

137F.20 Cottage food — requirements.

1. Cottage food is exempt from all licensing, permitting, inspection, packaging, and labeling laws of the state if the food is sold and delivered by the producer directly to the consumer, or delivered by mail or an agent of the producer such as an employee. A producer may sell food to the consumer in person, remotely, by telephone, by internet, or by an agent of the producer.

2. Cottage food sold pursuant to [this section](#) shall be affixed or labeled with all of the following information:

a. Information to identify the name and address, phone number, or electronic mail address of the person preparing the food.

b. The common name of the food.

c. The ingredients of the cottage food in descending order of predominance.

d. The following statement: “This product was produced at a residential property that is exempt from state licensing and inspection.” If the cottage food contains one or more major food allergens, an additional allergen statement must be included on the label identifying each major allergen contained in the food by the common name of the allergen.

e. If the food is home-processed and home-canned pickles, vegetables, or fruits permitted under [this section](#), the date that the food was processed and canned.

3. Compliance with the cottage food exemption provided in [this section](#) does not represent compliance with federal law.

[2022 Acts, ch 1129, §10](#)

Referred to in [§137D.1](#), [137E.1](#)