Budget Unit Brief



Woodward Resource Center

Background

Woodward Resource Center, operated by the <u>Department of Human Services</u> (DHS), provides a wide range of treatment and habilitation services for individuals with severe intellectual disabilities. In addition, Woodward provides outreach services to support individuals with intellectual disabilities in the community. The goal of the state resource centers is to support individuals to live in the community of their choice. Woodward opened September 6, 1917, as a state epileptic colony. In 1921, Woodward began accepting individuals with intellectual disabilities. Woodward eventually evolved into the Woodward State Hospital before becoming the Woodward Resource Center in 2000. Woodward originally was a working farm and was essentially entirely self-sufficient until the late 1970s.

Individuals Served

Woodward Resource Center serves 143 individuals with severe intellectual disabilities, most of whom have a dual diagnosis of mental illness. According to the DHS, a typical individual has an intellectual disability and an additional co-occurring condition, such as eating and chewing disorders (dysphagia); ingesting inedible objects; self-injurious or assaultive behaviors; and other severe health and behavioral difficulties, including sexual offending. Individuals that are admitted to Woodward have typically gone through multiple community-based providers and have not been able to find one that can meet their needs.

Services Provided

Woodward Resource Center is an intermediate care facility for individuals with intellectual disabilities (ICF/ID) and provides a wide variety of treatment and support to help prepare individuals to move into an appropriate community-based living setting. The DHS uses a multidisciplinary team to provide an integrated service approach. The team includes: the individual, the individual's family/guardian, local county or DHS staff, direct support professionals, psychologist, psychology assistant, social worker, occupational therapist, speech/language pathologist, physical therapist, audiologist, vocational/day program specialist, leisure specialist, dietitian, nurse, physician, pharmacist, psychiatrist, and dental assistant.

Funding

The majority of the Woodward budget is funded through the Medicaid program. The total annual budget is approximately \$55.2 million. Of this, 36.7% is from the State General Fund, 45.1% is federal funding, and 18.1% is other funding and client participation.

Related Statutes and Administrative Rules

Iowa Code chapters <u>222</u> and <u>135C</u> <u>441</u> Iowa Administrative Code chapters <u>28</u> and <u>30</u>

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More Information

DHS Woodward Website: https://dhs.iowa.gov/mhds/disability-services/resource-centers/woodward

Iowa General Assembly: https://www.legis.iowa.gov/index.aspx

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