- d. Comprehensive care plans.
- (1) The facility shall develop a comprehensive care plan for each resident that includes measurable objectives and timetables to meet a resident's medical, nursing, and mental and psychosocial needs that are identified in the comprehensive assessment.

The care plan shall describe the following:

- 1. The services that are to be furnished to attain or maintain the resident's highest practicable physical, mental, and psychosocial well-being as required under subrule 81.13(10).
- 2. Any services that would otherwise be required under subrule 81.13(10), but are not provided due to the resident's exercise of rights under subrule 81.13(5), including the right to refuse treatment under subrule 81.13(5), paragraph "b," subparagraph (4).
- (2) A comprehensive care plan shall be developed within seven days after completion of the comprehensive assessment by an interdisciplinary team and with the participation of the resident's family or legal representative to the extent practicable, and shall be periodically reviewed and revised by a team of qualified persons after each assessment.

The interdisciplinary team shall include the attending physician, a registered nurse with responsibility for the resident, and other appropriate staff in disciplines as determined by the resident's needs.

- (3) The services provided or arranged by the facility shall meet professional standards of quality and be provided by qualified persons in accordance with each resident's written plan of care.
- e. Discharge summary. When the facility anticipates discharges, a resident shall have a discharge summary that includes:
  - (1) A recapitulation of the resident's stay.
- (2) A final summary of the resident's status to include items in paragraph "b," subparagraph (2) above, at the time of the discharge that is available for release to authorized persons and agencies, with the consent of the resident or legal representative.
- (3) A postdischarge plan of care developed with the participation of the resident and resident's family which will assist the resident to adjust to a new living environment.
  - f. Preadmission screening for mentally ill individuals and individuals with mental retardation.
- (1) A nursing facility shall not admit a new resident with mental illness or mental retardation unless the division of mental health, mental retardation, and developmental disabilities has approved the admission, based on an independent physical and mental health evaluation. This evaluation shall be reviewed by the Iowa Foundation for Medical Care prior to admission to determine whether the individual requires the level of services provided by the facility because of the physical and mental condition of the individual. If the individual requires nursing facility level of services, the individual shall receive specialized services for mental illness or mental retardation.
  - (2) Definition. For purposes of this rule:
- 1. An individual is considered to have "mental illness" if the individual has a primary or secondary diagnosis of mental disorder (as defined in the Diagnostic and Statistical Manual of Mental Disorders, 3rd edition) and does not have a primary diagnosis of dementia (including Alzheimer's disease or a related disorder).
- 2. An individual is considered to be "mentally retarded" if the individual is mentally retarded or a person with a related condition as described in 42 CFR 435.1009.
- g. Preadmission resident assessment. The facility shall conduct prior to admission a resident assessment of all persons seeking nursing facility placement. The assessment information gathered shall be similar to the data in the minimum data set (MDS) resident assessment tool.
- **81.13(10)** *Quality of care.* Each resident shall receive and the facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental and psychosocial wellbeing, in accordance with the comprehensive assessment and plan of care.

- a. Activities of daily living. Based on the comprehensive assessment of a resident, the facility shall ensure that:
- (1) A resident's abilities in activities of daily living do not diminish unless circumstances of the individual's clinical condition demonstrate that diminution was unavoidable. This includes the resident's ability to bathe, dress and groom; transfer and ambulate; toilet; eat, and to use speech, language or other functional communication systems.
- (2) A resident is given the appropriate treatment and services to maintain or improve the resident's abilities specified in subparagraph (1) above.
- (3) A resident who is unable to carry out activities of daily living receives the necessary services to maintain good nutrition, grooming, and personal and oral hygiene.
- b. Vision and hearing. To ensure that residents receive proper treatment and assistive devices to maintain vision and hearing abilities, the facility shall, if necessary, assist the resident:
  - (1) In making appointments.
- (2) By arranging for transportation to and from the office of a medical practitioner specializing in the treatment of vision or hearing impairment or the office of a professional specializing in the provision of vision or hearing assistive devices.
- c. Pressure sores. Based on the comprehensive assessment of a resident, the facility shall ensure that:
- (1) A resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that they were unavoidable.
- (2) A resident having pressure sores receives necessary treatment and services to promote healing, prevent infection and prevent new sores from developing.
- d. Urinary incontinence. Based on the resident's comprehensive assessment, the facility shall ensure that:
- (1) A resident who enters the facility without an indwelling catheter is not catheterized unless the resident's clinical condition demonstrates that catheterization was necessary.
- (2) A resident who is incontinent of bladder receives appropriate treatment and services to prevent urinary tract infections and to restore as much normal bladder function as possible.
- e. Range of motion. Based on the comprehensive assessment of a resident, the facility shall ensure that:
- (1) A resident who enters the facility without a limited range of motion does not experience reduction in range of motion unless the resident's clinical condition demonstrates that a reduction in range of motion is unavoidable.
- (2) A resident with a limited range of motion receives appropriate treatment and services to increase range of motion to prevent further decrease in range of motion.
- *f. Mental and psychosocial functioning.* Based on the comprehensive assessment of a resident, the facility shall ensure that:
- (1) A resident who displays mental or psychosocial adjustment difficulty receives appropriate treatment and services to correct the assessed problem.
- (2) A resident whose assessment did not reveal a mental or psychosocial adjustment difficulty does not display a pattern of decreased social interaction or increased withdrawn, angry or depressive behaviors, unless the resident's clinical condition demonstrates that such a pattern was unavoidable.

- g. Naso-gastric tubes. Based on the comprehensive assessment of a resident, the facility shall ensure that:
- (1) A resident who has been able to eat enough alone or with assistance is not fed by naso-gastric tube unless the resident's clinical condition demonstrates that use of a naso-gastric tube was unavoidable.
- (2) A resident who is fed by a naso-gastric or gastrostomy tube receives the appropriate treatment and services to prevent aspiration pneumonia, diarrhea, vomiting, dehydration, metabolic abnormalities, and nasalpharyngeal ulcers and to restore, if possible, normal eating skills.
  - h. Accidents. The facility shall ensure that:
  - (1) The resident environment remains as free of accident hazards as is possible.
  - (2) Each resident receives adequate supervision and assistive devices to prevent accidents.
- i. Nutrition. Based on a resident's comprehensive assessment, the facility shall ensure that a resident:
- (1) Maintains acceptable parameters of nutritional status, such as body weight and protein levels, unless the resident's clinical condition demonstrates that this is not possible.
  - (2) Receives a therapeutic diet when there is a nutritional problem.
- *j.* Hydration. The facility shall provide each resident with sufficient fluid intake to maintain proper hydration and health.
- *k.* Special needs. The facility shall ensure that residents receive proper treatment and care for the following special services:
  - (1) Injections.
  - (2) Parenteral and enteral fluids.
  - (3) Colostomy, ureterostomy or ileostomy care.
  - (4) Tracheostomy care.
  - (5) Tracheal suctioning.
  - (6) Respiratory care.
  - (7) Foot care.
  - (8) Prostheses.
  - l. Unnecessary drugs.
- (1) General. Each resident's drug regimen shall be free from unnecessary drugs. An unnecessary drug is any drug when used:
  - 1. In excessive dose including duplicate drug therapy; or
  - 2. For excessive duration: or
  - 3. Without adequate monitoring; or
  - 4. Without adequate indications for its use; or
- 5. In the presence of adverse consequences which indicate the dose should be reduced or discontinued; or
  - Any combinations of the reasons above.
- (2) Antipsychotic drugs. Based on a comprehensive assessment of a resident, the facility shall ensure that:
- Residents who have not used antipsychotic drugs are not given these drugs unless antipsychotic drug therapy is necessary to treat a specific condition as diagnosed and documented in the clinical record.
- 2. Residents who use antipsychotic drugs receive gradual dose reductions and behavioral programming, unless clinically contraindicated in an effort to discontinue these drugs.

- m. Medication errors. The facility shall ensure that:
- (1) It is free of significant medication error rates of 5 percent or greater.
- (2) Residents are free of any significant medication errors.
- **81.13(11)** *Nursing services.* The facility shall have sufficient nursing staff to provide nursing and related services to attain or maintain the highest practicable physical, mental, and psychosocial well-being of each resident, as determined by resident assessments and individual plans of care.
  - Sufficient staff.
- (1) The facility shall provide services by sufficient numbers of each of the following types of personnel on a 24-hour basis to provide nursing care to all residents in accordance with resident care plans:
  - 1. Except when waived under paragraph "c," licensed nurses.
  - 2. Other nursing personnel.
- (2) Except when waived under paragraph "c," the facility shall designate a licensed nurse to serve as a charge nurse on each tour of duty.
  - b. Registered nurse.
- (1) Except when waived under paragraph "c," the facility shall use the services of a registered nurse for at least eight consecutive hours a day, seven days a week.
- (2) Except when waived under paragraph "c," the facility shall designate a registered nurse to serve as the director of nursing on a full-time basis.
- (3) The director of nursing may serve as a charge nurse only when the facility has an average daily occupancy of 60 or fewer residents.
- c. Nursing facilities. Waiver of requirement to provide licensed nurses on a 24-hour basis. A facility may request a waiver from either the requirement that a nursing facility provide a registered nurse for at least eight consecutive hours a day, seven days a week, as specified in paragraph "b," or the requirement that a nursing facility provide licensed nurses on a 24-hour basis, including a charge nurse as specified in paragraph "a," if the following conditions are met:
- (1) The facility demonstrates to the satisfaction of the state that the facility has been unable, despite diligent efforts (including offering wages at the community prevailing rate for nursing facilities), to recruit appropriate personnel.
- (2) The department of inspections and appeals determines that a waiver of the requirement will not endanger the health or safety of individuals staying in the facility.
- (3) The department of inspections and appeals finds that, for any periods in which licensed nursing services are not available, a registered nurse or a physician is obligated to respond immediately to telephone calls from the facility.
- (4) A waiver granted under the conditions listed in paragraph "c" is subject to annual department of inspections and appeals review.
- (5) In granting or renewing a waiver, a facility may be required by the department of inspections and appeals to use other qualified, licensed personnel.
- (6) The department of inspections and appeals shall provide notice of a waiver granted under this paragraph to the state long-term care ombudsman established under Section 307(a)(12) of the Older Americans Act of 1965 and the protection and advocacy system in the state for the mentally ill and mentally retarded.
- (7) The nursing facility that is granted a waiver under this paragraph shall notify residents of the facility or, where appropriate, the guardians or legal representatives of the residents and members of their immediate families of the waiver.

- **81.13(12)** *Dietary services.* The facility shall provide each resident with a nourishing, palatable, well-balanced diet that meets the daily nutritional and special dietary needs of each resident.
- a. Staffing. The facility shall employ a qualified dietitian either full-time, part-time or on a consultant basis.
- (1) If a qualified dietitian is not employed full-time, the facility shall designate a person to serve as the director of food services who receives frequently scheduled consultation from a qualified dietitian.
  - (2) A qualified dietitian is one who is licensed by the state according to Iowa Code chapter 152A.
- b. Sufficient staff. The facility shall employ sufficient support personnel competent to carry out the functions of the dietary service.
  - c. *Menus and nutritional adequacy*. Menus shall:
- (1) Meet the nutritional needs of residents in accordance with the recommended dietary allowances of the Food and Nutrition Board of the National Research Council, National Academy of Sciences.
  - (2) Be prepared in advance.
  - (3) Be followed.
  - d. Food. Each resident receives and the facility provides:
  - (1) Food prepared by methods that conserve nutritive value, flavor and appearances.
  - (2) Food that is palatable, attractive and at the proper temperature.
  - (3) Food prepared in a form designed to meet individual needs.
  - (4) Substitutes offered of similar nutritive value to residents who refuse food served.
  - e. Therapeutic diets. Therapeutic diets shall be prescribed by the attending physician.
  - f. Frequency of meals.
- (1) Each resident receives and the facility provides at least three meals daily, at regular times comparable to normal mealtimes in the community.
- (2) There shall be no more than 14 hours between a substantial evening meal and breakfast the following day, except as provided in subparagraph (4) below.
  - (3) The facility shall offer snacks at bedtime daily.
- (4) When a nourishing snack is provided at bedtime, up to 16 hours may elapse between a substantial evening meal and breakfast the following day if a resident group agrees to this meal span.
- g. Assistive devices. The facility shall provide special eating equipment and utensils for residents who need them.
  - h. Sanitary conditions. The facility shall:
- (1) Procure food from sources approved or considered satisfactory by federal, state or local authorities.
  - (2) Store, prepare, distribute and serve food under sanitary conditions.
  - (3) Dispose of garbage and refuse properly.
- **81.13(13)** *Physician services.* A physician shall personally approve in writing a recommendation that an individual be admitted to a facility. Each resident shall remain under the care of a physician.
  - a. Physician supervision. The facility shall ensure that:
  - (1) The medical care of each resident is supervised by a physician.
- (2) Another physician supervises the medical care of residents when their attending physician is unavailable.
  - b. Physician visits. The physician shall:
- (1) Review the resident's total program of care, including medications and treatments, at each visit required by paragraph "c" below.
  - (2) Write, sign and date progress notes at each visit.
  - (3) Sign and date all orders.

- c. Frequency of physician visits.
- (1) The resident shall be seen by a physician at least once every 30 days for the first 90 days after admission, and at least once every 60 days thereafter.
- (2) A physician visit is considered timely if it occurs not later than ten days after the date the visit was required.
- (3) Except as provided in paragraph "e," all required physician visits shall be made by the physician personally.
- d. Availability of physicians for emergency care. The facility shall provide or arrange for the provision of physician services 24 hours a day, in case of an emergency.
- e. Performance of physician tasks in nursing facilities. Any required physician task in a nursing facility (including tasks which the rules specify must be performed personally by the physician) may also be satisfied when performed by a nurse practitioner, clinical nurse specialist, or physician assistant who is not an employee of the facility, but who is working in collaboration with a physician except where prohibited by state law.
  - **81.13(14)** *Specialized rehabilitative services.*
- a. Provision of services. If specialized rehabilitative services such as, but not limited to, physical therapy, speech-language pathology, occupational therapy, and mental health rehabilitative services for mental illness and mental retardation, are required in the resident's comprehensive plan of care, the facility shall:
  - (1) Provide the required services; or
  - (2) Obtain the required services from an outside provider of specialized rehabilitative services.
- b. Qualifications. Specialized rehabilitative services shall be provided under the written order of a physician by qualified personnel.
- **81.13(15)** *Dental services.* The facility shall assist residents in obtaining routine and 24-hour emergency dental care. The facility shall:
- a. Provide or obtain from an outside resource the following dental services to meet the needs of each resident:
  - (1) Routine dental services to the extent covered under the state plan.
  - (2) Emergency dental services.
- b. If necessary, assist the resident in making appointments; and by arranging for transportation to and from the dentist's office.
  - c. Promptly refer residents with lost or damaged dentures to a dentist.
- **81.13(16)** *Pharmacy services.* The facility shall provide routine and emergency drugs and biologicals to its residents or obtain them under an agreement. The nursing facility may permit a certified medication aide to administer drugs, but only under the general supervision of a licensed nurse.
- a. Procedures. A facility shall provide pharmaceutical services (including procedures that ensure the accurate acquiring, receiving, dispensing, and administering of all drugs and biologicals) to meet the needs of each resident.
- b. Service consultation. The facility shall employ or obtain the services of a licensed pharmacist who:
  - (1) Provides consultation on all aspects of the provision of pharmacy services in the facility.
- (2) Establishes a system of records of receipt and disposition of all controlled drugs in sufficient detail to enable an accurate reconciliation.
- (3) Determines that drug records are in order and that an account of all controlled drugs is maintained and periodically reconciled.

- c. Drug regimen review.
- (1) The drug regimen of each resident shall be reviewed at least once a month by a licensed pharmacist.
- (2) The pharmacist shall report any irregularities to the attending physician and the director of nursing, and these reports shall be acted upon.
- d. Labeling of drugs and biologicals. Drugs and biologicals used in the facility shall be labeled in accordance with currently accepted professional principles, and include the appropriate accessory and cautionary instructions, and the expiration date when applicable.
  - e. Storage of drugs and biologicals.
- (1) In accordance with state and federal laws, the facility shall store all drugs and biologicals in locked compartments under proper temperature controls and permit only authorized personnel to have access to the keys.
- (2) The facility shall provide separately locked, permanently affixed compartments for storage of controlled drugs listed in Schedule II of the Comprehensive Drug Abuse Prevention and Control Act of 1976 and other drugs subject to abuse, except when the facility uses single unit package drug distribution systems in which the quantity stored is minimal and a missing dose can be readily detected.
- f. Consultant pharmacists. When the facility does not employ a licensed pharmacist, it shall have formal arrangements with a licensed pharmacist to provide consultation on methods and procedures for ordering, storage, administration and disposal and record keeping of drugs and biologicals. The formal arrangements with the licensed pharmacist shall include separate written contracts for pharmaceutical vendor services and consultant pharmacist services. The consultant's visits are scheduled to be of sufficient duration and at a time convenient to work with nursing staff on the resident care plan, consult with the administrator and others on developing and implementing policies and procedures, and planning in-service training and staff development for employees. The consultant shall provide monthly drug regimen review reports. The facility shall provide reimbursement for consultant pharmacists based on fair market value. Documentation of consultation shall be available for review in the facility.
- **81.13(17)** *Infection control.* The facility shall establish and maintain an infection control program designed to provide a safe, sanitary, and comfortable environment in which residents reside and to help prevent the development and transmission of disease and infection.
- a. Infection control program. The facility shall establish an infection control program under which it:
  - (1) Investigates, controls and prevents infections in the facility.
  - (2) Decides what procedures, such as isolation, should be applied to an individual resident.
  - (3) Maintains a record of incidents and corrective actions related to infections.
  - b. Preventing spread of infection.
- (1) When the infection control program determines that a resident needs isolation to prevent the spread of infection, the facility shall isolate the resident.
- (2) The facility shall prohibit employees with a communicable disease or infected skin lesions from direct contact with residents or their food, if direct contact will transmit the disease.
- (3) The facility shall require staff to wash their hands after each direct resident contact for which handwashing is indicated by accepted professional practice.
- c. Linens. Personnel shall handle, store, process, and transport linens so as to prevent the spread of infection.

- **81.13(18)** *Physical environment.* The facility shall be designed, constructed, equipped and maintained to protect the health and safety of residents, personnel and the public.
- a. Life safety from fire. Except as provided in subparagraph (1) or (3) below, the facility shall meet the applicable provisions of the 1985 edition of the Life Safety Code of the National Fire Protection Association.
  - (1) A facility is considered to be in compliance with this requirement as long as the facility:
- 1. On November 26, 1982, complied with or without waivers with the requirements of the 1967 or 1973 editions of the Life Safety Code and continues to remain in compliance with those editions of the code; or
- 2. On May 9, 1988, complied, with or without waivers, with the 1981 edition of the Life Safety Code and continues to remain in compliance with that edition of the Code.
- (2) When Medicaid nursing facilities and Medicaid distinct part nursing facility providers request a waiver of Life Safety Code requirements in accordance with Subsection 1919(d)(2)(B)(i) of the Social Security Act, the department of inspections and appeals shall forward the requests to the Health Care Financing Administration Regional Office for review and approval.
- (3) The provisions of the Life Safety Code do not apply in a state where the Health Care Financing Administration finds, that a fire and safety code imposed by state law adequately protects patients, residents and personnel in long-term care facilities.
  - b. Emergency power.
- (1) An emergency electrical power system shall supply power adequate at least for lighting all entrances and exits, equipment to maintain the fire detection, alarm and extinguishing systems, and life support systems in the event the normal electrical supply is interrupted.
- (2) When life support systems are used that have no nonelectrical backup, the facility shall provide emergency electrical power with an emergency generator, as defined in NFPA 99, Health Care Facilities, that is located on the premises.
  - c. Space and equipment. The facility shall:
- (1) Provide sufficient space and equipment in dining, health services, recreation, and program areas to enable staff to provide residents with needed services as required by these standards and as identified in each resident's plan of care.
- (2) Maintain all essential mechanical, electrical, and patient care equipment in safe operating condition.
- d. Resident rooms. Resident rooms shall be designed and equipped for adequate nursing care, comfort and privacy of residents.
  - (1) Bedrooms shall:
  - 1. Accommodate no more than four residents.
- 2. Measure at least 80 square feet per resident in multiple resident bedrooms, and at least 100 square feet in single resident rooms.
  - 3. Have direct access to an exit corridor.
  - 4. Be designed or equipped to ensure full visual privacy for each resident.
- 5. In facilities initially certified after March 31, 1992, except in private rooms, each bed shall have ceiling-suspended curtains, which extend around the bed to provide total visual privacy, in combination with adjacent walls and curtains.
  - 6. Have at least one window to the outside.
  - 7. Have a floor at or above grade level.

- (2) The facility shall provide each resident with:
- 1. A separate bed of proper size and height for the convenience of the resident.
- 2. A clean, comfortable mattress.
- 3. Bedding appropriate to the weather and climate.
- 4. Functional furniture appropriate to the resident's needs and individual closet space in the resident's bedroom with clothes racks and shelves accessible to the resident.
- (3) The department of inspections and appeals may permit variations in requirements specified in paragraph "d," subparagraph (1), numbers 1 and 2 above relating to rooms in individual cases when the facility demonstrates in writing that the variations are required by the special needs of the residents and will not adversely affect residents' health and safety.
- e. Toilet facilities. Each resident room shall be equipped with or located adjacent to toilet facilities unless a waiver is granted by the department of inspections and appeals. Additionally, each resident room shall be equipped with or located adjacent to bathing facilities.
- *f.* Resident call system. The nurse's station shall be equipped to receive resident calls through a communication system from:
  - (1) Resident rooms.
  - (2) Toilet and bathing facilities.
- g. Dining and resident activities. The facility shall provide one or more rooms designated for resident dining and activities. These rooms shall:
  - (1) Be well lighted.
  - (2) Be well ventilated, with nonsmoking areas identified.
  - (3) Be adequately furnished.
  - (4) Have sufficient space to accommodate all activities.
- h. Other environmental conditions. The facility shall provide a safe, functional, sanitary and comfortable environment for residents, staff and the public. The facility shall:
- (1) Establish procedures to ensure that water is available to essential areas when there is a loss of normal water supply.
- (2) Have adequate outside ventilation by means of windows or mechanical ventilation or a combination of the two.
  - (3) Equip corridors with firmly secured handrails on each side.
  - (4) Maintain an effective pest control program so that the facility is free of pests and rodents.
- **81.13(19)** *Administration.* A facility shall be administered in a manner that enables it to use its resources effectively and efficiently to attain or maintain the highest practicable physical, mental and psychosocial well-being of each resident.
  - a. Licensure. A facility shall be licensed under applicable state and federal law.
- b. Compliance with federal, state and local laws and professional standards. The facility shall operate and provide services in compliance with all applicable federal, state, and local laws, regulations and codes, and with accepted professional standards and principles that apply to professionals providing services in such a facility.
- c. Relationship to other Department of Health and Human Services (HHS) regulations. In addition to compliance with these rules, facilities shall meet the applicable provisions of other HHS regulations, including, but not limited to, those pertaining to nondiscrimination on the basis of race, color, or national origin, nondiscrimination on the basis of handicap, nondiscrimination on the basis of age, protection of human subjects of research, and fraud and abuse. Although these regulations are not in themselves considered requirements under these rules, their violation may result in the termination or suspension of, or the refusal to grant or continue payment with federal funds.

- d. Governing body.
- (1) The facility shall have a governing body, or designated persons functioning as a governing body, that is legally responsible for establishing and implementing policies regarding the management and operation of the facility.
  - (2) The governing body appoints the administrator who is:
  - 1. Licensed by the state.
  - Responsible for management of the facility.
  - e. Required training of nurse aides.
  - (1) Definitions.

"Licensed health professional" means a physician; physician assistant; nurse practitioner; physical, speech or occupational therapist; registered professional nurse; licensed practical nurse; or licensed or certified social worker.

"Nurse aide" means any person providing nursing or nursing-related services to residents in a facility who is not a licensed health professional, a registered dietitian, or someone who volunteers to provide these services without pay.

- (2) General rule. A facility shall not use any person working in the facility as a nurse aide for more than four months, on a permanent basis, unless:
  - 1. That person is competent to provide nursing and nursing-related services.
- 2. That person has completed a training and competency evaluation program or a competency evaluation program approved by the department of inspections and appeals; or that person has been deemed or determined competent by the department of inspections and appeals.
- (3) Nonpermanent employees. A facility shall not use on a temporary, per diem, leased, or any basis other than a permanent employee any person who does not meet the requirements in subparagraph (2).
- (4) Competency. A facility shall not use any person who has worked less than four months as a nurse aide in that facility unless the person:
- 1. Is a permanent employee and is in a nurse aide training and competency evaluation program approved by the department of inspections and appeals;
- 2. Has demonstrated competence through satisfactory participation in a nurse aide training and competency evaluation program or competency evaluation program approved by the department of inspections and appeals; or
  - 3. Has been deemed or determined competent by the department of inspections and appeals.
- (5) Registry verification. Before allowing a person to serve as a nurse aide, a facility shall receive registry verification that the person has met competency evaluation requirements unless:
- 1. The person is a permanent employee and is in a training and competency evaluation program approved by the department of inspections and appeals; or
- 2. The person can prove that the person has recently successfully completed a training and competency evaluation program or competency evaluation program approved by the department of inspections and appeals and has not yet been included in the registry. Facilities shall follow up to ensure that such a person actually becomes registered.
- (6) Multistate registry verification. Before allowing a person to serve as a nurse aide, a facility shall seek information from every state registry the facility believes will include information on the person.

- (7) Required retraining. If since October 1, 1990, there has been a continuous period of 24 consecutive months during none of which the person provided nursing or nursing-related services for monetary compensation, the person shall complete a new training and competency evaluation program or a new competency evaluation program.
- (8) Regular in-service education. The facility shall complete a performance review of every nurse aide at least once every 12 months and shall provide regular in-service education based on the outcome of these reviews. The in-service training shall:
- 1. Be sufficient to ensure the continuing competencies of nurse aides, but shall be no less than 12 hours per year.
- 2. Address areas of weakness as determined in nurse aides' performance reviews and may address the special needs of residents as determined by the facility staff.
- 3. For nurse aides providing services to persons with cognitive impairments, also address the care of the cognitively impaired.
- f. Proficiency of nurse aides. The facility shall ensure that nurse aides are able to demonstrate competency in skills and technique necessary to care for residents' needs, as identified through resident assessments, and described in the plan of care.
  - g. Staff qualifications.
- (1) The facility shall employ on a full-time, part-time, or consultant basis those professionals necessary to carry out the provisions of these conditions of participation.
- (2) Professional staff shall be licensed, certified or registered in accordance with applicable state laws.
  - h. Use of outside resources.
- (1) If the facility does not employ a qualified professional person to furnish a specific service to be provided by the facility, the facility shall have that service furnished to residents by a person or agency outside the facility under an arrangement described in Section 1861(w) of the Omnibus Budget Reconciliation Act of 1987 or an agreement described in subparagraph (2) below.
- (2) Arrangements or agreements pertaining to services furnished by outside resources shall specify in writing that the facility assumes responsibility for obtaining services that meet professional standards and principles that apply to professionals providing services in such a facility and for the timeliness of the services.
  - i. Medical director.
  - (1) The facility shall designate a physician to serve as medical director.
- (2) The medical director is responsible for implementation of resident care policies and the coordination of medical care in the facility.
  - j. Laboratory services.
- (1) The facility shall provide or obtain clinical laboratory services to meet the needs of its residents. The facility is responsible for the quality and timeliness of the services.
- 1. If the facility provides its own laboratory services, the services shall meet the applicable conditions for coverage of the services furnished by laboratories specified in 42 CFR Part 493 as amended to October 1, 1990.
- 2. If the facility provides blood bank and transfusion services, it shall meet the requirements for laboratories specified in 42 CFR Part 493 as amended to October 1, 1990.
- 3. If the laboratory chooses to refer specimens for testing to another laboratory, the referral laboratory shall be approved or licensed to test specimens in the appropriate specialties or subspecialties of service in accordance with 42 CFR Part 493 as amended to October 1, 1990.

- 4. If the facility does not provide laboratory services on site, it shall have an agreement to obtain these services only from a laboratory that meets the requirements of 42 CFR Part 493 as amended to October 1, 1990, or from a physician's office.
  - (2) The facility shall:
  - 1. Provide or obtain laboratory services only when ordered by the attending physician.
  - 2. Promptly notify the attending physician of the findings.
- 3. Assist the resident in making transportation arrangements to and from the source of service, if the resident needs assistance.
  - 4. File in the resident's clinical record signed and dated reports of clinical laboratory services.
  - k. Radiology and other diagnostic services.
- (1) The facility shall provide or obtain radiology and other diagnostic services to meet the needs of its residents. The facility is responsible for the quality and timeliness of the services.
- 1. If the facility provides its own diagnostic services, the services shall meet the applicable conditions of participation for hospitals.
- 2. If the facility does not provide its own diagnostic services, it shall have an agreement to obtain these services from a provider or supplier that is approved to provide these services under Medicare.
  - (2) The facility shall:
- 1. Provide or obtain radiology and other diagnostic services only when ordered by the attending physician.
  - 2. Promptly notify the attending physician of the findings.
- 3. Assist the resident in making transportation arrangements to and from the source of service, if the resident needs assistance.
- 4. File in the resident's clinical record signed and dated reports of X-ray and other diagnostic services.
  - l. Clinical records.
- (1) The facility shall maintain clinical records on each resident in accordance with accepted professional standards and practices that are complete, accurately documented, readily accessible, and systematically organized.
  - (2) Clinical records shall be retained for:
  - 1. The period of time required by state law.
  - 2. Five years from the date of discharge when there is no requirement in state law.
  - 3. For a minor, three years after a resident reaches legal age under state law.
- (3) The facility shall safeguard clinical record information against loss, destruction, or unauthorized use.
- (4) The facility shall keep confidential all information contained in the resident's records, regardless of the form or storage method of the records, except when release is required by:
  - Transfer to another health care institution.
  - 2. Law.
  - 3. Third-party payment contract.
  - 4. The resident.
  - (5) The clinical record shall contain:
  - 1. Sufficient information to identify the resident.
  - 2. A record of the resident's assessments.
  - 3. The plan of care and services provided.
  - 4. The results of any preadmission screening conducted by the state.
  - Progress notes.

- m. Disaster and emergency preparedness.
- (1) The facility shall have detailed written plans and procedures to meet all potential emergencies and disasters, such as fire, severe weather, and missing residents.
- (2) The facility shall train all employees in emergency procedures when they begin to work in the facility, periodically review the procedures with existing staff, and carry out staff drills using those procedures.
  - n. Transfer agreement.
- (1) The facility shall have in effect a written transfer agreement with one or more hospitals approved for participation under the Medicare and Medicaid programs that reasonably ensures that:
- 1. Residents will be transferred from the facility to the hospital and ensured of timely admission to the hospital when transfer is medically appropriate as determined by the attending physician.
- Medical and other information needed for care and treatment of residents, and, when the transferring facility deems it appropriate, for determining whether the residents can be adequately cared for in a less expensive setting than either the facility or the hospital, will be exchanged between the institutions.
- (2) The facility is considered to have a transfer agreement in effect if the facility has attempted in good faith to enter into an agreement with a hospital sufficiently close to the facility to make transfer feasible.
  - o. Quality assessment and assurance.
- (1) A facility shall maintain a quality assessment and assurance committee consisting of the director of nursing services, a physician designated by the facility, and at least three other members of the facility's staff.
  - (2) The quality assessment and assurance committee:
- 1. Meets at least quarterly to identify issues with respect to which quality assessment and assurance activities are necessary.
  - 2. Develops and implements appropriate plans of action to correct identified quality deficiencies.
- (3) The state or the Secretary of the Department of Health and Human Services may not require disclosure of the records of the committee except insofar as the disclosure is related to the compliance of the committee with the requirements of this paragraph.
- (4) Good faith attempts by the committee to identify and correct quality deficiencies will not be used as a basis for sanctions.
  - p. Disclosure of ownership.
  - (1) The facility shall comply with the disclosure requirements of 42 CFR 420.206 and 455.104.
- (2) The facility shall provide written notice to the department of inspections and appeals at the time of change, if a change occurs in:
  - 1. Persons with an ownership or control interest.
  - 2. The officers, directors, agents, or managing employees.
  - 3. The corporation, association, or other company responsible for the management of the facility.
  - 4. The facility's administrator or director of nursing.
- (3) The notice specified in subparagraph (2) above shall include the identity of each new individual or company.

This rule is intended to implement Iowa Code sections 249A.2, 249A.3(2) "a," and 249A.4.

### 441—81.14(249A) Audits.

- **81.14(1)** Audit of financial and statistical report. Authorized representatives of the department or the Department of Health and Human Services shall have the right, upon proper identification, to audit, using generally accepted auditing procedures, the general financial records of a facility to determine if expenses reported on the Financial and Statistical Report, Form 470-0030, are reasonable and proper according to the rules set forth in 441—81.6(249A). The aforementioned audits may be done either on the basis of an on-site visit to the facility, their central accounting office, or office(s) of their agent(s).
- a. When a proper per diem rate cannot be determined, through generally accepted and customary auditing procedures, the auditor shall examine and adjust the report to arrive at what appears to be an acceptable rate and shall recommend to the department that the indicated per diem should be reduced to 75 percent of the established payment rate for the ensuing six-month period and if the situation is not remedied on the subsequent Financial and Statistical Report, Form 470-0030, the health facility shall be suspended and eventually canceled from the nursing facility program, or
- b. When a health facility continues to include as an item of cost an item or items which had in a prior audit been removed by an adjustment in the total audited costs, the auditor shall recommend to the department that the per diem be reduced to 75 percent of the current payment rate for the ensuing sixmonth period. The department may, after considering the seriousness of the exception, make the reduction.

# **81.14(2)** Audit of proper billing and handling of patient funds.

- a. Field auditors of the department of inspections and appeals, or representatives of Health and Human Services, upon proper identification, shall have the right to audit billings to the department and receipts of client participation, to ensure the facility is not receiving payment in excess of the contractual agreement and that all other aspects of the contractual agreement are being followed, as deemed necessary.
- b. Field auditors of the department of inspections and appeals or representatives of Health and Human Services, upon proper identification, shall have the right to audit records of the facility to determine proper handling of patient funds in compliance with subrule 81.4(3).
- c. The auditor shall recommend and the department shall request repayment by the facility to either the department or the resident(s) involved, any sums inappropriately billed to the department or collected from the resident.
- d. The facility shall have 60 days to review the audit and repay the requested funds or present supporting documentation which would indicate that the requested refund amount, or part thereof, is not justified.
- e. When the facility fails to comply with paragraph "d," the requested refunds may be withheld from future payments to the facility. The withholding shall not be more than 25 percent of the average of the last six monthly payments to the facility. The withholding shall continue until the entire requested refund amount is recovered. If in the event the audit results indicate significant problems, the audit results may be referred to the attorney general's office for whatever action may be deemed appropriate.
- f. When exceptions are taken during the scope of an audit which are similar in nature to the exceptions taken in a prior audit, the auditor shall recommend and the department may, after considering the seriousness of the exceptions, reduce payment to the facility to 75 percent of the current payment rate.

This rule is intended to implement Iowa Code sections 249A.2, 249A.3(2)"a" and 249A.4.

**441—81.15(249A)** Nurse aide training and testing programs. Rescinded IAB 12/9/92, effective 2/1/93.

### 441—81.16(249A) Nurse aide requirements and training and testing programs.

- **81.16(1)** Deemed meeting of requirements. A nurse aide is deemed to satisfy the requirement of completing a training and competency evaluation approved by the department of inspections and appeals if the nurse aide successfully completed a training and competency evaluation program before July 1, 1989. The aide would have satisfied this requirement if:
  - a. At least 60 hours were substituted for 75 hours; and
- b. The aide has made up at least the difference in the number of hours in the program the aide completed and 75 hours in supervised practical nurse aide training or in regular in-service nurse education; or
- c. The person was found to be competent (whether or not by the state) after completion of a nurse aide training of at least 100 hours' duration; or
- d. The person can demonstrate that the person served as a nurse aide at one or more facilities of the same employer in Iowa for at least 24 consecutive months before December 19, 1989; or
- e. The person completed, before July 1, 1989, a nurse aide training and competency evaluation program that the department of inspections and appeals determines would have met the requirements for approval at the time it was offered.
- **81.16(2)** State review and approval of nurse aide training and competency evaluation programs or competency evaluation programs.
- a. The department of inspections and appeals shall, in the course of all surveys, determine whether the nurse aide training and evaluation requirements of 81.13(19) "e" and 81.16(1) are met.
  - b. Requirements for approval of programs.
- (1) Before the department of inspections and appeals approves a nurse aide training and competency evaluation program or competency evaluation program, the department of inspections and appeals shall determine whether:
- 1. A nurse aide training and competency evaluation program meets the course requirements of 81.16(3).
  - 2. A nurse aide competency evaluation program meets the requirements of 81.16(4).
- (2) Except as provided by paragraph 81.16(2)"f," the department of inspections and appeals shall not approve a nurse aide training and competency evaluation program or competency evaluation program offered by or in a facility which, in the previous two years:
  - 1. Has operated under a nurse staffing waiver for a period in excess of 48 hours per week; or
  - 2. Has been subject to an extended or partial extended survey; or
  - 3. Has been assessed a civil money penalty of not less than \$5,000; or
- 4. Has operated under temporary management appointed to oversee the operation of the facility and to ensure the health and safety of the facility's residents; or
  - 5. Pursuant to state action, was closed or had its residents transferred; or
  - 6. Has been terminated from participation in the Medicaid or Medicare program; or
  - 7. Has been denied payment under subrule 81.40(1) or 81.40(2).
  - (3) Rescinded IAB 10/7/98, effective 12/1/98.
- c. Application process. Applications shall be submitted to the department of inspections and appeals before a new program begins and every two years thereafter on Form 427-0517, Application for Nurse Aide Training. The department of inspections and appeals shall, within 90 days of the date of a request or receipt of additional information from the requester:
  - (1) Advise the requester whether or not the program has been approved; or
  - (2) Request additional information from the requesting entity.

- d. Duration of approval. The department of inspections and appeals shall not grant approval of a nurse aide training and competency evaluation program for a period longer than two years. A program shall notify the department of inspections and appeals and the department of inspections and appeals shall review that program when there are substantive changes made to that program within the two-year period.
  - e. Withdrawal of approval.
- (1) The department of inspections and appeals shall withdraw approval of a nurse aide training and competency evaluation program or nurse aide competency evaluation program offered by or in a facility described in 81.16(2)"b"(2).
- (2) The department of inspections and appeals may withdraw approval of a nurse aide training and competency evaluation program or nurse aide competency evaluation program if the department of inspections and appeals determines that any of the applicable requirements for approval or registry, as set out in subrule 81.16(3) or 81.16(4), are not met.
- (3) The department of inspections and appeals shall withdraw approval of a nurse aide training and competency evaluation program or a nurse aide competency evaluation program if the entity providing the program refuses to permit unannounced visits by the department of inspections and appeals.
- (4) If the department of inspections and appeals withdraws approval of a nurse aide training and competency evaluation program or competency evaluation program, the department of inspections and appeals shall notify the program in writing, indicating the reasons for withdrawal of approval of the program. Students who have started a training and competency evaluation program from which approval has been withdrawn shall be allowed to complete the course.
- f. An exception to subparagraph 81.16(2) "b" (2) may be granted by the department of inspections and appeals (DIA) for 75-hour nurse aide training courses offered in (but not by) a facility under the following conditions:
- (1) The facility has submitted Form 470-3494, Nurse Aide Education Program Waiver Request, to the DIA to request a waiver for each 75-hour nurse aide training course to be offered in (but not by) the facility.
- (2) The 75-hour nurse aide training is offered in a facility by an approved nurse aide training and competency evaluation program (NATCEP).
- (3) No other NATCEP program is offered within 30 minutes' travel from the facility, unless the facility can demonstrate the distance or program would create a hardship for program participants.
- (4) The facility is in substantial compliance with the federal requirements related to nursing care and services.
  - (5) The facility is not a poor performing facility.
- (6) Employees of the facility do not function as instructors for the program unless specifically approved by DIA.
- (7) The NATCEP sponsoring the 75-hour nursing aide training course is responsible for program administration and for ensuring that program requirements are met.
- (8) The NATCEP has submitted an evaluation to the DIA indicating that an adequate teaching and learning environment exists for conducting the course.
- (9) The NATCEP has developed policies for communicating and resolving problems encountered during the course, including notice by the facility to the program instructor and students on how to contact the DIA to register any concerns encountered during the course.
- (10) The NATCEP shall require the program instructor and students to complete an evaluation of the course. The instructor shall return the completed evaluations to the NATCEP which shall return the evaluations to DIA.
- **81.16(3)** Requirements for approval of a nurse aide training and competency evaluation program. The department has designated the department of inspections and appeals to approve required nurse aide training and testing programs. Policies and procedures governing approval of the programs are set forth in these rules.

- a. For a nurse aide training and competency evaluation program to be approved by the department of inspections and appeals, it shall, at a minimum:
  - (1) Consist of no less than 75 clock hours of training.
  - (2) Include at least the subjects specified in 81.16(3).
- (3) Include at least 15 hours of laboratory experience, 30 hours of classroom instruction (the first 16 hours of which must occur before the nurse aide has resident contact) and 30 hours of supervised clinical training. Supervised clinical training means training in a setting in which the trainee demonstrates knowledge while performing tasks on a resident under the general supervision of a registered nurse or licensed practical nurse.
- (4) Ensure that students do not independently perform any services for which they have not been trained and found proficient by the instructor. It shall also ensure that students who are providing services to residents are under the general supervision of a licensed nurse or a registered nurse.
  - (5) Meet the following requirements for instructors who train nurse aides:
- 1. The training of nurse aides shall be performed by or under the general supervision of a registered nurse who possesses a minimum of two years of nursing experience, at least one year of which shall be in the provision of long-term care facility services.
- 2. Instructors shall be registered nurses and shall have completed a course in teaching adults or have experience teaching adults or supervising nurse aides.
- 3. In a facility-based program, when the director of nursing is a registered nurse, the training of nurse aides may be performed under the general supervision of the director of nursing for the facility. The director of nursing is prohibited from performing the actual training.
- 4. Other personnel from the health professions may supplement the instructor. Supplemental personnel shall have at least one year of experience in their fields.
- 5. The ratio of qualified trainers to students shall not exceed one instructor for every ten students in the clinical setting.
- (6) Contain information regarding competency evaluation through written or oral and skills testing.
  - b. The curriculum of the nurse aide training program shall include:
- (1) At least a total of 16 hours of training in the following areas prior to any direct contact with a resident:
  - 1. Communication and interpersonal skills.
  - 2. Infection control.
  - 3. Safety and emergency procedures including the Heimlich maneuver.
  - 4. Promoting residents' independence.
  - 5. Respecting residents' rights.
  - (2) Basic nursing skills:
  - 1. Taking and recording vital signs.
  - 2. Measuring and recording height and weight.
  - 3. Caring for the residents' environment.
- 4. Recognizing abnormal changes in body functioning and the importance of reporting these changes to a supervisor.
  - 5. Caring for residents when death is imminent.
  - (3) Personal care skills, including, but not limited to:
  - 1. Bathing.
  - 2. Grooming, including mouth care.
  - 3. Dressing.
  - 4. Toileting.
  - 5. Assisting with eating and hydration.
  - 6. Proper feeding techniques.
  - 7. Skin care.
  - 8. Transfers, positioning, and turning.

- (4) Mental health and social service needs:
- 1. Modifying aide's behavior in response to residents' behavior.
- 2. Awareness of developmental tasks associated with the aging process.
- 3. How to respond to resident behavior.
- 4. Allowing the resident to make personal choices, providing and reinforcing other behavior consistent with the resident's dignity.
  - 5. Using the resident's family as a source of emotional support.
  - (5) Care of cognitively impaired residents:
- 1. Techniques for addressing the unique needs and behaviors of persons with dementia (Alzheimer's and others).
  - 2. Communicating with cognitively impaired residents.
  - 3. Understanding the behavior of cognitively impaired residents.
  - 4. Appropriate responses to the behavior of cognitively impaired residents.
  - 5. Methods of reducing the effects of cognitive impairments.
  - (6) Basic restorative services:
  - 1. Training the resident in self-care according to the resident's ability.
  - 2. Use of assistive devices in transferring, ambulation, eating and dressing.
  - 3. Maintenance of range of motion.
  - 4. Proper turning and positioning in bed and chair.
  - 5. Bowel and bladder training.
  - 6. Care and use of prosthetic and orthotic devices.
  - (7) Residents' rights:
  - 1. Providing privacy and maintenance of confidentiality.
  - 2. Promoting the residents' rights to make personal choices to accommodate their needs.
  - 3. Giving assistance in resolving grievances and disputes.
- 4. Providing needed assistance in getting to and participating in resident and family groups and other activities.
  - 5. Maintaining care and security of residents' personal possessions.
- 6. Promoting the residents' rights to be free from abuse, mistreatment, and neglect and the need to report any instances of this type of treatment to appropriate facility staff.
  - 7. Avoiding the need for restraints in accordance with current professional standards.
  - c. Prohibition of charges.
- (1) No nurse aide who is employed by, or who has received an offer of employment from, a facility on the date on which the aide begins a nurse aide training and competency evaluation program or competency evaluation program may be charged for any portion of the program including any fees for text-books or other required evaluation or course materials.
- (2) If a person who is not employed, or does not have an offer to be employed, as a nurse aide becomes employed by, or receives an offer of employment from, a facility not later than 12 months after completing a nurse aide training and competency evaluation program or competency evaluation program, the facility shall reimburse the nurse aide for costs incurred in completing the program or competency evaluation on a pro rata basis during the period in which the person is employed as a nurse aide. The formula for paying the nurse aides on a pro rata basis shall be as follows:
  - 1. Add all costs incurred by the aides for the course, books, and tests.
- 2. Divide the total arrived at in No. 1 above by 12 to prorate the costs over a one-year period and establish a monthly rate.

- 3. The aide shall be reimbursed the monthly rate each month the aide works at the facility until one year from the time the aide completed the course.
- d. Setting and equipment. The classroom shall have appropriate equipment, be of adequate size, and not interfere with resident activities.
- e. Records and reports. Nurse aide education programs approved by the department of inspections and appeals shall:
  - (1) Notify the department of inspections and appeals:
- 1. Of dates of classroom and clinical sessions as well as location of classrooms and clinical practice sites before each course begins and if the course is canceled.
  - 2. When a facility or other training entity will no longer be offering nurse aide training courses.
  - 3. Whenever the person coordinating the training program is hired or terminates employment.
  - (2) Keep a list of faculty members and their qualifications available for department review.
- (3) Provide each nurse aide a record of skills for which the nurse aide has been found competent during the course and which may be performed before completion of the competency evaluation.
- (4) Complete a lesson plan for each unit which includes behavioral objectives, a topic outline and student activities and experiences.
- (5) Provide the student, within 30 days of the last class period, evidence of having successfully completed the course.
- **81.16(4)** *Nurse aide competency evaluation.* A competency evaluation program shall contain a written or oral portion and a skills demonstration portion.
- a. Notification to person. The department of inspections and appeals shall advise in advance any person who takes the competency evaluation that a record of the successful completion of the evaluation will be included in the state's nurse aide registry.
  - b. Content of the competency evaluation program.
  - (1) Written or oral examinations. The competency evaluation shall:
  - 1. Allow an aide to choose between a written and oral examination.
  - 2. Address each of the course requirements listed in 81.16(3)"b."
- 3. Be developed from a pool of test questions, only a portion of which is used in any one examination.
- 4. Use a system that prevents disclosure of both the pool of questions and the individual competency evaluations.
  - 5. If oral, be read from a prepared text in a neutral manner.
- 6. Be tested for reliability and validity using a nationally recognized standard as determined by the department of education.
- 7. Be in English, unless the prevailing language used in the facility where a nurse aide will be working is other than English.
- (2) Demonstration of skills. The skills demonstration evaluation shall consist of a demonstration of randomly selected items drawn from a pool consisting of tasks generally performed by nurse aides. This pool of skills shall include all of the personal care skills listed in 81.16(3) "b"(3).
  - c. Administration of the competency evaluation.
- (1) The competency examination shall be administered and evaluated only by an entity approved by the department of inspections and appeals, which is neither a skilled nursing facility that participates in Medicare nor a nursing facility that participates in Medicaid.
  - (2) Charging nurse aides for competency testing is prohibited in accordance with 81.16(3) "c."

- (3) The skills demonstration part of the evaluation shall be performed in a facility or laboratory setting comparable to the setting in which the person will function as a nurse aide and shall be administered and evaluated by a registered nurse with at least one year's experience in providing care for the elderly or the chronically ill of any age.
  - d. Facility proctoring of the competency evaluation.
- (1) The competency evaluation may, at the nurse aide's option, be conducted at the facility in which the nurse aide is or will be employed unless the facility is prohibited from being a competency evaluation site.
- (2) The department of inspections and appeals may permit the competency evaluation to be proctored by facility personnel if the department of inspections and appeals finds that the procedure adopted by the facility ensures that the competency evaluation program:
  - 1. Is secure from tampering.
- 2. Is standardized and scored by a testing, educational, or other organization approved by the department of inspections and appeals.
  - 3. Requires no scoring by facility personnel.
- (3) The department of inspections and appeals shall retract the right to proctor nurse aide competency evaluations from facilities in which the department of inspections and appeals finds any evidence of impropriety, including evidence of tampering by facility staff.
  - e. Successful completion of the competency evaluation program.
- (1) A score of 70 percent or above is passing for both the written or oral and skills demonstration parts of the test.
- (2) A record of successful completion of the competency evaluation shall be included in the nurse aide registry within 30 days of the date the person is found to be competent.
- (3) The competency testing entity shall inform the nurse aide of the test score within 30 calendar days of the completion of the test and shall inform the nurse aide registry of the nurse aide's scores within 20 calendar days after the test is administered.
  - f. Unsuccessful completion of the competency evaluation program.
- (1) If the person does not complete the evaluation satisfactorily, the person shall be advised in writing within ten working days after the test is scored:
  - 1. Of the areas which the person did not pass.
  - 2. That the person has three opportunities to take the evaluation.
- (2) Each person shall have three opportunities to pass each part of the test. If one part of the test is failed, only that part need be taken a second or third time. If either part of the test is failed three times, the 75-hour course shall be taken or retaken before the test can be taken again.
- g. Storage of evaluation instrument. The person responsible for administering a competency evaluation shall provide secure storage of the evaluation instruments when they are not being administered or processed.
- h. Application process. Entities wishing to secure approval for a competency evaluation program shall submit a copy of the evaluation plan and procedures to the department of inspections and appeals. The department of inspections and appeals shall notify the applicant of its decision within 90 days of receipt of the application. The notification shall include the reason for not giving approval if approval is denied and the applicable rule citation.

#### **81.16(5)** Registry of nurse aides.

- a. Establishment of registry. The department of inspections and appeals shall establish and maintain a registry of nurse aides that meets the following requirements. The registry:
  - (1) Shall include, at a minimum, the information required in 81.16(5) "c."
- (2) Shall be sufficiently accessible to meet the needs of the public and health care providers promptly.
- (3) Shall provide that any response to an inquiry that includes a finding of abuse, neglect, mistreatment of a resident or misappropriation of property also include any statement made by the nurse aide which disputes the finding.
  - b. Registry operation.
- (1) Only the department of inspections and appeals may place on the registry findings of abuse, neglect, mistreatment of a resident or misappropriation of property.
  - (2) The department of inspections and appeals shall determine which persons:
- Have successfully completed a nurse aide training and competency evaluation program or nurse aide competency evaluation program.
  - 2. Have been deemed as meeting these requirements.
- 3. Do not qualify to remain on the registry because they have performed no nursing or nursing-related services for monetary compensation during a period of 24 consecutive months.
- (3) The department of inspections and appeals shall not impose any charges related to registration on persons listed in the registry.
  - (4) The department of inspections and appeals shall provide information on the registry promptly.
  - c. Registry content.
- (1) The registry shall contain at least the following information on each person who has successfully completed a nurse aide training and competency evaluation program or competency evaluation program which was approved by the department of inspections and appeals or who may function as a nurse aide because of having been deemed competent:
  - The person's full name.
  - 2. Information necessary to identify each person.
- 3. The date the person became eligible for placement in the registry through successfully completing a nurse aide training and competency evaluation program or competency evaluation or by being deemed competent.
- 4. The following information on any finding by the department of inspections and appeals of abuse, neglect, mistreatment of residents or misappropriation of property by the person: documentation of the department of inspections and appeals' investigation, including the nature of the allegation and the evidence that led the department of inspections and appeals to conclude that the allegation was valid; the date of the hearing, if the person chose to have one, and its outcome; and a statement by the person disputing the allegation, if the person chooses to make one. This information must be included in the registry within ten working days of the finding and shall remain in the registry permanently, unless the finding was made in error, the person was found not guilty in a court of law, or the department of inspections and appeals is notified of the person's death.
- 5. A record of known convictions by a court of law of a person convicted of abuse, neglect, mistreatment or misappropriation of resident property.

- (2) The registry shall remove entries for persons who have performed no nursing or nursing-related services for monetary compensation for a period of 24 consecutive months unless the person's registry entry includes documented findings or convictions by a court of law of abuse, neglect, mistreatment or misappropriation of property.
  - d. Disclosure of information. The department of inspections and appeals shall:
- (1) Disclose all of the information listed in 81.16(5) "c" (1), (3), and (4) to all requesters and may disclose additional information it deems necessary.
- (2) Promptly provide persons with all information contained in the registry about them when adverse findings are placed on the registry and upon request. Persons on the registry shall have sufficient opportunity to correct any misstatements or inaccuracies contained in the registry.
- e. Placement of names on nurse aide registry. The facility shall ensure that the name of each person employed as a nurse aide in a Medicare- or Medicaid-certified nursing facility in Iowa is submitted to the registry. The telephone number of the registry is (515)281-4963. The address is Nurse Aide Registry, Lucas State Office Building, Des Moines, Iowa 50319-0083.
- (1) Persons employed as nurse aides shall complete Form 427-0496, Nurse Aide Registry Application, within the first 30 days of employment. This form shall be submitted to the department of inspections and appeals. Form 427-0496 may be obtained by calling or writing the nurse aide registry.
- (2) A nurse aide who is not employed may apply for inclusion on the registry by submitting a copy of completed Form 427-0496 to the nurse aide registry.
- (3) When the registry has received a signed application and entered the required training and testing information on the registry, a letter will be sent to the nurse aide that includes all the information the registry has on the nurse aide. A nurse aide may obtain a copy of the information on the registry by writing the nurse aide registry and requesting the information. The letter requesting the information must include the nurse aide's social security number, current or last facility of employment, date of birth and current mailing address and must be signed by the nurse aide.
- **81.16(6)** Hearing. When there is an allegation of abuse against a nurse aide, the department of inspections and appeals shall investigate that allegation. When the investigation by the department of inspections and appeals makes a finding of an act of abuse, the nurse aide named will be notified of this finding and the right to a hearing. The nurse aide shall have 30 days to request a hearing. The request shall be in writing and shall be sent to the department of inspections and appeals. The hearing shall be held pursuant to department of inspections and appeals rules 481—Chapter 10. After 30 days, if the nurse aide fails to appeal, or when all appeals are exhausted, the nurse aide registry will include a notation that the nurse aide has a founded abuse report on record if the final decision indicates the nurse aide performed an abusive act.
- **81.16(7)** Appeals. Adverse decisions made by the department of inspections and appeals in administering these rules may be appealed pursuant to department of inspections and appeals rules 481—Chapter 10.

This rule is intended to implement Iowa Code section 249A.4.

441—81.17(249A) Termination procedures. Rescinded IAB 5/10/95, effective 7/1/95.

### 441—81.18(249A) Sanctions.

- **81.18(1)** Penalty for falsification of a resident assessment. An individual, who willfully and knowingly certifies a material and false statement in a resident assessment, is subject to a civil money penalty of not less than \$100 or more than \$1,000 for each falsified assessment. An individual who willfully and knowingly causes another individual to certify a material and false statement in a resident assessment is subject to a civil money penalty of not less than \$500 nor more than \$5,000 for each falsified assessment. These fines shall be administratively assessed by the department of inspections and appeals.
- a. Factors determining the size of fine. In determining the monetary amount of the penalty, the director of the department of inspections and appeals or the director's designee may consider evidence of the circumstances surrounding the violation, including, but not limited to, the following factors:
  - (1) The number of assessments willingly and knowingly falsified.
  - (2) The history of the individual relative to previous assessment falsifications.
  - (3) The intent of the individual who falsifies an assessment or causes an assessment to be falsified.
- (4) The areas of assessment falsified or caused to be falsified and the potential for harm to the resident.
- (5) The relationship of the falsification of assessment to falsification of other records at the time of the visit.
- b. Notification of a fine imposed for falsification of assessments or causing another individual to falsify an assessment shall be served upon the individual personally or by certified mail.
- c. Appeals of fines. Notice of intent to formally contest the fine shall be given to the department of inspections and appeals in writing and be postmarked within 20 working days after receipt of the notification of the fine. An administrative hearing will be conducted pursuant to Iowa Code chapter 17A and department of inspections and appeals rules 481—Chapter 10. An individual who has exhausted all administrative remedies and is aggrieved by the final action of the department of inspections and appeals may petition for judicial review in the manner provided by Iowa Code chapter 17A.
- **81.18(2)** Use of independent assessors. If the department of inspections and appeals determines that there has been a knowing and willful certification of false assessments, or the causation of knowing and willful false assessments, the department of inspections and appeals may require that resident assessments be conducted and certified by individuals independent of the facility and who are approved by the state.
  - a. Criteria used to determine the need for independent assessors shall include:
- The involvement of facility management in the falsification of or causing resident assessments to be falsified.
  - (2) The facility's response to the falsification of or causing resident assessments to be falsified.
  - (3) The method used to prepare facility staff to do resident assessments.
  - (4) The number of individuals involved in the falsification.
  - (5) The number of falsified resident assessments.
  - (6) The extent of harm to residents caused by the falsifications.
- b. The department of inspections and appeals will specify the length of time that these independent assessments will be conducted and when they will begin. This determination will be based on the extent of assessments and reassessments needed and the plan submitted by the facility to ensure falsifications will not occur in the future.
- c. The individuals or agency chosen by the facility to conduct the independent assessments shall be approved by the department of inspections and appeals before conducting any assessments. The approval will be based on the ability of the individual or agency to conduct resident assessments in accordance with the applicable rules. Any costs incurred shall be the responsibility of the facility.
- d. Notice of the requirement to obtain independent assessments will be in writing and sent to the facility by certified mail or personal service. The notice shall include the date independent assessors are to begin assessments, information on how independent assessors are to be approved and the anticipated length of time independent assessors will be needed.

- e. Criteria for removal of the requirement for independent assessors.
- (1) Independent assessors shall be utilized until all residents assessed by the disciplines involved have been reassessed by the independent assessor.
- (2) The facility shall submit a plan to the department of inspections and appeals for completing its own assessments.
- (3) The department of inspections and appeals will evaluate the facility's proposal for ensuring assessments will not be falsified in the future.
  - f. Appeal procedures.
- (1) A written notice to appeal shall be postmarked or personally served to the department of inspections and appeals within five working days after receipt of the notice requiring independent assessors.
- (2) An evidentiary hearing shall be held pursuant to department of inspections and appeals rules 481—Chapter 10 no later than 15 working days after receipt of the appeal.
  - (3) The written decision shall be rendered no later than ten working days after the hearing.
- (4) The decision rendered is a proposed decision which may be appealed to the director of the department of inspections and appeals pursuant to department of inspections and appeals rules 481—Chapter 50.
- (5) A notice of appeal stays the effective date of the requirement for independent assessments pending a final agency decision.
  - (6) Final agency action may be appealed pursuant to Iowa Code chapter 17A.
- **81.18(3)** *Penalty for notification of time or date of survey.* Any individual who notifies, or causes to be notified, a nursing facility of the time or date on which a survey is scheduled to be conducted shall be subject to a fine not to exceed \$2,000.
  - **81.18(4)** Failure to meet requirements for participation. Rescinded IAB 5/10/95, effective 7/1/95. This rule is intended to implement Iowa Code section 249A.4.
- **441—81.19(249A)** Criteria related to the specific sanctions. Rescinded IAB 5/10/95, effective 7/1/95.
- **441—81.20(249A) Out-of-state facilities.** Payment will be made for care in out-of-state nursing facilities. Out-of-state facilities shall abide by the same policies as in-state facilities with the following exceptions:
- **81.20(1)** Out-of-state providers. Except for Medicare-certified hospital-based nursing facilities and special population nursing facilities, out-of-state providers shall be reimbursed at the same nursing facility rate they would receive from the Medicaid program in their state of residence or an amount equal to the sum of the Iowa non-state-operated nursing facility direct care rate component limit pursuant to subparagraph 81.6(16) "f"(1) plus the non-direct care rate limit pursuant to subparagraph 81.6(16) "f"(1), whichever is lower.
- a. Medicare-certified hospital-based nursing facilities providing skilled care in other states shall be reimbursed at an amount equal to the sum of the Iowa Medicare-certified hospital-based nursing facility direct care rate component limit pursuant to subparagraph 81.6(16) "f"(3) plus the non-direct care rate component limit pursuant to subparagraph 81.6(16) "f"(3) if one of the following criteria is met:
- (1) The placement is recommended because moving the resident back to Iowa would endanger the resident's health, because services are not readily available in Iowa, or because the out-of-state placement is cost-effective.
- (2) The placement is temporary until services are available to the resident in Iowa or until the program of treatment is completed.

- b. Special population nursing facilities shall be reimbursed at the same nursing facility rate they would receive from Medicaid in their state of residence or, if not participating in the Medicaid program in their state, they shall be reimbursed pursuant to subparagraph 81.6(16) "e"(2), if one of the following criteria is met:
- (1) The placement is recommended because moving the resident back to Iowa would endanger the resident's health, because services are not readily available in Iowa, or because the out-of-state placement is cost-effective.
- (2) The placement is temporary until services are available to the resident in Iowa or until the program of treatment is completed.
- **81.20(2)** Out-of-state facilities shall not submit financial and statistical reports as required in rule 441—81.6(249A).
- **81.20(3)** Payment for periods when residents are absent for visitation or hospitalization will be made to out-of-state facilities at 75 percent of the rate paid to the facility by the Iowa Medicaid program.

**81.20(4)** Rescinded IAB 3/20/91, effective 3/1/91.

This rule is intended to implement Iowa Code section 249A.4.

**441—81.21(249A) Outpatient services.** Medicaid outpatient services provided by certified skilled nursing facilities are defined in the same way as the Medicare program.

This rule is intended to implement Iowa Code section 249A.4 and 1991 Iowa Acts, House File 479, section 132, subsection 1, paragraph "i."

## 441—81.22(249A) Rates for Medicaid eligibles.

- **81.22(1)** *Maximum client participation.* A nursing facility may not charge more client participation for Medicaid-eligible clients as determined in rule 441—75.16(249A) than the maximum monthly allowable payment for their facility as determined according to subrule 79.1(9) or rule 441—81.6(249A). When the department makes a retroactive increase in the maximum daily rate, the nursing facility can charge the client the increased amount for the retroactive period.
- **81.22(2)** Beginning date of payment. When a resident becomes eligible for Medicaid payments for facility care, the facility shall accept Medicaid rates effective when the resident's Medicaid eligibility begins. A nursing facility is required to refund any payment received from a resident or family member for any period of time during which the resident is determined to be eligible for Medicaid.

Any refund owing shall be made no later than 15 days after the nursing facility first receives Medicaid payment for the resident for any period of time. Facilities may deduct the resident's client participation for the month from a refund of the amount paid for a month of Medicaid eligibility.

The beginning date of eligibility is given on the Facility Card, Form 470-0371. When the beginning Medicaid eligibility date is a future month, the facility shall accept the Medicaid rate effective the first of that future month.

This rule is intended to implement Iowa Code section 249A.4.

#### 441—81.23 to 81.30 Reserved.

#### DIVISION II ENFORCEMENT OF COMPLIANCE

#### PREAMBLE

These rules specify remedies that may by used when a nursing facility is not in substantial compliance with the requirements for participation in the Medicaid program. These rules also provide for ensuring prompt compliance and specify that these remedies are in addition to any others available under state or federal law.

### 441—81.31(249A) Definitions.

- "Deficiency" means a nursing facility's failure to meet a participation requirement.
- "Department" means the Iowa department of human services.
- "HCFA" means the Health Care Financing Administration of the federal Department of Health and Human Services.

"Immediate jeopardy" means a situation in which immediate corrective action is necessary because the provider's noncompliance with one or more requirements of participation has caused, or is likely to cause, serious injury, harm, impairment, or death to a resident.

"New admission" means a resident who is admitted to the facility on or after the effective date of a denial of payment remedy and, if previously admitted, has been discharged before that effective date. Residents admitted before the effective date of the denial of payment, and taking temporary leave, are not considered new admissions, nor are they subject to the denial of payment.

"Noncompliance" means any deficiency that causes a facility to not be in substantial compliance.

"Plan of correction" means a plan developed by the facility and approved by the department of inspections and appeals which describes the actions the facility shall take to correct deficiencies and specifies the date by which those deficiencies shall be corrected.

"Standard survey" means a periodic, resident-centered inspection which gathers information about the quality of service furnished in a facility to determine compliance with the requirements for participation.

"Substandard quality of care" means one or more deficiencies related to the participation requirements for resident behavior and facility practices, quality of life, or quality of care which constitute either immediate jeopardy to resident health or safety; a pattern of or widespread actual harm that is not immediate jeopardy; or a widespread potential for more than minimal harm, but less than immediate jeopardy, with no actual harm.

"Substantial compliance" means a level of compliance with the requirements of participation such that any identified deficiencies pose no greater risk to resident health or safety than the potential for causing minimal harm.

"Temporary management" means the temporary appointment by the department of inspections and appeals of a substitute facility manager or administrator with authority to hire, terminate or reassign staff, obligate facility funds, alter facility procedures, and manage the facility to correct deficiencies identified in the facility's operation.

#### 441—81.32(249A) General provisions.

- **81.32(1)** *Purpose of remedies.* The purpose of remedies is to ensure prompt compliance with program requirements.
- **81.32(2)** Basis for imposition and duration of remedies. The department of inspections and appeals, as the state survey agency under contract with the department, determines the remedy to be applied for noncompliance with program requirements. When the department of inspections and appeals chooses to apply one or more remedies specified in rule 441—81.34(249A), the remedies are applied on the basis of noncompliance found during surveys conducted by the department of inspections and appeals.
- **81.32(3)** *Number of remedies.* The department of inspections and appeals may apply one or more remedies for each deficiency constituting noncompliance or for all deficiencies constituting noncompliance.

#### **81.32(4)** Plan of correction requirement.

- a. Except as specified in paragraph "b," regardless of which remedy is applied, each facility that has deficiencies with respect to program requirements shall submit a plan of correction for approval by the department of inspections and appeals.
- b. A facility is not required to submit a plan of correction when the department of inspections and appeals determines the facility has deficiencies that are isolated and have a potential for minimal harm, but no actual harm has occurred.

**81.32(5)** Disagreement regarding remedies. If the department of inspections and appeals and HCFA disagree on the decision to impose a remedy, the disagreement shall be resolved in accordance with rule 441—81.55(249A).

## **81.32(6)** *Notification requirements.*

- a. The department of inspections and appeals shall give the provider written notice of remedy, including the:
  - (1) Nature of the noncompliance.
  - (2) Which remedy is imposed.
  - (3) Effective date of the remedy.
  - (4) Right to appeal the determination leading to the remedy.
- b. Except for civil money penalties and state monitoring imposed when there is immediate jeopardy, for all remedies specified in rule 441—81.34(249A) imposed when there is immediate jeopardy, the notice shall be given at least two calendar days before the effective date of the enforcement action.
- c. Except for civil money penalties and state monitoring, notice shall be given at least 15 calendar days before the effective date of the enforcement action in situations where there is no immediate jeopardy.
- d. The 2- and 15-day notice periods begin when the facility receives the notice, but in no event will the effective date of the enforcement action be later than 20 calendar days after the notice is sent.
- e. For civil money penalties, the notices shall be given in accordance with rules 441—81.48(249A) and 441—81.51(249A).
  - f. For state monitoring imposed when there is immediate jeopardy, no prior notice is required. **81.32(7)** *Informal dispute resolution.*
  - a. Opportunity to refute survey findings.
- (1) For nonfederal surveys, the department of inspections and appeals (DIA) shall offer a facility an informal opportunity, at the facility's request, to dispute survey findings upon the facility's receipt of the official statement of deficiencies.
- (2) For a federal survey, the health care financing administration (HCFA) offers a facility an informal opportunity, at the facility's request, to dispute survey findings upon the facility's receipt of the official statement of deficiencies.
  - b. Delay of enforcement action.
- (1) Failure of DIA or HCFA, as appropriate, to complete informal dispute resolution timely cannot delay the effective date of any enforcement action against the facility.
- (2) A facility may not seek a delay of any enforcement action against it on the grounds that informal dispute resolution has not been completed before the effective date of the enforcement action.
- c. If a provider is subsequently successful, during the informal dispute resolution process, at demonstrating that deficiencies should not have been cited, the deficiencies are removed from the statement of deficiencies and any enforcement actions imposed solely as a result of those cited deficiencies are rescinded.
- d. Notification. DIA shall provide the facility with written notification of the informal dispute resolution process.

### 441—81.33(249A) Factors to be considered in selecting remedies.

**81.33(1)** *Initial assessment.* In order to select the appropriate remedy, if any, to apply to a facility with deficiencies, the department of inspections and appeals shall determine the seriousness of the deficiencies.

- **81.33(2)** *Determining seriousness of deficiencies.* To determine the seriousness of the deficiency, the department of inspections and appeals shall consider at least the following factors:
  - a. Whether a facility's deficiencies constitute:
  - (1) No actual harm with a potential for minimal harm.
  - (2) No actual harm with a potential for more than minimal harm, but not immediate jeopardy.
  - (3) Actual harm that is not immediate jeopardy.
  - (4) Immediate jeopardy to resident health or safety.
  - b. Whether the deficiencies:
  - (1) Are isolated.
  - (2) Constitute a pattern.
  - (3) Are widespread.
- **81.33(3)** Other factors which may be considered in choosing a remedy within a remedy category. Following the initial assessment, the department of inspections and appeals may consider other factors, which may include, but are not limited to, the following:
  - a. The relationship of the one deficiency to other deficiencies resulting in noncompliance.
- b. The facility's prior history of noncompliance in general and specifically with reference to the cited deficiencies.
- **441—81.34(249A) Available remedies.** In addition to the remedy of termination of the provider agreement, the following remedies are available:
  - 1. Temporary management.
  - 2. Denial of payment for all new admissions.
  - 3. Civil money penalties.
  - 4. State monitoring.
  - 5. Closure of the facility in emergency situations or transfer of residents, or both.
  - 6. Directed plan of correction.
  - 7. Directed in-service training.

#### 441—81.35(249A) Selection of remedies.

**81.35(1)** Categories of remedies. Remedies specified in rule 441—81.34(249A) are grouped into categories and applied to deficiencies according to the severity of noncompliance.

**81.35(2)** Application of remedies. After considering the factors specified in rule 441—81.33(249A), if the department of inspections and appeals applies remedies, as provided in paragraphs 81.35(3)"a," 81.35(4)"a," and 81.35(5)"a," for facility noncompliance, instead of, or in addition to, termination of the provider agreement, the department of inspections and appeals shall follow the criteria set forth in 81.35(3)"b," 81.35(4)"b," and 81.35(5)"b," as applicable.

#### **81.35(3)** Category 1.

- a. Category 1 remedies include the following:
- (1) Directed plan of correction.
- (2) State monitoring.
- (3) Directed in-services training.

- b. The department of inspections and appeals shall apply one or more of the remedies in Category 1 when there:
- (1) Are isolated deficiencies that constitute no actual harm with a potential for more than minimal harm but not immediate jeopardy; or
- (2) Is a pattern of deficiencies that constitutes no actual harm with a potential for more than minimal harm but not immediate jeopardy.
- c. Except when the facility is in substantial compliance, the department of inspections and appeals may apply one or more of the remedies in Category 1 to any deficiency.

## **81.35(4)** Category 2.

- a. Category 2 remedies include the following:
- (1) Denial of payment for new admissions.
- (2) Civil money penalties of \$50 to \$3,000 per day.
- b. The department of inspections and appeals shall apply one or more of the remedies in Category 2 when there are:
- (1) Widespread deficiencies that constitute no actual harm with a potential for more than minimal harm but not immediate jeopardy; or
  - (2) One or more deficiencies that constitute actual harm that is not immediate jeopardy.
- c. Except when the facility is in substantial compliance, the department of inspections and appeals may apply one or more of the remedies in Category 2 to any deficiency.

## **81.35(5)** Category 3.

- a. Category 3 remedies include the following:
- (1) Temporary management.
- (2) Immediate termination.
- (3) Civil money penalties of \$3,050 to \$10,000 per day.
- b. When there is one or more deficiencies that constitute immediate jeopardy to resident health or safety, one or both of the following remedies shall be applied:
  - (1) Temporary management.
  - (2) Termination of the provider agreement.

In addition the department of inspections and appeals may impose a civil money penalty of \$3,050 to \$10,000 per day.

c. When there are widespread deficiencies that constitute actual harm that is not immediate jeopardy, the department of inspections and appeals may impose temporary management, in addition to Category 2 remedies.

## **81.35(6)** Plan of correction.

- a. Except as specified in paragraph "b," each facility that has a deficiency with regard to a requirement for long-term care facilities shall submit a plan of correction for approval by the department of inspections and appeals, regardless of:
  - (1) Which remedies are applied.
  - (2) The seriousness of the deficiencies.
- b. When there are only isolated deficiencies that the department of inspections and appeals determines constitute no actual harm with a potential for minimal harm, the facility need not submit a plan of correction.

# **81.35**(7) Appeal of a determination of noncompliance.

- a. A facility may request a hearing on a determination of noncompliance leading to an enforcement remedy. The affected nursing facility, or its legal representative or other authorized official, shall file the request for hearing in writing to the department of inspections and appeals within 60 days from receipt of the notice of the proposed denial, termination, or nonrenewal of participation, or imposition of a civil money penalty or other remedies.
- (1) A request for a hearing shall be made in writing to the department of inspections and appeals within 60 days from receipt of the notice.
- (2) Hearings shall be conducted pursuant to department of inspections and appeals rules 481—Chapter 10 and rule 481—50.6(10A), with an administrative law judge appointed as the presiding officer and with the department of inspections and appeals as the final decision maker, with subject matter jurisdiction.
- b. A facility may not appeal the choice of remedy, including the factors considered by the department of inspections and appeals in selecting the remedy.
- c. A facility may not challenge the level of noncompliance found by the department of inspections and appeals, except that in the case of a civil money penalty, a facility may challenge the level of noncompliance found by the department of inspections and appeals only if a successful challenge on this issue would affect the range of civil money penalty amounts that the department could collect.
- d. Except when a civil remedy penalty is imposed, the imposition of a remedy shall not be stayed pending an appeal hearing.

## 441—81.36(249A) Action when there is immediate jeopardy.

**81.36(1)** Terminate agreement or appoint temporary manager. If there is immediate jeopardy to resident health or safety, the department of inspections and appeals shall appoint a temporary manager to remove the immediate jeopardy or the provider agreement shall be terminated within 23 calendar days of the last date of the survey.

The rules for appointment of a temporary manager in an immediate jeopardy situation are as follows:

- a. The department of inspections and appeals shall notify the facility that a temporary manager is being appointed.
- b. If the facility fails to relinquish control to the temporary manager, the provider agreement shall be terminated within 23 calendar days of the last day of the survey if the immediate jeopardy is not removed. In these cases, state monitoring may be imposed pending termination.
- c. If the facility relinquishes control to the temporary manager, the department of inspections and appeals shall notify the facility that, unless it removes the immediate jeopardy, its provider agreement shall be terminated within 23 calendar days of the last day of the survey.
- d. The provider agreement shall be terminated within 23 calendar days of the last day of survey if the immediate jeopardy has not been removed.
- **81.36(2)** Other remedies. The department of inspections and appeals may also impose other remedies, as appropriate.
- **81.36(3)** *Notification of HCFA.* In a nursing facility or dually participating facility, if the department of inspections and appeals finds that a facility's noncompliance poses immediate jeopardy to resident health or safety, the department of inspections and appeals shall notify HCFA of the finding.

- **81.36(4)** *Transfer of residents.* The department shall provide for the safe and orderly transfer of residents when the facility is terminated from participation.
- **81.36(5)** Notification of physicians and state board of examiners. If the immediate jeopardy is also substandard quality of care, the department of inspections and appeals shall notify attending physicians and the Iowa board of examiners for nursing home administrators of the finding of substandard quality of care.

## 441—81.37(249A) Action when there is no immediate jeopardy.

- **81.37(1)** *Termination of agreement or limitation of participation.* If a facility's deficiencies do not pose immediate jeopardy to residents' health or safety, and the facility is not in substantial compliance, the facility's provider agreement may be terminated or the facility may be allowed to continue to participate for no longer than six months from the last day of the survey if:
- a. The department of inspections and appeals finds that it is more appropriate to impose alternative remedies than to terminate the facility's provider agreement;
- b. The department of inspections and appeals has submitted a plan of correction approved by HCFA; and
- c. The facility agrees to repay payments received after the last day of the survey that first identified the deficiencies if corrective action is not taken in accordance with the approved plan of correction and posts bond acceptable to the department to guarantee the repayment.
- **81.37(2)** *Termination.* If a facility does not meet the criteria for continuation of payment under subrule 81.37(1), the facility's provider agreement shall be terminated.
- **81.37(3)** *Denial of payment.* Payment shall be denied for new admissions when the facility is not in substantial compliance three months after the last day of the survey.
- **81.37(4)** Failure to comply. The provider agreement shall be terminated and all payments stopped to a facility for which participation was continued under subrule 81.37(1) if the facility is not in substantial compliance within six months of the last day of the survey.

#### 441—81.38(249A) Action when there is repeated substandard quality of care.

- **81.38(1)** *General.* If a facility has been found to have provided substandard quality of care on the last three consecutive standard surveys, regardless of other remedies provided:
  - a. Payment for all new admissions shall be denied, as specified in rule 441—81.40(249A).
- b. The department of inspections and appeals shall impose state monitoring, as specified in rule 441—81.42(249A) until the facility has demonstrated to the satisfaction of the department of inspections and appeals that it is in substantial compliance with all requirements and will remain in substantial compliance with all requirements.
- **81.38(2)** Repeated noncompliance. For purposes of this rule, repeated noncompliance is based on the repeated finding of substandard quality of care and not on the basis that the substance of the deficiency or the exact deficiency was repeated.
- **81.38(3)** Standard surveys to which this provision applies. Standard surveys completed by the department of inspections and appeals on or after October 1, 1990, are used to determine whether the threshold of three consecutive standard surveys is met.

#### **81.38(4)** *Program participation.*

a. The determination that a certified facility has repeated instances of substandard quality of care is made without regard to any variances in the facility's program participation (that is, any standard survey completed for Medicare, Medicaid or both programs will be considered).

- b. Termination would allow the count of repeated substandard quality of care surveys to start over.
  - c. Change of ownership.
  - (1) A facility may not avoid a remedy on the basis that it underwent a change of ownership.
- (2) In a facility that has undergone a change of ownership, the department of inspections and appeals may not restart the count of repeated substandard quality of care surveys unless the new owner can demonstrate to the department of inspections and appeals that the poor past performance no longer is a factor due to the change in ownership.
- **81.38(5)** *Compliance.* Facility alleges corrections or achieves compliance after repeated substandard quality of care is identified.
- a. If a penalty is imposed for repeated substandard quality of care, it will continue until the facility has demonstrated to the satisfaction of the department of inspections and appeals that it is in substantial compliance with the requirements and that it will remain in substantial compliance for a period of time specified by the department of inspections and appeals.
- b. A facility will not avoid the imposition of remedies or the obligation to demonstrate that it will remain in compliance when it:
  - (1) Alleges correction of the deficiencies cited in the most recent standard survey; or
  - (2) Achieves compliance before the effective date of the remedies.
- **441—81.39(249A) Temporary management.** The department of inspections and appeals may appoint a temporary manager from qualified applicants.
  - **81.39(1)** *Qualifications.* The temporary manager must:
- a. Be qualified to oversee correction of deficiencies on the basis of experience and education, as determined by the department of inspections and appeals.
- b. Not have been found guilty of misconduct by any licensing board or professional society in any state.
- c. Have, or a member of the manager's immediate family have, no financial ownership interest in the facility.
- d. Not currently serve or, within the past two years, have served as a member of the staff of the facility.
  - **81.39(2)** *Payment of salary.* The temporary manager's salary:
  - a. Is paid directly by the facility while the temporary manager is assigned to that facility.
  - b. Shall be at least equivalent to the sum of the following:
- (1) The prevailing salary paid by providers for positions of this type in the facility's geographic area.
- (2) Additional costs that would have reasonably been incurred by the provider if the person had been in an employment relationship.
- (3) Any other transportation and lodging costs incurred by the person in furnishing services under the arrangement up to the maximum per diem for state employees.
- c. May exceed the amount specified in paragraph "b" if the department of inspections and appeals is otherwise unable to attract a qualified temporary manager.
  - **81.39(3)** Failure to relinquish authority to temporary management.
- a. If a facility fails to relinquish authority to the temporary manager, the provider agreement shall be terminated in accordance with rule 441—81.57(249A).
- b. A facility's failure to pay the salary of the temporary manager is considered a failure to relinquish authority to temporary management.

**81.39(4)** *Duration of temporary management.* Temporary management ends when the facility meets any of the conditions specified in subrule 81.56(3).

## 441—81.40—(249A) Denial of payment for all new admissions.

- **81.40(1)** Optional denial of payment. Except as specified in subrule 81.40(2), the denial of payment for all new admissions may be imposed when a facility is not in substantial compliance with the requirements.
  - 81.40(2) Required denial of payment. Payment for all new admissions shall be denied when:
- a. The facility is not in substantial compliance three months after the last day of the survey identifying the noncompliance; or
- b. The department of inspections and appeals has cited a facility with substandard quality of care on the last three consecutive standard surveys.
- **81.40(3)** Resumption of payments. Repeated instances of substandard quality of care. When a facility has repeated instances of substandard quality of care, payments to the facility resume on the date that:
- a. The facility achieves substantial compliance as indicated by a revisit or written credible evidence acceptable to the department of inspections and appeals.
- b. The department of inspections and appeals determines that the facility is capable of remaining in substantial compliance.
- **81.40(4)** Resumption of payments. No repeated instances of substandard quality of care. When a facility does not have repeated instances of substandard quality of care, payments to the facility resume prospectively on the date that the facility achieves substantial compliance, as indicated by a revisit or written credible evidence acceptable to the department of inspections and appeals.
- **81.40(5)** *Restriction.* No payments to a facility are made for the period between the date that the denial of payment remedy is imposed and the date the facility achieves substantial compliance, as determined by the department of inspections and appeals.

#### 441—81.41(249A) Secretarial authority to deny all payments.

- **81.41(1)** *HCFA option to deny all payment.* If a facility has not met a requirement, in addition to the authority to deny payment for all new admissions as specified in rule 441—81.40(249A), HCFA may deny any further payment to the state for all Medicaid residents in the facility. When HCFA denies payment to the state, the department shall deny payment to the facility.
- **81.41(2)** Resumption of payment. When HCFA resumes payment to the state, the department shall also resume payment to the facility. The department shall make payments to the facility for the same periods for which payment is made to the state.

# 441—81.42(249A) State monitoring.

**81.42(1)** *State monitor.* A state monitor:

- *a.* Oversees the correction of deficiencies specified by the department of inspections and appeals at the facility site and protects the facility's residents from harm.
  - b. Is an employee or a contractor of the department of inspections and appeals.
- c. Is identified by the department of inspections and appeals as an appropriate professional to monitor cited deficiencies.
  - d. Is not an employee of the facility.
  - e. Does not function as a consultant to the facility.
  - f. Does not have an immediate family member who is a resident of the facility to be monitored.

- **81.42(2)** *Use of state monitor.* A state monitor shall be used when the department of inspections and appeals has cited a facility with substandard quality of care deficiencies on the last three consecutive standard surveys.
  - **81.42(3)** *Discontinuance of state monitor.* State monitoring is discontinued when:
- a. The facility has demonstrated that it is in substantial compliance with the requirement, and it will remain in compliance for a period of time specified by the department of inspections and appeals.
  - b. Termination procedures are completed.
- **441—81.43(249A) Directed plan of correction.** The department of inspections and appeals or the temporary manager (with department of inspections and appeals' approval) may develop a plan of correction and require a facility to take action within specified time frames.

### 441—81.44(249A) Directed in-service training.

- **81.44(1)** Required training. The department of inspections and appeals may require the staff of a facility to attend an in-service training program if:
  - a. The facility has a pattern of deficiencies that indicate noncompliance; and
  - b. Education is likely to correct the deficiencies.
- **81.44(2)** Action following training. After the staff has received in-service training, if the facility has not achieved substantial compliance, the department of inspections and appeals may impose one or more other remedies.
  - 81.44(3) Payment. The facility is responsible for the payment for the directed in-service training.

### 441—81.45(249A) Closure of a facility or transfer of residents, or both.

- **81.45(1)** Closure during an emergency. In an emergency, the department and the department of inspections and appeals have the authority to:
  - a. Transfer Medicaid and Medicare residents to another facility; or
  - b. Close the facility and transfer the Medicaid and Medicare residents to another facility.
- **81.45(2)** Required transfer in immediate jeopardy situations. When a facility's provider agreement is terminated for a deficiency that constitutes immediate jeopardy, the department arranges for the safe and orderly transfer of all Medicaid and Medicare residents to another facility.
- **81.45(3)** All other situations. Except for immediate jeopardy situations, as specified in subrule 81.45(2), when a facility's provider agreement is terminated, the department arranges for the safe and orderly transfer of all Medicare and Medicaid residents to another facility.
- **441—81.46(249A)** Civil money penalties—basis for imposing penalty. The department of inspections and appeals may impose a civil money penalty for the number of days a facility is not in substantial compliance with one or more participation requirements, regardless of whether or not the deficiencies constitute immediate jeopardy.

The department of inspections and appeals may impose a civil money penalty for the number of days of past noncompliance since the last standard survey, including the number of days of immediate jeopardy.

# 441—81.47(249A) Civil money penalties—when penalty is collected.

**81.47(1)** When facility requests a hearing.

- a. A facility shall request a hearing on the determination of the noncompliance that is the basis for imposition of the civil money penalty within the time limit specified in subrule 81.35(7).
- b. If a facility requests a hearing within the time specified in subrule 81.35(7), the department of inspections and appeals initiates collection of the penalty when there is a final administrative decision that upholds the department of inspections and appeals' determination of noncompliance after the facility achieves substantial compliance or is terminated.
- **81.47(2)** When facility does not request a hearing. If a facility does not request a hearing, in accordance with subrule 81.47(1), the department of inspections and appeals initiates collection of the penalty when the facility:
  - a. Achieves substantial compliance; or
  - b. Is terminated.
- **81.47(3)** When facility waives a hearing. If a facility waives its right to a hearing in writing, as specified in rule 441—81.49(249A), the department of inspections and appeals initiates collection of the penalty when the facility:
  - a. Achieves substantial compliance; or
  - b. Is terminated.
- **81.47(4)** Accrual and computation of penalties. Accrual and computation of penalties for a facility that:
  - a. Requests a hearing or does not request a hearing as specified in rule 441—81.50(249A);
- b. Waives its right to a hearing in writing, as specified in subrule 81.49(2) and rule 441—81.50(249A).
- **81.47(5)** *Collection.* The collection of civil money penalties is made as provided in rule 441—81.52(249A).
- **441—81.48(249A)** Civil money penalties—notice of penalty. The department of inspections and appeals shall notify the facility of intent to impose a civil money penalty in writing. The notice shall include, at a minimum, the following information:
  - 1. The nature of the noncompliance.
  - 2. The statutory basis for the penalty.
  - 3. The amount of penalty per day of noncompliance.
- 4. Any factors specified in subrule 81.50(6) that were considered when determining the amount of the penalty.
  - 5. The date on which the penalty begins to accrue.
  - 6. When the penalty stops accruing.
  - 7. When the penalty is collected.
- 8. Instructions for responding to the notice, including a statement of the facility's right to a hearing, and the implication of waiving a hearing, as provided in rule 441—81.49(249A).

#### 441—81.49(249A) Civil money penalties—waiver of hearing, reduction of penalty amount.

**81.49(1)** *Waiver of a hearing.* The facility may waive the right to a hearing, in writing, within 60 days from the date of the notice of intent to impose the civil money penalty.

**81.49(2)** Reduction of penalty amount.

- a. If the facility waives its right to a hearing, the department of inspections and appeals reduces the civil money penalty amount by 35 percent.
- b. If the facility does not waive its right to a hearing, the civil money penalty is not reduced by 35 percent.

# 441—81.50(249A) Civil money penalties—amount of penalty.

- 81.50(1) Amount of penalty. The penalties are within the following ranges, set at \$50 increments:
- a. Upper range—\$3,050 to \$10,000. Penalties in the range of \$3,050 to \$10,000 per day are imposed for deficiencies constituting immediate jeopardy, as specified in 81.50(4) "b."
- b. Lower range—\$50 to \$3,000. Penalties in the range of \$50 to \$3,000 per day are imposed for deficiencies that do not constitute immediate jeopardy, but either caused actual harm, or caused no actual harm, but have the potential for more than minimal harm.
- **81.50(2)** Basis for penalty amount. The amount of penalty is based on the department of inspections and appeals' assessment of factors listed in subrule 81.50(6).
- **81.50(3)** Decreased penalty amounts. Except as specified in 81.50(4)"b," if immediate jeopardy is removed, but the noncompliance continues, the department of inspections and appeals shall shift the penalty amount to the lower range.
  - **81.50(4)** *Increased penalty amounts.*
- a. Before the hearing, the department of inspections and appeals may propose to increase the penalty amount for facility noncompliance which, after imposition of a lower level penalty amount, becomes sufficiently serious to pose immediate jeopardy.
- b. The department of inspections and appeals shall increase the penalty amount for any repeated deficiencies for which a lower level penalty amount was previously imposed, regardless of whether the increased penalty amount would exceed the range otherwise reserved for nonimmediate jeopardy deficiencies.
- c. Repeated deficiencies are deficiencies in the same regulatory grouping of requirements found at the last survey, subsequently corrected, and found again at the next survey.
- **81.50(5)** Review of the penalty. When an administrative law judge (or director of the department of inspections and appeals) finds that the basis for imposing a civil money penalty exists, the administrative law judge (or director) may not:
  - a. Set a penalty of zero or reduce a penalty to zero.
- b. Review the exercise of discretion by the department of inspections and appeals to impose a civil money penalty.
- c. Consider any factors in reviewing the amount of the penalty other than those specified in subrule 81.50(6).
- **81.50(6)** Factors affecting the amount of penalty. In determining the amount of penalty, the department of inspections and appeals shall take into account the following factors:
  - a. The facility's history of noncompliance, including repeated deficiencies.
  - b. The facility's financial condition.
  - c. The factors specified in rule 441—81.33(249A).
- d. The facility's degree of culpability. Culpability includes, but is not limited to, neglect, indifference, or disregard for resident care, comfort or safety. The absence of culpability is not a mitigating circumstance in reducing the amount of the penalty.

# 441—81.51(249A) Civil money penalties—effective date and duration of penalty.

**81.51(1)** When penalty begins to accrue. The civil money penalty may start accruing as early as the date the facility was first out of compliance, as determined by the department of inspections and appeals.

- **81.51(2)** *Duration of penalty.* The civil money penalty is computed and collectible, as specified in rules 441—81.47(249A) and 441—81.52(249A), for the number of days of noncompliance until the date the facility achieves substantial compliance or, if applicable, the date of termination when:
- a. The department of inspections and appeals' decision of noncompliance is upheld after a final administrative decision;
  - b. The facility waives its right to a hearing in accordance with rule 441—81.49(249A); or
- c. The time for requesting a hearing has expired and the department of inspections and appeals has not received a hearing request from the facility.
- **81.51(3)** *Penalty due.* The entire accrued penalty is due and collectible, as specified in the notice sent to the provider under subrules 81.51(4) and 81.54(5).
- **81.51(4)** *Notice after facility achieves compliance.* When a facility achieves substantial compliance, the department of inspections and appeals shall send a separate notice to the facility containing:
  - a. The amount of penalty per day;
  - b. The number of days involved;
  - c. The total amount due;
  - d. The due date of the penalty; and
- e. The rate of interest assessed on the unpaid balance beginning on the due date, as provided in rule 441—81.52(249A).
- **81.51(5)** *Notice to terminated facility.* In the case of a terminated facility, the department of inspections and appeals shall send this penalty information after the:
  - a. Final administrative decision is made;
  - b. Facility has waived its right to a hearing in accordance with rule 441—81.49(249A); or
- c. Time for requesting a hearing has expired and the department of inspections and appeals has not received a hearing request from the facility.
  - **81.51(6)** Accrual of penalties when there is no immediate jeopardy.
- a. In the case of noncompliance that does not pose immediate jeopardy, the daily accrual of civil money penalties is imposed for the days of noncompliance prior to the notice specified in rule 441—81.48(249A) and an additional period of no longer than six months following the last day of the survey.
- b. After the period specified in paragraph "a," if the facility has not achieved substantial compliance, the provider agreement may be terminated.
  - **81.51(7)** Accrual of penalties when there is immediate jeopardy.
- a. When a facility has deficiencies that pose immediate jeopardy, the provider agreement shall be terminated within 23 calendar days after the last day of the survey if the immediate jeopardy remains.
  - b. The accrual of the civil money penalty stops on the day the provider agreement is terminated. **81.51(8)** *Documenting substantial compliance.*
- a. If an on-site revisit is necessary to confirm substantial compliance and the provider can supply documentation acceptable to the department of inspections and appeals that substantial compliance was achieved on a date preceding the revisit, penalties only accrue until that date of correction for which there is written credible evidence.
- b. If an on-site revisit is not necessary to confirm substantial compliance, penalties only accrue until the date of correction for which the department of inspections and appeals receives and accepts written credible evidence.

## 441—81.52(249A) Civil money penalties—due date for payment of penalty.

**81.52(1)** When payments are due.

- a. A civil money penalty payment is due 15 days after a final administrative decision is made when:
  - (1) The facility achieves substantial compliance before the final administrative decision; or
  - (2) The effective date of termination occurs before the final administrative decision.
- b. A civil money penalty is due 15 days after the time period for requesting a hearing has expired and a hearing request was not received when:
  - (1) The facility achieves substantial compliance before the hearing request was due; or
  - (2) The effective date of termination occurs before the hearing request was due.
- c. A civil money penalty payment is due 15 days after receipt of the written request to waive a hearing when:
- (1) The facility achieved substantial compliance before the department of inspections and appeals received the written waiver of hearing; or
- (2) The effective date of termination occurs before the department of inspections and appeals received the written waiver of hearing.
  - d. A civil money penalty payment is due 15 days after substantial compliance is achieved when:
  - (1) The final administrative decision is made before the facility came into compliance;
  - (2) The facility did not file a timely hearing request before it came into substantial compliance; or
  - (3) The facility waived its right to a hearing before it came into substantial compliance.
- *e*. A civil money penalty payment is due 15 days after the effective date of termination, if before the effective date of termination:
  - (1) The final administrative decision was made;
  - (2) The time for requesting a hearing has expired and the facility did not request a hearing; or
  - (3) The facility waived its right to a hearing.
- f. In the cases specified in paragraph "d," the period of noncompliance may not extend beyond six months from the last day of the survey.
- **81.52(2)** Deduction of penalty from amount owed. The amount of the penalty, when determined, may be deducted from any sum then or later owing by the department to the facility.
- **81.52(3)** *Interest*. Interest of 10 percent per year is assessed on the unpaid balance of the penalty, beginning on the due date.
  - **81.52(4)** Penalties collected by the department.
- a. Civil money penalties collected by the department shall be applied to the protection of the health or property of residents of facilities that the department of inspections and appeals finds deficient, such as:
  - (1) Payment for the cost of relocating residents to other facilities;
- (2) State costs related to the operation of a facility pending correction of deficiencies or closure; and
- (3) Reimbursement of residents for personal funds or property lost at a facility as a result of actions by the facility or by individuals used by the facility to provide services to residents.
  - b. Reserved.
- **441—81.53(249A)** Civil money penalties—settlement of penalties. The department of inspections and appeals has the authority to settle cases at any time prior to the evidentiary hearing decision.

## 441—81.54(249A) Continuation of payments to a facility with deficiencies.

**81.54(1)** *Criteria.* 

- a. The department may continue payments to a facility that is not in substantial compliance for the periods specified in subrule 81.54(3) if the following criteria are met:
- (1) The department of inspections and appeals finds that it is more appropriate to impose alternative remedies than to terminate the facility;
- (2) The department of inspections and appeals has submitted a plan and timetable for corrective action approved by HCFA; and
- (3) The facility agrees to repay the department for all payments received under this provision if corrective action is not taken in accordance with the approved plan and timetable for corrective action and posts a bond acceptable to the department to guarantee agreement to repay.
- b. The facility provider agreement may be terminated before the end of the correction period if the criteria in 81.54(1)"a" are not met.
- **81.54(2)** Cessation of payments. If termination is not sought, either by itself or along with another remedy or remedies, or any of the criteria in 81.54(1) "a" are not met or agreed to by either the facility or the department, the facility shall receive no payments, as applicable, from the last day of the survey.
- **81.54(3)** *Period of continued payments.* If the conditions in 81.54(1) "a" are met, the department may continue payments to a facility with noncompliance that does not constitute immediate jeopardy for up to six months from the last day of the survey.
- **81.54(4)** Failure to achieve substantial compliance. If the facility does not achieve substantial compliance by the end of the period specified in subrule 81.54(3), the provider agreement for the facility may be terminated.
- **441—81.55(249A)** State and federal disagreements involving findings not in agreement when there is no immediate jeopardy. This rule applies when HCFA and the department of inspections and appeals disagree over findings of noncompliance or application of remedies.
  - **81.55(1)** Disagreement over whether facility has met requirements.
  - a. The department of inspections and appeals' finding of noncompliance takes precedence when:
  - (1) HCFA finds the facility is in substantial compliance with the participation requirements; and
- (2) The department of inspections and appeals finds the facility has not achieved substantial compliance.
  - b. HCFA's findings of noncompliance take precedence when:
  - (1) HCFA finds that a facility has not achieved substantial compliance; and
- (2) The department of inspections and appeals finds the facility is in substantial compliance with the participation requirements.
  - c. When HCFA's survey findings take precedence, HCFA may:
  - (1) Impose any of the alternative remedies specified in rule 441—81.34(249A);
- (2) Terminate the provider agreement subject to the applicable conditions of rule 441—81.54(249A); and
  - (3) Stop federal financial participation to the department for a nursing facility.
  - **81.55(2)** Disagreement over decision to terminate.
  - a. HCFA's decision to terminate the participation of a facility takes precedence when:
- (1) Both HCFA and the department of inspections and appeals find that the facility has not achieved substantial compliance; and

- (2) HCFA, but not the department of inspections and appeals, finds that the facility's participation should be terminated. HCFA will permit continuation of payment during the period prior to the effective date of termination, not to exceed six months, if the applicable conditions of rule 441-81.54(249A) are met.
- b. The department of inspections and appeals' decision to terminate a facility's participation and the procedures for appealing the termination take precedence when:
- (1) The department of inspections and appeals, but not HCFA, finds that a facility's participation should be terminated; and
- (2) The department of inspections and appeals' effective date for the termination of the nursing facility's provider agreement is no later than six months after the last day of survey.
- **81.55(3)** Disagreement over timing of termination of facility. The department of inspections and appeals' timing of termination takes precedence if it does not occur later than six months after the last day of the survey when both HCFA and the department of inspections and appeals find that:
  - a. A facility is not in substantial compliance; and
  - b. The facility's participation should be terminated.
  - **81.55(4)** Disagreement over remedies.
- a. When HCFA or the department of inspections and appeals, but not both, establishes one or more remedies, in addition to or as an alternative to termination, the additional or alternative remedies will also apply when:
- (1) Both HCFA and the department of inspections and appeals find that a facility has not achieved substantial compliance; and
- (2) Both HCFA and the department of inspections and appeals find that no immediate jeopardy exists.
- b. When HCFA and the department of inspections and appeals establish one or more remedies, in addition to or as an alternative to termination, only the HCFA remedies apply when both HCFA and the department of inspections and appeals find that a facility has not achieved substantial compliance.
- **81.55(5)** One decision. Regardless of whether HCFA's or the department of inspections and appeals' decision controls, only one noncompliance and enforcement decision is applied to the Medicaid agreement, and for a dually participating facility, that same decision will apply to the Medicare agreement.

#### 441—81.56(249A) Duration of remedies.

- **81.56(1)** *Remedies continue.* Except as specified in subrule 81.56(2), alternative remedies continue until:
- a. The facility has achieved substantial compliance as determined by the department of inspections and appeals based upon a revisit or after an examination of credible written evidence that it can verify without an on-site visit; or
  - b. The provider agreement is terminated.
- **81.56(2)** *State monitoring.* In the cases of state monitoring and denial of payment imposed for repeated substandard quality of care, remedies continue until:
- a. The department of inspections and appeals determines that the facility has achieved substantial compliance and is capable of remaining in substantial compliance; or
  - b. The provider agreement is terminated.
- **81.56(3)** *Temporary management.* In the case of temporary management, the remedy continues until:
- a. The department of inspections and appeals determines that the facility has achieved substantial compliance and is capable of remaining in substantial compliance;
  - b. The provider agreement is terminated; or

- c. The facility which has not achieved substantial compliance reassumes management control. In this case, the department of inspections and appeals initiates termination of the provider agreement and may impose additional remedies.
- **81.56(4)** Facility in compliance. If the facility can supply documentation acceptable to the department of inspections and appeals that it was in substantial compliance, and was capable of remaining in substantial compliance, if necessary, on a date preceding that of the revisit, the remedies terminate on the date that the department of inspections and appeals can verify as the date that substantial compliance was achieved.

# 441—81.57(249A) Termination of provider agreement.

**81.57(1)** *Effect of termination.* Termination of the provider agreement ends payment to the facility and any alternative remedy.

81.57(2) Basis of termination.

- a. A facility's provider agreement may be terminated if a facility:
- (1) Is not in substantial compliance with the requirements of participation, regardless of whether or not immediate jeopardy is present; or
- (2) Fails to submit an acceptable plan of correction within the time frame specified by the department of inspections and appeals.
  - b. A facility's provider agreement shall be terminated if a facility:
- (1) Fails to relinquish control to the temporary manager, if that remedy is imposed by the department of inspections and appeals; or
- (2) Does not meet the eligibility criteria for continuation of payment as set forth in 81.37(1) "a." **81.57(3)** *Notice of termination.* Before a provider agreement is terminated, the department of inspections and appeals shall notify the facility and the public:
- a. At least two calendar days before the effective date of termination for a facility with immediate jeopardy deficiencies; and
- b. At least 15 calendar days before the effective date of termination for a facility with nonimmediate jeopardy deficiencies that constitute noncompliance.

These rules are intended to implement Iowa Code section 249A.4.

```
[Filed June 21, 1973; amended June 3, 1975]
 [Filed 6/25/76, Notice 5/17/76—published 7/12/76, effective 8/16/76]
  [Filed 2/25/77, Notice 1/12/77—published 3/23/77, effective 5/1/77]
   [Filed 6/10/77, Notice 5/4/77—published 6/29/77, effective 8/3/77]
[Filed 10/24/77, Notice 9/7/77—published 11/16/77, effective 12/21/77]
  [Filed 11/7/78, Notice 4/19/78—published 11/29/78, effective 1/3/79]
   [Filed 6/5/79, Notice 4/4/79—published 6/27/79, effective 8/1/79]
  [Filed 8/2/79, Notice 2/21/79—published 8/22/79, effective 9/26/79]
[Filed 9/27/79, Notice 7/25/79—published 10/17/79, effective 11/21/79]
[Filed 10/24/79, Notice 5/30/79—published 11/14/79, effective 12/19/79]
[Filed 10/24/79, Notice 9/5/79—published 11/14/79, effective 12/19/79]
   [Filed 2/14/80, Notice 8/22/79—published 3/5/80, effective 4/9/80]
  [Filed 4/4/80, Notice 1/23/80—published 4/30/80, effective 6/4/80]
   [Filed 6/4/80, Notice 4/2/80—published 6/25/80, effective 7/30/80]
  [Filed 7/3/80, Notice 4/16/80—published 7/23/80, effective 8/27/80]
 [Filed 12/19/80, Notice 10/29/80—published 1/7/81, effective 2/11/81]
```

```
[Filed 2/12/81, Notice 1/7/81—published 3/4/81, effective 4/8/81]
         [Filed 6/30/81, Notice 4/29/81—published 7/22/81, effective 9/1/81]
        [Filed 7/23/81, Notice 5/27/81—published 8/19/81, effective 9/23/81]
       [Filed 11/20/81, Notice 10/14/81 —published 12/9/81, effective 2/1/82]
           [Filed emergency 3/26/82—published 4/14/82, effective 4/1/82]
         [Filed 4/29/82, Notice 12/9/81—published 5/26/82, effective 7/1/82]
         [Filed 7/1/82, Notice 4/28/82—published 7/21/82, effective 9/1/82]
       [Filed 8/20/82, Notice 6/23/82—published 9/15/82, effective 10/20/82]
        [Filed 9/23/82, Notice 8/4/82—published 10/13/82, effective 12/1/82]
           [Filed emergency 1/14/83—published 2/2/83, effective 1/14/83]
         [Filed 3/25/83, Notice 1/19/83—published 4/13/83, effective 6/1/83]
         [Filed 5/20/83, Notice 4/13/83—published 6/8/83, effective 8/1/83]
           [Filed emergency 6/17/83—published 7/6/83, effective 7/1/83]
       [Filed 9/19/83, Notice 4/27/83—published 10/12/83, effective 12/1/83]
          [Filed emergency 10/7/83—published 10/26/83, effective 11/1/83]
        [Filed without Notice 10/7/83—published 10/26/83, effective 12/1/83]
       [Filed 11/18/83, Notice 10/12/83—published 12/7/83, effective 2/1/84]
         [Filed 12/16/83, Notice 11/9/83—published 1/4/84, effective 3/1/84]
           [Filed emergency 6/15/84—published 7/4/84, effective 7/1/84]
          [Filed emergency 8/31/84—published 9/26/84, effective 10/1/84]
        [Filed 11/1/84, Notice 9/12/84—published 11/21/84, effective 1/1/85]
           [Filed emergency 6/14/85—published 7/3/85, effective 7/1/85]
          [Filed 6/14/85, Notice 5/8/85—published 7/3/85, effective 9/1/85]
         [Filed 8/23/85, Notice 7/3/85—published 9/11/85, effective 11/1/85]
          [Filed emergency 10/1/85—published 10/23/85, effective 11/1/85]
        [Filed without Notice 10/1/85—published 10/23/85, effective 12/1/85]
        [Filed 10/18/85, Notice 8/28/85—published 11/6/85, effective 1/1/86]
       [Filed 12/2/85, Notice 10/23/85—published 12/18/85, effective 2/1/86]
           [Filed emergency 6/26/86—published 7/16/86, effective 7/1/86]
       [Filed 9/26/86, Notice 8/13/86—published 10/22/86, effective 12/1/86]
       [Filed 12/22/86, Notice 10/22/86—published 1/14/87, effective 3/1/87]
          [Filed emergency 1/15/87—published 2/11/87, effective 1/15/87]
           [Filed emergency 6/19/87—published 7/15/87, effective 7/1/87]
       [Filed 10/23/87, Notice 7/15/87—published 11/18/87, effective 1/1/88]
         [Filed 4/22/88, Notice 3/9/88—published 5/18/88, effective 7/1/88]
           [Filed emergency 6/9/88—published 6/29/88, effective 7/1/88]
         [Filed 6/9/88, Notice 4/20/88—published 6/29/88, effective 9/1/88]
       [Filed 10/27/88, Notice 8/24/88—published 11/16/88, effective 1/1/89]
[Filed emergency 11/16/88 after Notice 10/5/88—published 12/14/88, effective 1/1/89]
 [Filed emergency 6/8/89 after Notice 2/22/89—published 6/28/89, effective 7/1/89]
           [Filed emergency 6/9/89—published 6/28/89, effective 7/1/89]
    [Filed 7/14/89, Notices 4/19/89, 5/31/89—published 8/9/89, effective 10/1/89]
         [Filed 8/17/89, Notice 6/28/89—published 9/6/89, effective 11/1/89]
           [Filed emergency 2/14/90—published 3/7/90, effective 2/14/90]
         [Filed 3/16/90, Notice 11/15/90—published 4/4/90, effective 6/1/90]
           [Filed emergency 6/19/90—published 7/11/90, effective 7/1/90]
```

```
[Filed 7/13/90, Notices 3/7/90, 5/30/90—published 8/8/90, effective 10/1/90*]
      [Filed 8/16/90, Notice 6/27/90—published 9/5/90, effective 11/1/90]
[Filed 9/28/90, Notices 7/11/90, 8/8/90—published 10/17/90, effective 12/1/90**]
       [Filed emergency 11/14/90—published 12/12/90, effective 12/1/90]
        [Filed emergency 2/22/91—published 3/20/91, effective 3/1/91]
         [Filed emergency 6/14/91—published 7/10/91, effective 7/1/91]
  [Filed 6/14/91, Notices 3/20/91, 5/1/91—published 7/10/91, effective 9/1/91]
      [Filed 7/10/91, Notice 5/29/91—published 8/7/91, effective 10/1/91]
[Filed 9/18/91, Notices 7/10/91, 7/24/91—published 10/16/91, effective 12/1/91]
     [Filed 10/10/91, Notice 8/21/91—published 10/30/91, effective 1/1/92]
       [Filed 2/13/92, Notice 1/8/92—published 3/4/92, effective 4/8/92]
    [Filed without Notice 5/14/92—published 6/10/92, effective 7/15/92***]
         [Filed emergency 6/12/92—published 7/8/92, effective 7/1/92]
       [Filed 8/14/92, Notice 7/8/92—published 9/2/92, effective 11/1/92]
      [Filed 11/10/92, Notice 9/30/92—published 12/9/92, effective 2/1/93]
       [Filed 1/14/93, Notice 12/9/92—published 2/3/93, effective 4/1/93]
      [Filed 3/11/93, Notice 1/20/93—published 3/31/93, effective 6/1/93<sup>†</sup>]
         [Filed emergency 6/11/93—published 7/7/93, effective 7/1/93]
       [Filed 8/12/93, Notice 7/7/93—published 9/1/93, effective 11/1/93]
         [Filed emergency 6/16/94—published 7/6/94, effective 7/1/94]
     [Filed 9/15/94, Notice 7/6/94—published 10/12/94, effective 12/1/94]
        [Filed emergency 4/12/95—published 5/10/95, effective 4/12/95]
       [Filed 4/13/95, Notice 3/1/95—published 5/10/95, effective 7/1/95]
          [Filed emergency 6/7/95—published 7/5/95, effective 7/1/95]
      [Filed 8/10/95, Notice 7/5/95—published 8/30/95, effective 11/1/95]
      [Filed 11/16/95, Notice 9/27/95—published 12/6/95, effective 2/1/96]
         [Filed emergency 6/13/96—published 7/3/96, effective 7/1/96]
      [Filed 8/15/96, Notice 7/3/96—published 9/11/96, effective 11/1/96]
       [Filed 4/11/97, Notice 2/12/97—published 5/7/97, effective 7/1/97]
         [Filed emergency 6/12/97—published 7/2/97, effective 7/1/97]
      [Filed 9/16/97, Notice 7/2/97—published 10/8/97, effective 12/1/97]
        [Filed emergency 5/13/98—published 6/3/98, effective 6/22/98]
         [Filed emergency 6/10/98—published 7/1/98, effective 7/1/98]
      [Filed 7/15/98, Notice 6/3/98—published 8/12/98, effective 10/1/98]
         [Filed emergency 8/12/98—published 9/9/98, effective 8/12/98]
       [Filed 8/12/98, Notice 7/1/98—published 9/9/98, effective 11/1/98]
      [Filed 9/15/98, Notice 7/29/98—published 10/7/98, effective 12/1/98]
      [Filed 10/14/98, Notice 9/9/98—published 11/4/98, effective 1/1/99]
      [Filed 11/10/98, Notice 8/26/98—published 12/2/98, effective 2/1/99]
        [Filed emergency 6/10/99—published 6/30/99, effective 7/1/99]
```

<sup>\*</sup>Effective date of 81.16(4) delayed 30 days by the Administrative Rules Review Committee at its September 12, 1990, meeting; at the October 9, 1990, meeting the delay was extended to 70 days. Amendment effective 12/1/90 superseded the 70-day delay.

<sup>\*\*</sup>Effective date of 81.10(5) delayed until adjournment of the 1991 session of the General Assembly by the Administrative Rules Review Committee at its November 13, 1990, meeting.

<sup>\*\*\*</sup>Effective date of 81.13(7)"c"(1) delayed 70 days by the Administrative Rules Review Committee at its meeting held July 14, 1992; delay lifted by the Committee at its meeting held August 11, 1992, effective August 12, 1992.

<sup>†</sup>Effective date of 81.6(3), first unnumbered paragraph, delayed 70 days by the Administrative Rules Review Committee at its meeting held April 5, 1993.

[Filed 8/12/99, Notices 5/5/99, 6/30/99—published 9/8/99, effective 11/1/99] [Filed 11/10/99, Notice 9/22/99—published 12/1/99, effective 2/1/00] [Filed 4/12/00, Notice 3/8/00—published 5/3/00, effective 7/1/00] [Filed emergency 6/8/00—published 6/28/00, effective 7/1/00] [Filed 8/9/00, Notice 6/14/00—published 9/6/00, effective 11/1/00] [Filed emergency 6/13/01—published 7/11/01, effective 7/1/01] [Filed 7/11/01, Notice 5/16/01—published 8/8/01, effective 10/1/01] [Filed 12/12/01, Notice 10/17/01—published 1/9/02, effective 3/1/02] [Filed 1/9/02, Notice 10/31/01—published 2/6/02, effective 3/13/02] [Filed 1/9/02, Notice 11/28/01—published 2/6/02, effective 4/1/02] [Filed emergency 1/16/02—published 2/6/02, effective 2/1/02\*] [Filed emergency 4/12/02—published 5/1/02, effective 4/12/02] [Filed 2/13/03, Notice 12/25/02—published 3/5/03, effective 5/1/03] [Filed 5/16/03, Notice 4/2/03—published 6/11/03, effective 7/16/03] [Filed emergency 6/12/03—published 7/9/03, effective 7/1/03] [Filed 9/22/03, Notice 7/9/03—published 10/15/03, effective 12/1/03] [Filed emergency 11/19/03—published 12/10/03, effective 12/1/03]

<sup>\*</sup>At a special meeting held January 24, 2002, the Administrative Rules Review Committee voted to delay until adjournment of the 2002 Session of the General Assembly the effective date of amendments published in the February 6, 2002, Iowa Administrative Bulletin as ARC 1365B.

#### OBJECTION

At its meeting held August 11, 1992, the Administrative Rules Review Committee voted to object to the amendments published in **ARC 3069A** on the grounds the amendments are unreasonable. This filing is published in IAB Vol. XIV No. 253 (06-10-92). It is codified as an amendment to paragraph 441 IAC 81.13(7) "c"(1).

In brief, this filing provides that care facilities shall not employ persons who have been found guilty in a court of law of abusing, neglecting or mistreating facility residents, or who have had a "finding" entered into the state nurse aide registry concerning abuse, neglect, mistreatment of residents or misappropriation of their property. Additionally, the filing eliminates a previous provision which allowed the Department of Inspections and Appeals some discretion in deciding whether the lifetime ban on employment should be applied.

This language originated in the federal government which mandated that the department adopt these provisions or possibly face sanctions. The Committee does not believe these amendments are an improvement to Iowa's system and has the following objection. The Committee believes that the amendments published in ARC 3069A are unreasonable because of the inconsistency in the burdens of proof and the levels of procedural safeguards in the two proceedings. A facility employee may either be found guilty in a court of law or have an administrative finding entered into the registry. In either case the result is the same, the employee is permanently banned from further employment in a care facility; however, the two paths to the result are significantly different. The first proceeding is a criminal tribunal in which the burden of proof is "beyond a reasonable doubt." The second proceeding is a simple administrative hearing in which the burden is "preponderance of the evidence." The two proceedings also differ in the level of many other due process protections accorded to the individual. A criminal proceeding provides the accused with the opportunity for a trial by jury, competent legal counsel, strict rules of evidence and many procedural protections not present in administrative hearings. It should also be noted that the penalty in this situation—a lifetime ban on employment—is more serious than is usually imposed in contested cases. In licensee discipline cases, a license can be revoked, but the possibility of reinstatement exists; under this new rule no reinstatement is allowed, the facility employee is banned from employment no matter how serious or minor the offense or how far in the past it occurred. Because of the magnitude of this penalty, the Committee believes that the accused should be provided with greater procedural protections than are generally found in administrative hearings.

The Committee also believes this filing is unreasonable because it eliminates the discretion accorded to the Department of Inspections and Appeals to not apply the lifetime ban on employment. Under the previous rule, the department's discretion in applying the employment ban acted as a safeguard against unjust results. It recognized that a person would make amends for past offenses and earn a second chance. The provision was a genuine improvement in the process; it recognized that flexibility was needed in government decision making and that some decisions should be made on a case-by-case basis. There does not appear to be any rational basis to justify the elimination of this safeguard and, therefore, the Committee believes this action to be unreasonable.

Note: The Committee voted to retain this objection at their meeting held February 8, 1993.