discharge summary which identifies the reason for discharge, date of discharge, the recommended action or referrals upon discharge, treatment progress, and outcomes.

*f.* Progress reports 90 calendar days after initiating services and every 90 calendar days thereafter which summarize progress and problems in achieving the goals and objectives of the treatment plan. The progress report shall be written in conjunction with the treatment plan review and shall be completed no more than 15 calendar days before the report is due or 15 calendar days after the report is due. This report may serve as either a discharge summary or a recommendation for continued rehabilitative treatment service. If the report serves as a discharge summary, the report shall meet the requirements for a discharge summary. The provider shall provide a copy of all progress reports to the family and referral worker, unless otherwise ordered by the court.

*g.* For psychosocial evaluation services, evaluation reports.

*h.* Additional reports if requested by the referral worker.

*i.* Form 470-3055, Referral of Client for Rehabilitative Treatment and Supportive Services.

**185.10(7) Staff training.** An agency shall provide orientation training on the agency's purpose, policies and procedures within one month of hire and 24 hours of training in the first year of employment for all employed and contracted treatment staff. The 24 hours of training shall include: training on children and families' mental health service topics, and two hours of training related to the identification and reporting of child abuse for all employed or contracted treatment staff in accordance with Iowa Code section 232.69. An agency shall provide 12 hours of training per year after the first year of employment for all employed and contracted treatment staff. The 12 hours of training shall include: training on children and families' mental health service topics and child abuse training every five years in accordance with Iowa Code section 232.69. The training formats that shall qualify as training are as follows: in-service training, seminars, conferences, workshops, institutes, visiting other facilities, and meeting with consultants.

The training provided shall be documented. The documentation shall include the training topic, format, date and number of hours.

**185.10(8) Other conditions of certification.** To receive full certification providers shall meet the following conditions if applicable:

*a.* Providers of family preservation shall ensure that they have the ability to:

(1) Provide an immediate response to referrals with face-to-face contact with the family within 24 hours for regular referrals and within 3 hours for emergency referrals.

(2) Make services available to families 24 hours per day, 7 days a week, including holidays.

(3) Maintain an average caseload of 1 staff to 3.5 families, not to exceed 1 staff to 4 families.

(4) Maintain a staff of 3 or more full-time family preservation workers and at least one supervisor devoting at least 40 percent time to family preservation services.

(5) Ensure that 90 percent of family preservation workers and supervisors complete the following training within 24 months after employment with the provider:

1. Introduction to family preservation services.
2. Family therapy, hypothesizing and intervening.
3. Family assessment, goal setting, and crisis intervention.
4. Networking.
5. Supervision for family preservation.

(6) If a provider for more than 18 months, provide a mentor program which meets the following criteria and which augments, but does not replace, the supervision provided to new staff:

1. New family preservation treatment staff shall be assigned a mentor within 30 days of employment.
2. Any family preservation treatment staff with at least 18 months' experience delivering family preservation services may be a mentor.
3. Mentors shall assist new workers at least weekly for a minimum of three months and shall help them learn the responsibilities and techniques of delivering family preservation services through such means as shadowing, case consultation, and review of written reports.

*b.* Providers of family foster care rehabilitative treatment shall be licensed as a foster care child-placing agency pursuant to 441—Chapter 108. In addition, if providing behavioral management services for children in therapeutic foster care, providers shall ensure that they have a plan for how to have someone available for a foster parent to contact 24 hours a day, and that the foster families providing care to a child receiving service core three meet the following requirements:

(1) Licensure. The family shall maintain a current nonprovisional foster care license, unless the reason for which the provisional license is issued will not adversely affect a child in placement.

(2) Training. Prior to the placement of a child authorized for behavioral management services for children in therapeutic foster care, each foster parent shall complete at least 12 hours of training above the initial foster home license. The training shall be designed to assist the family in understanding their role and responsibilities, and to give them the knowledge and skills needed to work with children with special needs. Each foster parent shall have an individualized training plan which is developed jointly with the agency, designed to improve their knowledge and skills in working with children with special needs, and reviewed and updated at least annually. Annually, each foster parent shall complete at least six hours of approved in-service training, as defined in the individual training plan, in addition to the six hours required for yearly renewal of their license.

(3) Other adult caretakers. All other adult caretakers in the foster home shall complete 24 hours of training initially, and 12 hours of in-service training annually. In addition, all adult caretakers in the home shall be assessed in terms of their skills and ability to care for the child in the absence of the foster parents.

(4) Limit on the number of children. If the foster family has a child receiving service core three in the home, the foster family shall care for no more than two foster children in the home at any one time. Exceptions may be granted as follows:

1. The agency supervising the foster family may grant an exception for up to five foster children to keep a sibling group together, to meet the needs of a specific child, or if the family has demonstrated the ability to provide care for more than two foster children.

2. The regional administrator may grant an exception for more than five children pursuant to 441—subrule 113.4(1).

(5) Evaluation. All foster parents caring for children receiving service core three shall have an annual written evaluation. The results of this evaluation shall be used by the agency and foster parents to develop the foster parent's training plan and to guide the type of children placed into the home.

(6) Foster parent responsibilities. Foster parents caring for children receiving service core three shall have additional responsibilities as defined in the child's care plan, in addition to the basic care and supervision given to children in family foster care. At a minimum, these shall include the following:

1. Have one parent available at all times.
2. Provide input into the ongoing assessment, development and review of the child's case permanency, treatment, and care plans.
3. Implement the treatment interventions and strategies identified in the child's care plan.
4. Document the child's behavior on a daily basis as it relates to the treatment goals defined in the child's case permanency, treatment, and care plans.
5. Participate in the development and implementation of a plan, when appropriate, to help the child make the transition from family foster care to return home, adoption, or other permanent placement.

(7) Foster families caring for children placed prior to November 1, 1993. If a foster family has a child placed in their home who was placed prior to November 1, 1993, and the foster family does not meet the training requirements in 185.10(8) "b"(2) or 185.10(8) "b"(3), the foster family shall have six months to meet the training requirements.

c. Providers of treatment services in group care shall meet the following licensing requirements:

(1) Providers of community residential treatment shall be licensed as a community residential facility pursuant to 441—Chapter 114, a comprehensive residential facility pursuant to 441—Chapter 115, a community residential facility for mentally retarded children pursuant to 441—Chapter 116, a comprehensive residential facility for mentally retarded children pursuant to 441—Chapter 116, a residential substance abuse program pursuant to 643—Chapter 3, a residential care facility under 481—Chapter 57, or a residential care facility for the mentally retarded pursuant to 481—Chapter 63. An out-of-state provider shall be licensed under comparable standards by the state in which the provider is located.

(2) Providers of comprehensive residential treatment shall be licensed as a comprehensive residential facility pursuant to 441—Chapter 115 or a residential substance abuse program pursuant to 643—Chapter 3. An out-of-state provider shall be licensed under comparable standards by the state in which the provider is located.

(3) Providers of enhanced residential treatment shall be licensed as a comprehensive residential facility pursuant to 441—Chapter 115. An out-of-state provider shall be licensed under comparable standards by the state in which the provider is located.

(4) All group care treatment programs shall provide an appropriate number of hours of prime programming time sufficient to meet the treatment and supervision needs of the children served in the program as determined through the certification process. Staffing during prime programming time, non-prime programming time and sleeping time shall be sufficient to meet the treatment and supervision needs of the children served in the program as determined through the certification process. Certification determinations shall take into account the type of children served and the intensity of their treatment and supervision needs, the type and intensity of treatment services and supervision to be provided, any national standards for group care treatment services, and prime programming time and staffing ratios provided by other providers serving children with similar treatment and supervision needs.

(5) Providers of highly structured juvenile residential treatment as defined at rule 441—114.2(237) shall be licensed as a community residential facility pursuant to 441—Chapter 114 or a comprehensive residential facility pursuant to 441—Chapter 115.

*d.* Providers of family-centered psychosocial evaluation shall prepare within 14 calendar days following termination of services evaluation reports which summarize the results and recommendations of the psychosocial evaluation services provided to a child and family. The provider shall provide a copy of this evaluation report to the family and referral worker, unless otherwise ordered by the court. The evaluation report shall contain the following information:

- (1) Sources of information and methods of assessing and observing the child and family used to complete the evaluation.
- (2) Answers to any specific questions from the referral worker.
- (3) Child and family safety and risk factors.
- (4) Child and family strengths, including how these strengths may be used in further service delivery.
- (5) Recommendations for further services including suggested goals, objectives, and methods of service delivery.

*e.* Providers of family preservation service when service exceeds more than ten days shall prepare a brief report summarizing the results and recommendations of the psychosocial evaluation services provided to a child and family. The report shall be part of the ten-day Family Preservation Service Report, Form 470-2413, and shall be submitted prior to the final termination report. The provider shall submit a copy of this evaluation report to the family and referral worker, unless otherwise ordered by the court. The evaluation report shall contain the following information:

- (1) Sources of information and the methods of assessing and observing the child and the family used to complete the evaluation.
- (2) Child and family risk factors which may necessitate further assessment and treatment services.
- (3) Child and family strengths, including how these strengths may be used in further treatment.
- (4) Recommendations for further services, including suggested goals, objectives and methods of service delivery.

**441—185.11(234) Provider certification.**

**185.11(1) *Interim certification.*** Rescinded IAB 11/5/97, effective 1/1/98.

**185.11(2) Certification.** Open enrollment for certification shall begin on January 1, 1994.

*a. Application for certification.* A provider whose certification has been denied or revoked shall not reapply for at least six months from the notice of decision denying or revoking certification. An applicant for certification shall submit Form 470-3050, Application for Certification, and the following information to the department:

- (1) Name and address of all treatment programs (main office and sites).
- (2) Name and address of the executive director.
- (3) Identification of the service cores or levels provided at each site.
- (4) Applicants for group care certification with a residential substance abuse facility license, residential care facility license, residential care facility for the mentally retarded license, or an out-of-state facility license shall submit a copy of all current group living facility licenses and identify the date of issuance, date of expiration, and the entity issuing the license. These applicants shall also submit a program description and identify the number of beds provided under the license for each site.
- (5) A list of individuals providing rehabilitative treatment services, their qualifications and date of hire.
- (6) A description of staff-to-client ratios for family preservation and group care; including for group care, the staff-to-client ratio during prime programming time, nonprime programming time, and sleeping time, and an identification of the hours of prime programming time.

(7) Tax identification number.

*b. Review of applications.* The department shall review the information provided in the application for compliance with the rehabilitative treatment service standards. Reviews shall commence only after the provider has submitted all application materials.

*c. Notification.* The applicant shall receive notice of the certification decision within 90 calendar days after the department receives a completed application. If the department approves the application, the notice shall identify the specific rehabilitative treatment program, site, and service core or level of care for which certification has been granted and shall state the duration of certification on Form 470-3169, Notice of Decision for Rehabilitative Treatment Services Certification.

*d. Provisional certification.* The department may grant provisional certification when the provider is implementing a plan of corrective action that was approved by the department.

Provisional certification may be awarded for 90 calendar days after the department approves the applicant's plan of corrective action. Provisional certification may be extended for additional 90 calendar-day periods at the discretion of the department. A provisional certification shall not exceed one year.

*e. Plan of corrective action.* If a review or site visit indicates deficiencies in compliance with certification requirements, the provider may submit a plan of corrective action to the department no later than 30 calendar days after receiving a statement of written findings that the provider does not meet certification requirements. The plan of corrective action shall include: a description of the specific problem area; corrective measures to be taken by the provider; and dates by which each correction will be complete. Dates for corrections shall not exceed 90 calendar days from the date the statement of written findings is received by the provider.

The plan of corrective action shall be submitted to the department. If the department determines that the plan is unacceptable or needs to be modified, the provider will be contacted within 20 calendar days of receipt of the plan. The department may request that the provider revise the plan. Providers shall submit a modified plan within 10 calendar days after the department notifies the provider of the need to modify the original plan. If the modified plan is not acceptable to the department, or the agency fails to modify the plan, the agency shall be denied certification or certification shall be revoked.

If the department accepts the plan of corrective action, the department may request the provider to supply subsequent reports on implementation of the plan or may conduct on-site visits to verify the plan has been implemented. If the provider corrects the measure within the time frame set forth in the plan and provisional certification was granted, a notice of certification shall be issued for the remainder of the certification period.

*f. Denial or revocation of certification.* The department shall deny or revoke certification when any of the following conditions exist:

- (1) The applicant has falsified any information submitted to the department in the application.
- (2) The applicant fails to meet certification requirements and fails to submit a plan of corrective action within the time frames allowed.
- (3) The recipient of a provisional certification fails to complete a plan of corrective action within the time allowed.
- (4) The applicant's plan of corrective action is not acceptable to the department.
- (5) The applicant misuses public funds.
- (6) The applicant exhibits a pattern of violation of certification requirements.
- (7) The licensing agency revokes or suspends other licenses which are required for certification.
- (8) The applicant fails to apply for recertification within the time frames specified in subrule 185.11(5).
- (9) The applicant is applying for the enhanced residential treatment level of group treatment services and the level of care is not approved as necessary under 185.11(6).

*g. Duration of certification.* Certification shall expire within two years from the date of issue unless an extension is granted while a provider is awaiting a decision by the department for recertification and the provider has submitted an application for certification in compliance with the time frames specified in subrule 185.11(5). The department shall determine the expiration date for certification within the two-year time period. The department shall grant certifications for less than two years when providers have received provisional certification, certification lengths need to be staggered to accommodate the certification work load in the department, or certification is granted to a new provider. Renewal of certification shall be contingent on an application for certification submitted by the provider and demonstration of continued compliance with these standards.

*h. Changes affecting certification.* A provider with pending application for full certification, or currently certified by the department, shall notify the department in writing of any changes affecting certification within seven working days of the change occurring. Changes affecting certification include, but are not limited to: change in staff qualifications or ratios, other changes which have significant effects on service delivery, and changes in licensure.



*i. Site visits.* Site visits may be conducted as part of the review of certification applications, to verify a plan of corrective action has been implemented, after a new provider has been certified, as a coordinated visit with licensing and contracting visits, as part of provider auditing pursuant to rule 441—185.13(234), or when concerns about compliance with certification requirements have been received. The department may provide advance notice to the provider or may conduct unannounced site visits. The site visit may include, but need not be limited to, reviews of case records and interviews with clients and staff.

**185.11(3) Provider appeals process.** Applicants for certification wishing to appeal a denial or revocation of certification or a provisional certification shall be afforded an opportunity for a hearing by the department pursuant to 441—Chapter 7.

**185.11(4) Nonassignability.** Certification is not transferable.

**185.11(5) Application renewal.** Providers certified to provide treatment services shall submit an application for certification between 90 and 110 calendar days before the expiration of certification.

**185.11(6) Certification of enhanced residential treatment beds limitation.** The department shall not certify any additional enhanced residential treatment beds except those beds for which applications for certification were received on or before February 1, 1994, unless the director of human services approves the beds as necessary, based on the type of children to be served and the location of the enhanced residential treatment beds.

**441—185.12(234) Sanctions against providers of rehabilitative treatment and supportive services.** Failure to meet the requirements relevant to provider certification, contracting, cost reporting, billing and payment, and documentation may subject providers to sanctions.

**185.12(1) Grounds for sanctioning providers.** Sanctions may be imposed by the department against a provider for any one or more of the following reasons:

*a.* Presenting or causing to be presented for payment any false or fraudulent claim for services or merchandise.

*b.* Submitting or causing to be submitted false information for the purpose of obtaining greater compensations than that to which the provider is legally entitled.

*c.* Submitting or causing to be submitted false information for the purpose of meeting service authorization requirements.

*d.* Failing to disclose or make available to the department or its authorized agent, records of services provided to a child and family and records of payments made for those services.

*e.* Failing to provide and maintain the quality of the services to children and families within established standards.

*f.* Engaging in a course of conduct or performing an act which is in violation of state or federal regulations, or continuing that conduct following notification that it should cease.

*g.* Overutilizing rehabilitative treatment services by inducing, furnishing or otherwise causing the child or family to receive services or merchandise not authorized.

*h.* Rebating or accepting a fee or portion of a fee or a charge for referrals of a child or family.

*i.* Submitting a false or fraudulent application for provider status for rehabilitative treatment services.

- j.* Violating any laws, regulations, or code of ethics governing the conduct of occupations or professionals subject to this chapter.
- k.* Being convicted of a criminal offense relating to negligent practice resulting in death or injury to clients.
- l.* Failing to meet standards required by state or federal law for certification, for example, licensure.
- m.* Failing to correct deficiencies in provider operations after receiving notice of these deficiencies from the department.
- n.* Receiving a formal reprimand or censure by an association of the provider's peers for unethical practices.
- o.* Being suspended or terminated from participation in another governmental medical program such as workers' compensation, crippled children's services, rehabilitation services or Medicaid.
- p.* Committing fraudulent billing practices.
- q.* Committing negligent practice resulting in death or injury to the provider's clients.
- r.* Failing to repay or make arrangement for the repayment of identified overpayments or other erroneous payments.

**185.12(2) Sanctions.** The following sanctions may be imposed on providers based on the grounds specified in subrule 185.12(1).

- a.* A term of probation for provision of rehabilitative treatment services.
- b.* Termination from participation in the provision of rehabilitative treatment services.
- c.* Suspension from provision of rehabilitative treatment services.
- d.* Suspension or withholding of payments to provider.
- e.* One hundred percent review of the provider's claims prior to payment.
- f.* Referral to the state licensing board for investigation.
- g.* Referral to appropriate federal or state legal authorities for investigation and prosecution under applicable federal or state laws.
- h.* Suspension of rehabilitative treatment services certification.
- i.* Termination of rehabilitative treatment services certification.

**185.12(3) Imposition and extent of sanction.** The decision on the sanction to be imposed shall be the department's. The following factors shall be considered in determining the sanction or sanctions to be imposed:

- a.* Seriousness of the offense.
- b.* Extent of violations.
- c.* History of prior violations.
- d.* Prior imposition of sanctions.
- e.* Prior provision of technical assistance.
- f.* Provider pattern of failure to follow program rules.
- g.* Whether a lesser sanction will be sufficient to remedy the problem.
- h.* Actions taken or recommended by peer review groups or licensing bodies.

**185.12(4) Scope of sanction.**

- a.* The sanction may be applied to all known affiliates of a provider, provided that each decision to include an affiliate is made on a case-by-case basis after giving due regard to all relevant factors and circumstances. The violation, failure, or inadequacy of performance may be imputed to a person with whom the violator is affiliated where the conduct was accomplished in the course of official duty or was effectuated with the knowledge or approval of that person.

b. Suspension or termination from provision of rehabilitative treatment services shall preclude the provider from submitting claims for payment whether personally or through claims submitted by a clinic, group, corporation, or other association to the department for any services provided after suspension or termination.

c. No clinic, group, corporation, or other association which is the provider of services shall submit claims for payments to the department for any services or supplies provided by a person within the association who has been suspended or terminated from provision of rehabilitative treatment services except for those services provided prior to the suspension or termination.

d. When there are grounds for sanction pursuant to subrule 185.12(1) against a clinic, group, corporation, or other association, the department may suspend or terminate the organization, or any other individual person within the organization who is responsible for the violation.

**185.12(5) Notice of sanction.** When a provider has been sanctioned, the department shall notify as appropriate the applicable professional society, board of registration or licensure, and federal or state agencies of the findings made and the sanctions imposed.

**185.12(6) Notice of violation.** Should the department have information that indicates that a provider may have submitted bills or been practicing in a manner inconsistent with the program requirements, or may have received payment for which the provider may not be properly entitled, the department shall notify the provider of the discrepancies noted. Notification shall set forth:

- a. The nature of the discrepancies or violations.
- b. The known dollar value of the discrepancies or violations.
- c. The method of computing the dollar value.
- d. Notification of further actions to be taken or sanctions to be imposed by the department.
- e. Notification of any actions required of the provider. The provider shall have 15 days subsequent to the date of the notice prior to the department action to show cause why the action should not be taken.

**185.12(7) Suspension or withholding of payments pending a final determination.** When the department has notified a provider of a violation pursuant to 185.12(6) or an overpayment, the department may withhold payments on pending and subsequently received claims in an amount reasonably calculated to approximate the amounts in question or may suspend payment pending a final determination. When the department intends to withhold or suspend payments, it shall notify the provider in writing.

#### **441—185.13(234) Provider audits.**

**185.13(1) Provider monitoring.** The department shall have the authority to conduct a scheduled or an unannounced site visit to evaluate the adequacy of documentation in compliance with the policies and procedures for rehabilitative treatment and supportive services. The provider shall maintain the following documentation for each program.

- a. List of all staff and supervisors providing services and their qualifications.
- b. Number of staff hired and terminated in the year to date.
- c. to g. Rescinded IAB 1/4/95, effective 2/1/95.

#### **185.13(2) Audit of clinical and fiscal records by the department.**

a. Authorized representatives of the department shall have the right, upon proper identification, and using generally accepted auditing procedures, to review the clinical and fiscal records of the provider to determine whether:

- (1) The department has accurately paid claims for goods or services.
- (2) The provider has furnished the services.

(3) The provider has retained clinical and fiscal records which substantiate claims submitted for payment during the audit period as described at 441—Chapters 156 and 182, subrules 185.10(6) and 185.102(3), and rule 441—79.3(249A).

*b.* Records generated and maintained by the department or its fiscal agent may be used by auditors and in all proceedings of the department.

*c.* Any service provider may be audited at any time at the discretion of the department.

*d.* The department shall select the appropriate method of conducting an audit and shall protect the confidential nature of the records being reviewed. The provider may be required to furnish records to the department. The provider may select the method of delivering any requested records to the department. Audit procedures may include, but are not limited to, the following:

- (1) Comparing clinical and fiscal records with each claim.
- (2) Interviewing recipients of services and employees of providers.

*e.* The department's procedures for auditing rehabilitative treatment services providers may include the use of random sampling and extrapolation. When these procedures are used, all sampling will be performed within acceptable statistical methods, yielding not less than a 95 percent confidence level. Findings of the sample will be extrapolated to the universe for the audit period.

(1) The audit findings generated through the audit procedure shall constitute prima facie evidence in all department proceedings of the number and amount of requests for payment as submitted by the provider.

(2) When the department's audit findings have been generated through the use of sampling and extrapolation, and the provider disagrees with the findings, the burden of proof of compliance rests with the provider. The provider may present evidence to show that the sample was invalid. The evidence may include a 100 percent audit of the universe of provider records used by the department in the drawing of the department's sample. This audit shall:

1. Be arranged and paid for by the provider.
2. Be conducted by a certified public accountant.
3. Demonstrate that bills and records not reviewed in the department's sample were in compliance with program regulations.
4. Be submitted to the department with all supporting documentation.

(3) The total of the payments determined to be in error in the audit sample shall be divided by the total payments in the reviewed audit sample to calculate the percentage of dollars paid in error. This sample error payment rate shall then be multiplied by the total dollars in the audit universe from which the audit sample was selected to determine the extrapolated overpayment.

*f.* Actions based on audit findings.

(1) The department shall report the results of an audit of provider records to concerned parties consistent with the provisions of 441—Chapter 9.

(2) When an overpayment is found, the department may proceed with one or more of the following:

1. Request repayment in writing.
2. Impose sanctions provided for in rule 441—185.12(234).
3. Investigate and refer to an agency empowered to prosecute.

*g.* Appeal by provider. Providers may appeal decisions of the department according to rules in 441—Chapter 7.

These rules are intended to implement Iowa Code sections 234.6 and 234.38.

**441—185.14 to 185.20** Reserved.

DIVISION II  
FAMILY-CENTERED PROGRAM

PREAMBLE

Family-centered services provide assistance to children and their families to prevent and alleviate child abuse and neglect, to prevent and alleviate delinquency, to prevent out-of-home child placements, to reunite families that have had children placed outside the home, to promote service continuity or provide specialized service programs as necessary for children placed in out-of-home care when reunification is not the case plan goal, and to maintain family reunification or other alternative permanent placement after a child has been returned to the family or placed in a permanent setting after an out-of-home placement.

The goals of the family-centered program are to assist the child and family in developing and using their own support systems and resources to reduce the risk of harm to the child, family, or the community.

Services provided to a child and family will reflect the needs of that family and the intensity and frequency of the crisis situation, the child's behavior, the potential for abuse and neglect or the potential for delinquency.

**441—185.21(234) Component services.** Component services of family-centered services are:

1. Restorative living skills development.
2. Family skill development.
3. Social skills development.
4. Therapy and counseling services.
5. Psychosocial evaluation.

**441—185.22(234) Service cores.** Providers offering family-centered services shall provide one or more of the following sets of services. Component services shall be provided in core sets of services as follows:

**185.22(1) Service core one.** Services in this core are delivered to a child or family to develop and implement a planned and structured therapeutic approach to address the presenting factors identified through the diagnostic and assessment process.

- a. Therapy and counseling shall comprise service core one.
- b. These services shall:
  - (1) Occur on a face-to-face basis.
  - (2) Be directed toward the needs of the child and shall include the child, other family members, or both.
  - (3) Be delivered in whatever locations the referral worker's social casework findings indicate are appropriate to ensure that reasonable efforts are being made to meet the family's needs.
- c. Units of service shall be provided in one-half hour increments.
- \*d. Services shall be reimbursed for each billable unit of core one services authorized and delivered. Services shall not be provided while driving a motor vehicle.

\*Effective date delayed 70 days from 8/1/95 by the Administrative Rules Review Committee at its meeting held July 11, 1995.

**185.22(2) Service core two.** Services in this core are delivered to a child or family to build the necessary skills of the child and family, to ameliorate the identified problems, and to assist the child and family to function in the community on a daily basis.

*a.* Skill development services shall comprise service core two. Skill development services include restorative living skills, social skills and family skills development.

*b.* These services shall:

- (1) Occur on a face-to-face basis.
- (2) Be directed toward the needs of the child and shall include the child, other family members, or both.
- (3) Be delivered in whatever locations the referral worker's social casework findings indicate are appropriate to ensure that reasonable efforts are being made to meet the family's needs.

*c.* Units of service shall be provided in one-half hour increments.

*\*d.* Services shall be reimbursed for each billable unit of core two services authorized and delivered. Services shall not be provided while driving a motor vehicle.

**185.22(3) Service core three.** Services in this core are delivered to a child or family to evaluate the environmental factors that impact the child and family and identify goals and resources to promote the general functioning of the child and family.

*a.* A psychosocial evaluation shall comprise service core three.

*b.* These services shall:

- (1) Occur on a face-to-face basis.
- (2) Be directed toward the needs of the child and shall include the child, other family members, or both.
- (3) Be delivered in whatever locations the referral worker's social casework findings indicate are appropriate to ensure that all reasonable efforts are being made to meet the family's needs.

*c.* Units of service shall be provided in one-half hour increments.

*\*d.* Services shall be reimbursed for each billable unit of core three services authorized and delivered. Services shall not be provided while driving a motor vehicle.

\*Effective date delayed 70 days from 8/1/95 by the Administrative Rules Review Committee at its meeting held July 11, 1995.

**441—185.23(234) Desired outcomes of family-centered services.** Desired outcomes include achievement of or movement toward the goals identified in the case permanency plan, treatment plan, or court order, continuing involvement in an active school program or employment (if age appropriate), elimination of risk of abuse or neglect of the child by the family, ensuring family remains intact, and eliminating risk of delinquency of the child.

**441—185.24(234) Duration of services.** Family-centered services shall not be authorized for more than six months from the initial day of contact by the provider. Prior approval shall be obtained from the review organization for services to extend beyond the time period authorized initially.

These rules are intended to implement Iowa Code section 234.6.

**441—185.25 to 185.40** Reserved.

DIVISION III  
FAMILY PRESERVATION PROGRAM

PREAMBLE

The family preservation program provides highly intensive and time-limited service interventions that are developed to prevent out-of-home placement of children. Services are designed to meet the needs of the family in crisis, with children that are in imminent or high risk of placement outside the home. The program is defined by:

- A brief service duration averaging 45 calendar days and not exceeding 60 calendar days.
- Small caseloads with an average staff-to-client ratio of 1 to 3.5 and not to exceed 1 to 4.
- A greater intensity and frequency of services provided to children and families in family preservation than the intensity of services provided to children and families participating in family-centered services.

The goals of the family preservation program are to defuse the current crisis, evaluate its nature and intervene to reduce the likelihood of its recurrence, ensure linkage to needed community services and resources, improve the ability of parents to care for their children, and prevent out-of-home placements.

The family preservation program is designed to complement an existing array of family-centered services and is distinguished from family-centered services by the capacity to intervene immediately in a crisis situation by having:

- Availability to referral workers and families 24 hours a day, 7 days a week.
- Face-to-face contact within 24 hours of referral for children at high risk of placement.
- Immediate voice contact with face-to-face contact within three hours of referral for children at immediate risk of placement.

Family preservation services are to be provided with family preservation supportive services as defined in rule 441—181.1(234).

**441—185.41(234) Component services.** Component services for family preservation services shall include:

1. Skill development services (one or more of the following: restorative living skills, family skills, and social skills).
2. Therapy and counseling services.
3. Psychosocial evaluation.

**441—185.42(234) Core services.** Component services shall be provided in one core set of services which includes skill development services (one or more of the following: family skills, restorative living skills, and social skills), therapy and counseling services, and psychosocial evaluation. Services shall be provided as follows:

- 185.42(1) Method of provision.** These services shall:
- a. Occur on a face-to-face basis.
  - b. Be directed toward the child and shall include family members.
  - c. Be delivered in whatever locations the referral worker's social casework findings indicate are appropriate to ensure that reasonable efforts are being made to meet the family's needs.

**185.42(2) Unit of service.** The unit of service for the family preservation program shall be the family.

**\*185.42(3) Reimbursement methodology.** Payment for treatment services for family preservation clients shall be based on either 10 or fewer days of service, or more than 10 days of service that has a duration limited to 60 calendar days but is expected to last an average of 45 calendar days. Services shall not be provided while driving a motor vehicle.

\*Effective date delayed 70 days from 8/1/95 by the Administrative Rules Review Committee at its meeting held July 11, 1995.

**441—185.43(234) Duration of services.** Family preservation services are to be of brief service duration, averaging 45 calendar days, not to exceed 60 calendar days.

**441—185.44(234) Desired outcomes of family preservation.** Desired outcomes include achieving of or movement toward the goals identified in the permanency plan, treatment plan or court order, continuing involvement in an active school program or employment (if age appropriate), eliminating risk of abuse or neglect of the child by the family, ensuring family remains intact, and eliminating risk of delinquency of the child.

**441—185.45(234) Provision of services to children placed out of home.** Family preservation services may be provided to a family with one or more children placed out of the home when the services are initiated within 30 calendar days after the date the child has been placed out of home in a setting other than a psychiatric medical institution for children, group care, or family foster care with rehabilitative treatment services and when the child can be returned home within 5 calendar days of service initiation.

These rules are intended to implement Iowa Code section 234.6.

**441—185.46 to 185.60** Reserved.

DIVISION IV  
FAMILY FOSTER CARE TREATMENT SERVICES

PREAMBLE

Family foster care rehabilitative treatment services are a coherent, integrated constellation of services designed to provide treatment to a child in a foster home setting and to the child's family when the child and family have needs related to emotional or behavioral disturbances and other dysfunctional behaviors. Treatment is the coordinated provision of services designed to produce a planned outcome in a child's and family's behavior, attitude or general condition based on a thorough assessment of the child and environment.

The goals of family foster care treatment services are to alleviate negative effects the child has suffered as a result of separation from the family, damage to self-worth through placement, and other events in the child's past, develop a plan and provide and coordinate therapeutic activities consistent with this plan to address the child's treatment needs related to mental, physical or emotional disabilities, and provide services to the family to enable parents to meet their children's physical and emotional needs, and assist in the reunification process.

Other services which may be provided in conjunction with family foster care rehabilitative treatment services include, but are not limited to, family foster care supervision and family-centered services.



**441—185.61(234) Component services.** Component services of rehabilitative treatment services to children in family foster care and their families are:

1. Restorative living skills development.
2. Family skills development.
3. Social skills development.
4. Therapy and counseling services.
5. Behavioral management for children in therapeutic foster care.

**441—185.62(234) Core services.** Providers offering family foster care rehabilitative treatment services shall provide one or more of the component sets of services.

**185.62(1) Service core one.** Services in this core are delivered to a child or family to develop and implement a planned and structured therapeutic approach to address the presenting factors identified through the diagnostic and assessment process.

- a. Therapy and counseling shall comprise service core one.
- b. These services shall:

- (1) Occur on a face-to-face basis.
- (2) Be directed toward the needs of the child and shall include the child, other family members, or both.

- (3) Be delivered in whatever locations the referral worker's social casework findings indicate are appropriate to ensure that all reasonable efforts are being made to meet the child and family's needs.

- c. Units of service shall be provided in one-half hour increments.

\*d. Services shall be reimbursed for each billable unit of core one services authorized and delivered. Services shall not be provided while driving a motor vehicle.

**185.62(2) Service core two.** Services in this core are delivered to a child or family to build the necessary skills of the child and family, to ameliorate the identified problems and to enable the child and family to function in the community on a daily basis.

- a. Skill development services shall comprise service core two. Skill development services include restorative living skills, social skills and family skills development.

- b. These services shall:

- (1) Occur on a face-to-face basis.
- (2) Be directed toward the needs of the child and shall include the child, other family members, or both.

- (3) Be delivered in whatever locations the referral worker's social casework findings indicate are appropriate to ensure that all reasonable efforts are being made to meet the child's or family's needs.

- c. Units of service shall be provided in one-half hour increments.

\*d. Services shall be reimbursed for each billable unit of core two services authorized and delivered. Services shall not be provided while driving a motor vehicle.

**185.62(3) Service core three.** Services in this core are delivered to a child and treatment foster family and shall only be provided to a child placed in foster families meeting the requirements in paragraph 185.10(8) "b." These services provide initial and ongoing assistance to the child and foster family with developing, implementing, and revising the care plan for the child.

- a. Behavioral management for children in therapeutic foster care shall comprise service core three.

\*Effective date delayed 70 days from 8/1/95 by the Administrative Rules Review Committee at its meeting held July 11, 1995.

*b.* These services shall:

- (1) Occur on a face-to-face basis.
- (2) Be directed toward the needs of the child and shall include the treatment foster family.
- (3) Be delivered in whatever locations the referral worker's social casework findings indicate are appropriate to ensure that all reasonable efforts are being made to meet the child's needs.

*c.* Units of service shall be provided in one-half hour increments.

*\*d.* Services shall be reimbursed for each billable unit of core three services authorized and delivered. Services shall not be provided while driving a motor vehicle.

\*Effective date delayed 70 days from 8/1/95 by the Administrative Rules Review Committee at its meeting held July 11, 1995.

**185.62(4)** *Difficulty of care payments to foster families.* Additional care provided by the foster family to meet the child's special needs shall be considered difficulty of care maintenance.

**441—185.63(234) Duration of services.** Family foster care rehabilitative treatment services shall not be authorized for more than six months from the initial day of service provision by the provider. Prior approval shall be obtained from the review organization for services to extend beyond the time period authorized initially.

**441—185.64(234) Desired outcomes of family foster care treatment services.** Desired outcomes include achieving movement towards the goals identified in the child's case permanency plan, treatment plan, or court order, continued involvement in an active school program or employment (if age appropriate), eliminating risk of abuse or neglect of the child by the family, reducing or eliminating risk of delinquency of the child, and moving to a more permanent or less restrictive level of care (e.g., family, adoption, or independent living).

These rules are intended to implement Iowa Code section 234.38.

**441—185.65 to 185.80** Reserved.

DIVISION V  
GROUP TREATMENT

## PREAMBLE

Group treatment is a highly structured treatment service in a licensed group care setting having intensive staff supervision and programs for children who may include emotionally disturbed, aggressive or multihandicapped children or adolescents. These children are not able to live in a less restrictive environment due to the intensity or severity of their current emotional problems, behavioral disorders or acting-out behaviors. The treatment program is behavioral, psychological, and psychosocial in orientation.

The goals of group treatment are to enable children to overcome their problems by meeting their treatment needs, to prevent placement in an institutional setting, and to assist children to move to a less restrictive community placement with plans toward eventual placement in a family or independent living situation.

**441—185.81(234) Required component services.** Component services for agencies providing group treatment services to the child shall include:

1. Restorative living skills development.
2. Social skills development.
3. Therapy and counseling services provided to the child, except that therapy and counseling shall not be included as a required component in facilities licensed under 441—Chapter 116 or 481—Chapter 57 or 63. For facilities licensed under 441—Chapter 116 or 481—Chapter 57 or 63, therapy and counseling shall be provided, based on the needs of the individual child, as an additional service pursuant to rule 441—185.84(234).

**\*441—185.82(234) Optional services.** Group treatment providers are required to address the treatment services needed to reunite the family. The following services may be provided to the family of a child in group treatment:

1. Family skill development.
2. Therapy and counseling provided to family members.

These component services shall be individually purchased based on the needs of the child and the child's family and are not included in the required core services for children in group treatment.

These component services shall occur on a face-to-face basis, be directed to the needs of the child, and shall include the child, other family members, or both. Services shall not be provided while driving a motor vehicle.

**441—185.83(234) Levels of group treatment.** There shall be four levels of group treatment. These levels are differentiated by the intensity and frequency of treatment services and the supervision and structure required by a child who presents various levels of emotional or behavioral problems. The four levels of group treatment are:

\*Effective date delayed 70 days from 8/1/95 by the Administrative Rules Review Committee at its meeting held July 11, 1995.

**185.83(1) Community residential group treatment.** Community residential group treatment provides treatment in a facility licensed under 441—Chapter 114, 115, or 116, 481—Chapter 57 or 63, or 643—Chapter 3 for individuals who are unable to live in family situations due to emotional or behavioral disabilities but are capable of interacting in a community environment. This level of treatment requires a level of supervision and intensity of programming required to treat children who present less intensive emotional or behavioral problems. Restorative living and social skills development will be provided to individuals on a daily basis. Therapy and counseling to the child, either on a group or individual basis, shall be provided in accordance with the requirements of subrule 185.83(5), except for facilities licensed under 441—Chapter 116 or 481—Chapter 57 or 63. Children are provided with 24-hour supervision, 16 hours of which staff is awake.

a. Children receiving community residential group treatment shall receive the following services: restorative living or social skills development and group or individual therapy and counseling. Therapy and counseling services shall be provided to each child in accordance with the requirements of subrule 185.83(5).

b. There shall be at least one staff meeting the qualifications for skill development services for every eight children during prime programming time except that facilities licensed under 441—Chapter 116 shall have at least one staff meeting the qualifications for skill development services for every four children during prime programming time. During nonprime programming time, child care staff shall also meet the qualifications for skill development services. During sleeping time, child care staff shall meet the qualifications in 441—paragraph 114.8(1) “c,” except that the child care staff in facilities licensed under 441—Chapter 116 shall meet the qualifications of paraprofessional direct-service providers in 441—paragraph 116.3(1) “a.”

c. These services shall be provided on a face-to-face basis with the child.

d. The unit of service for community residential group treatment shall be one day.

e. The payment for the daily rate shall be based on a 365-day year.

**185.83(2) Comprehensive residential treatment.** Comprehensive residential treatment provides treatment in a facility licensed under 441—Chapter 115 or 643—Chapter 3 for children who are unable to live in a family situation due to social, emotional, or behavioral disabilities and who require a structured program of supervision and treatment services as indicated in the individual treatment plan. These youth are not able to function in the community without supervision. Specialized behavior management techniques are often used several times per day. In addition, individuals in comprehensive residential group treatment shall require and receive interventions several times daily to enhance their living and social skills. In addition to the intensive programming and structure, the children are provided with 24-hour awake supervision.

a. Component services to be provided to individuals in comprehensive residential treatment include: restorative living or social skills development provided several times per day and group or individual therapy or counseling. Therapy and counseling services shall be provided to each child in accordance with the requirements of subrule 185.83(5).

b. There shall be at least one staff meeting the qualifications for skill development services for every five children during prime programming time. During nonprime programming time, child care staff shall also meet the qualifications for skill development services. During sleeping time, child care staff shall meet the qualifications in 441—paragraph 114.8(1) “c.”

c. The payment for the daily rate shall be based on a 365-day year.

d. The unit of service for comprehensive residential group treatment shall be one day.

e. These services shall be provided on a face-to-face basis with the child.

**185.83(3) *Enhanced residential treatment.*** Enhanced residential treatment provides treatment in a facility licensed under 441—Chapter 115 for children who are unable to live in a family situation due to severe social, emotional or behavioral disabilities and who require a high degree of supervision, structure and treatment services as indicated in the individual treatment plan due to aggressive or other acting-out behavior which may threaten the safety of the individual or the individual's community or family.

Specialized behavior management techniques are used several times per day. In addition, children receiving enhanced residential treatment shall require and receive interventions several times daily to enhance their restorative living and social skills. In addition to the intensive programming and structure, the children are provided with 24-hour awake supervision.

*a.* Children in enhanced residential treatment shall receive the following services: restorative living or social skills development several times per day and group or individual therapy or counseling. Therapy and counseling services shall be provided to each child in accordance with the requirements of subrule 185.83(5).

*b.* During prime programming time, the following ratios of skill development staff to children shall be maintained: 1 staff for facilities serving up to 4 children, 2 for facilities serving 5 to 7 children, 3 for facilities serving 8 to 10 children, 4 for facilities serving 11 to 13 children, 5 for facilities serving 14 to 16 children, 6 for facilities serving 17 to 19 children, and 1 staff for every 3 children for facilities serving 20 or more children. During nonprime programming time, child care staff shall also meet the qualifications for skill development services. During sleeping time, child care staff shall meet the qualifications in 441—paragraph 114.8(1)“c.”

*c.* The payment for the daily rate shall be based on a 365-day year.

*d.* The unit of service for enhanced residential treatment shall be one day.

*e.* Services shall be provided on a face-to-face basis with the child.

**185.83(4) *Highly structured juvenile program.*** A highly structured juvenile program must meet the following requirements for licensing, admissions, readmission and discharge, and program and services.

*a. Licensing.* Facilities shall be licensed under 441—Chapter 114 or 115.

*b. Admission criteria.* Characteristics of the target population to be served by this program include young men who:

(1) Are aged 15, 16, or 17.

(2) Have been adjudicated delinquent for a public offense that is a serious misdemeanor or above, but is not a forcible felony.

(3) Are not able to benefit further from community-based services at the time of placement, but would be able to successfully return to the community following intensive short-term residential treatment.

Regional administrators for the department, in consultation with juvenile court services, shall have authority to place youth that lack one or more target population characteristics on a case-by-case basis. A regional administrator or designee may delegate this authority to the chief juvenile court officers or their designees. The department and juvenile court services shall keep data on the children placed who lack one or more of the target population characteristics.

*c. Readmission and discharge.* Program participants may be readmitted to the program for an additional 30, 60, or 90 days. A readmission shall be decided upon and processed in the same manner as the original admission, using the same criteria. A readmission should be a rare occurrence, used only when troublesome behaviors, diagnoses or problems arise late in the original placement, and more time in the program will benefit the child. The department and juvenile court services shall keep data on the children readmitted to the program.

There are no temporary discharges from the highly structured program to detention or other placement for discipline purposes.

*d. Program and services.* This program is a short-term treatment program with a length of stay of 90 days. Program participants are assembled in cohorts (groups of youth that advance through the program together). Each cohort is a number that is one-third of the program, with a cohort scheduled to finish the 90-day program in 30 days. Discharge planning must be started within the first 30 calendar days of placement.

(1) Youth shall receive restorative living skills development as needed and social skills development several times per day.

(2) One hour of therapy and counseling services shall be provided every week to each youth.

(3) The prime programming time hours and staff-to-client ratio shall meet the treatment and supervision needs of the youth served as specified in 185.10(8)“c”(4).

(4) The payment for the daily rate shall be calculated based on a 30-day month. If, however, the department is able to provide payment based on the actual number of days in a month, rates shall be adjusted accordingly.

(5) The unit of service for highly structured juvenile residential treatment shall be one day.

(6) Services shall be provided on a face-to-face basis with the child.

(7) Duration shall not exceed three calendar months.

(8) Youth shall have supervision 24 hours a day by awake staff.

**185.83(5) Therapy and counseling requirements for community residential group treatment, comprehensive residential treatment, and enhanced residential treatment.** The department requires a designated number of hours of therapy and counseling services during each calendar month for children in community residential group treatment, comprehensive residential treatment and enhanced residential treatment, as set forth in this subrule.

*a. Community residential group treatment.* Each child in community residential group treatment shall receive the number of hours of therapy and counseling services set forth below, based upon the number of days during the calendar month that the child is present in the facility.

Number of days present in facility	Required number of hours
1-6	0
7-13	1
14-20	2
21-27	3
28-31	4

The required number of hours of therapy and counseling may be provided on any day during the calendar month that the child is present in the facility, and may be provided on either a group or individual basis.

*b. Comprehensive residential treatment.* Each child in comprehensive residential treatment shall receive the number of hours of therapy and counseling services set forth below, based upon the number of days during the calendar month that the child is present in the facility.

Number of days present in facility	Required number of hours
1-3	0
4-6	1
7-13	2
14-20	4
21-27	6
28-31	8

The required number of hours of therapy and counseling may be provided on any day during the calendar month that the child is present in the facility, and may be provided on either a group or individual basis.

c. *Enhanced residential treatment.* Each child in enhanced residential treatment shall receive the number of hours of therapy and counseling services set forth below, based upon the number of days during the calendar month that the child is present in the facility.

Number of days present in facility	Required number of hours
1-2	0
3-4	1
5-6	2
7-13	3
14-20	6
21-27	9
28-31	12

The required number of hours of therapy and counseling may be provided on any day during the calendar month that the child is present in the facility, and may be provided on either a group or individual basis.

d. *Satisfaction of required therapy and counseling with additional services contracted for under rule 441—185.84(234).*

(1) If the review organization has authorized additional therapy and counseling services to the child under rule 441—185.84(234), and the provider has failed to meet the therapy and counseling requirements established in this subrule, the additional therapy and counseling services provided when the child is present in the facility shall be applied toward satisfaction of the therapy and counseling requirements established in this subrule.

(2) To the extent that the additional therapy and counseling services are applied to satisfy the therapy and counseling requirements, the provider shall not be entitled to payment for additional therapy and counseling services under rule 441—185.84(234).

**441—185.84(234) Additional services provided in group care.** Additional therapy and counseling services to the child that are in excess of frequency and intensity of services set forth in the core group of services and which are approved by the review organization pursuant to rule 441—185.4(234) shall be provided on an individual unit basis. Units of additional therapy and counseling provided in group care shall be defined and reimbursed in half-hour increments, with a billable unit being face-to-face contact with the child. The provider may bill for additional units after documenting that the services are in excess of that required in the daily rate.

**441—185.85(234) Duration of services.** Group treatment services shall not be authorized for more than six months from the initial day of service provision by the provider. Prior approval shall be obtained from the review organization for services to extend beyond the time period authorized initially.

**441—185.86(234) Desired outcomes of group treatment.** Desired outcomes are to achieve or document movement toward the goals identified in the permanency plan, treatment plan, or court order, continue engagement in an active school program or employment, reduce or eliminate risk of delinquency of the child, eliminate risk of abuse of the child by the family, and movement to less restrictive level of care (e.g., family, family foster care, independent living).

These rules are intended to implement Iowa Code section 234.38.

**441—185.87 to 185.100** Reserved.