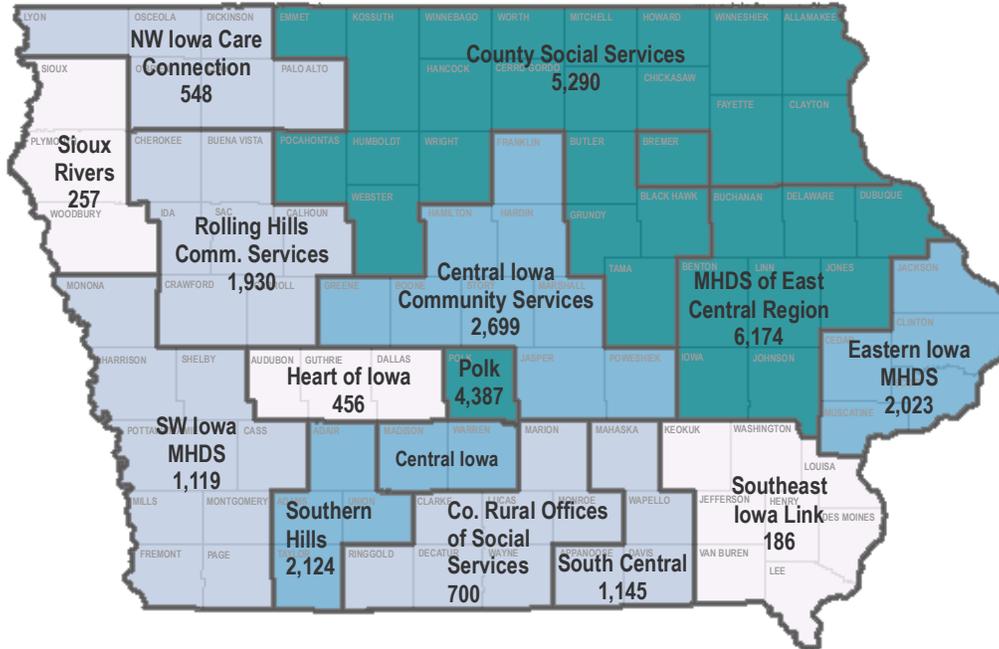


"Core" Iowa Mental Health and Disability Services (MHDS)

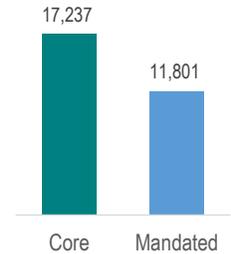
MHDS Regions became operational in 2014 after a legislative redesign of the mental health and disability system from county-based services to regional. The 14 MHDS regions are required by Iowa Code section [331.397](#) to provide core services to adults (age 18 and above) with a mental illness or intellectual disability whose income is at or below 150.0% of the federal poverty level (some regions extend eligibility to 200.0%) and who are not eligible for or not covered by Medicaid or other third-party insurance. Core services include access centers, assertive community treatment, an array of mental health crisis response and subacute services, and intensive residential service homes. Mandated services include commitment-related services and mental health advocates.

Individuals Receiving Core and Mandated Services by MHDS Region — FY 2020



29,038

Number of Individuals Served Statewide (Unduplicated)



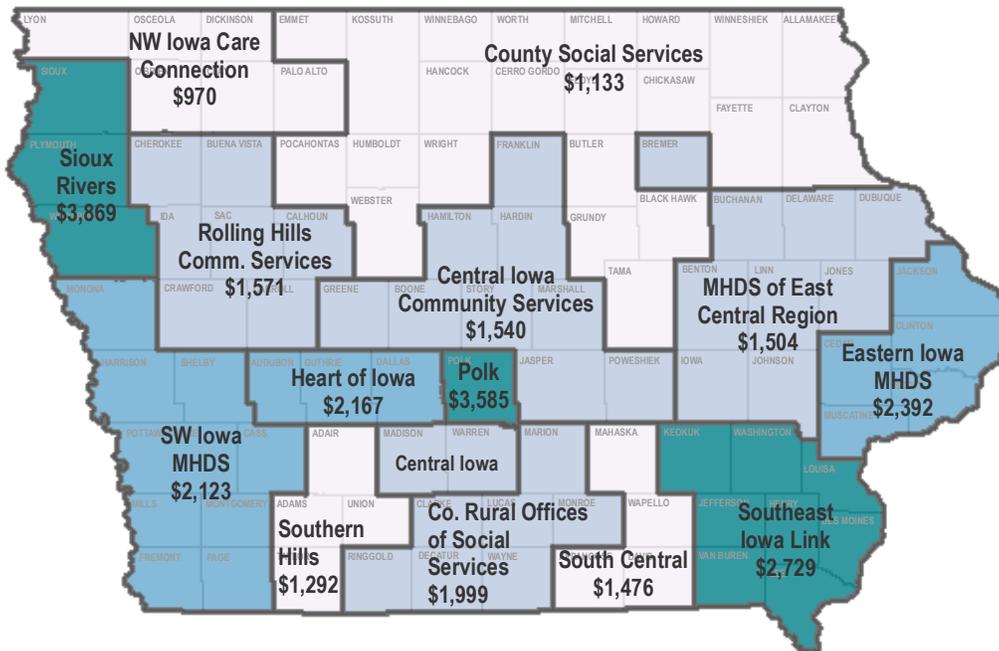
51.9%

Of Population Served by MHDS Regions Receive Core or Mandated Services

Individuals Served by Region

- 186 - 500
- 501 - 2,000
- 2,001 - 3,500
- 3,501 - 6,174

Expenditures Per Individual for Core and Mandated Services by MHDS Region — FY 2020



\$54.3 M

Total Expenditures for Core and Mandated Services

\$1,869

Average Expenditure per Individual

50.0%

Total Expenditures Used for Core and Mandated Services

Expenditures by Region

- \$970 - \$1,500
- \$1,501 - \$2,000
- \$2,001 - \$2,500
- \$2,501 - \$3,869

Sources: Iowa Department of Human Services, LSA calculations
LSA Staff Contact: Jess Benson (515.281.4611) jess.benson@legis.iowa.gov